

FADE_{TO}BLACK

with **JIMMY CHURCH**

PRESENTS

JASON QUITT

ASTRAL AND LUCID DREAMING

TUE MAY 03 LIVE

7:00 PM PT/10:00PM ET



1
00:01:57,580 --> 00:01:20,390

[Music]

2
00:02:03,830 --> 00:01:57,860

[Applause]

3
00:02:09,669 --> 00:02:06,789
the smoke radio for the masses headline

4
00:02:11,589 --> 00:02:09,679
of this july 8 1947

5
00:02:14,070 --> 00:02:11,599
the army air force has announced that a

6
00:02:15,750 --> 00:02:14,080
flying disk has been found and is now in

7
00:02:18,470 --> 00:02:15,760
the possession of the army

8
00:02:20,470 --> 00:02:18,480
if the game is rigged change the game

9
00:02:23,270 --> 00:02:20,480
game changer

10
00:02:25,589 --> 00:02:23,280
i occasionally think how quickly

11
00:02:26,949 --> 00:02:25,599
our differences worldwide

12
00:02:29,670 --> 00:02:26,959
would vanish

13
00:02:33,000 --> 00:02:29,680

if we were facing an alien threat from

14

00:02:34,150 --> 00:02:33,010

outside this world

15

00:02:36,229 --> 00:02:34,160

[Applause]

16

00:02:39,030 --> 00:02:36,239

[Music]

17

00:02:44,949 --> 00:02:39,040

is faith in black with your host jimmy

18

00:02:49,220 --> 00:02:47,110

i need your help to get to the year

19

00:02:53,990 --> 00:02:49,230

1985.

20

00:02:55,990 --> 00:02:54,000

[Music]

21

00:02:59,050 --> 00:02:56,000

you are listening to fate to flag with

22

00:03:07,270 --> 00:02:59,060

jimmy judge on the game changer network

23

00:03:08,949 --> 00:03:07,280

[Music]

24

00:03:12,190 --> 00:03:08,959

good evening

25

00:03:12,200 --> 00:03:15,910

bespoke radio

26

00:03:17,830 --> 00:03:16,869

for

27

00:03:19,670 --> 00:03:17,840

the

28

00:03:21,830 --> 00:03:19,680

masses

29

00:03:24,470 --> 00:03:21,840

yeah man how you doing today is tuesday

30

00:03:27,030 --> 00:03:24,480

may 3rd 2022

31

00:03:30,070 --> 00:03:27,040

for kjcr the game changer 9x networks

32

00:03:31,610 --> 00:03:30,080

i'm your host jimmy church let's do this

33

00:03:33,060 --> 00:03:31,620

man

34

00:03:35,540 --> 00:03:33,070

[Music]

35

00:03:38,869 --> 00:03:35,550

[Applause]

36

00:03:39,790 --> 00:03:38,879

[Music]

37

00:03:41,110 --> 00:03:39,800

tonight

38

00:03:42,070 --> 00:03:41,120

[Music]

39

00:03:44,149 --> 00:03:42,080

yeah

40

00:03:47,509 --> 00:03:44,159

it's happening what a great week here on

41

00:03:49,430 --> 00:03:47,519

fade to black tonight jason quit joins

42

00:03:51,430 --> 00:03:49,440

us and tonight

43

00:03:54,470 --> 00:03:51,440

we're going to be talking about astral

44

00:03:57,350 --> 00:03:54,480

and lucid dreaming

45

00:04:00,070 --> 00:03:57,360

i haven't done a dream show in a while

46

00:04:03,670 --> 00:04:00,080

it's funny my comment last night nobody

47

00:04:06,630 --> 00:04:03,680

nobody wants to hear about your dreams

48

00:04:09,550 --> 00:04:06,640

but you want to talk about them right

49

00:04:11,270 --> 00:04:09,560

i talked about a dream last night

50

00:04:14,869 --> 00:04:11,280

[Music]

51
00:04:16,550 --> 00:04:14,879
the robot dog

52
00:04:18,870 --> 00:04:16,560
i'm gonna talk to jason about that

53
00:04:21,349 --> 00:04:18,880
tonight and uh tomorrow night

54
00:04:24,070 --> 00:04:21,359
right here on fade to black richard

55
00:04:26,230 --> 00:04:24,080
dolan is here for

56
00:04:28,629 --> 00:04:26,240
the interview

57
00:04:30,710 --> 00:04:28,639
tomorrow night richard dolan and

58
00:04:33,350 --> 00:04:30,720
this is what it's so great so last night

59
00:04:34,870 --> 00:04:33,360
john greenwald the two of us on screen

60
00:04:38,070 --> 00:04:34,880
for the first time

61
00:04:40,230 --> 00:04:38,080
and tonight jason quit and i on screen

62
00:04:43,110 --> 00:04:40,240
together for the first time and tomorrow

63
00:04:45,749 --> 00:04:43,120

night richard dolan and i

64

00:04:46,790 --> 00:04:45,759
on screen together

65

00:04:48,230 --> 00:04:46,800
yeah

66

00:04:51,510 --> 00:04:48,240
it's pretty cool

67

00:04:53,350 --> 00:04:51,520
coming up i've got um

68

00:04:54,469 --> 00:04:53,360
i want to give a shout out to elise

69

00:04:57,350 --> 00:04:54,479
spiegel

70

00:04:59,430 --> 00:04:57,360
and lee and i uh chatted earlier today

71

00:05:02,230 --> 00:04:59,440
it was supposed to be for 15 minutes

72

00:05:05,510 --> 00:05:02,240
right this uh scheduled interview and uh

73

00:05:07,430 --> 00:05:05,520
turned out to be like 90.

74

00:05:09,670 --> 00:05:07,440
just a great conversation

75

00:05:11,590 --> 00:05:09,680
and a part of the stuff that we talked

76

00:05:13,670 --> 00:05:11,600

about today

77

00:05:15,510 --> 00:05:13,680

is uh the x conference

78

00:05:17,430 --> 00:05:15,520

and i will be speaking at the x

79

00:05:18,710 --> 00:05:17,440

conference that's coming up may 13th and

80

00:05:21,590 --> 00:05:18,720

14th

81

00:05:23,350 --> 00:05:21,600

um in less than two weeks i'll be

82

00:05:25,590 --> 00:05:23,360

speaking on friday night this is an

83

00:05:27,670 --> 00:05:25,600

online only event

84

00:05:30,390 --> 00:05:27,680

and i'm going to give away some tickets

85

00:05:32,550 --> 00:05:30,400

and stuff for it this thursday on fader

86

00:05:35,150 --> 00:05:32,560

night but uh you can get your tickets in

87

00:05:37,830 --> 00:05:35,160

full info right now at

88

00:05:40,390 --> 00:05:37,840

xnetwork.com and then coming up next

89

00:05:43,430 --> 00:05:40,400

month i can't believe it

90

00:05:45,270 --> 00:05:43,440

one of the biggest events in the world

91

00:05:47,510 --> 00:05:45,280

is going down right here in los angeles

92

00:05:48,629 --> 00:05:47,520

i'll be hosting disclosure fest june

93

00:05:51,189 --> 00:05:48,639

18th

94

00:05:54,310 --> 00:05:51,199

one day only saturday

95

00:05:56,870 --> 00:05:54,320

uh june 18th right here in los angeles

96

00:06:00,350 --> 00:05:56,880

downtown at the los angeles historic

97

00:06:02,150 --> 00:06:00,360

state park in downtown los angeles

98

00:06:04,309 --> 00:06:02,160

disclosurefest.org for all of your

99

00:06:06,390 --> 00:06:04,319

tickets and information and then coming

100

00:06:09,749 --> 00:06:06,400

up this october

101
00:06:11,590 --> 00:06:09,759
i'll be in egypt with billy carson and

102
00:06:14,469 --> 00:06:11,600
space is very limited i want you to

103
00:06:17,830 --> 00:06:14,479
visit forbidden knowledge.com

104
00:06:19,749 --> 00:06:17,840
for the schedule and all of the

105
00:06:20,790 --> 00:06:19,759
information it's right there links for

106
00:06:22,550 --> 00:06:20,800
everything

107
00:06:23,909 --> 00:06:22,560
is in the description box below right

108
00:06:26,230 --> 00:06:23,919
here on youtube

109
00:06:29,270 --> 00:06:26,240
uh our social media

110
00:06:31,510 --> 00:06:29,280
we've got it over on our website

111
00:06:33,749 --> 00:06:31,520
everything all of our sponsors

112
00:06:35,590 --> 00:06:33,759
everything everything you need to know k

113
00:06:37,790 --> 00:06:35,600

u n x

114

00:06:39,510 --> 00:06:37,800

the x everything is over at

115

00:06:40,629 --> 00:06:39,520

jimmychurchradio.com you can follow me

116

00:06:44,790 --> 00:06:40,639

on twitter

117

00:06:47,990 --> 00:06:44,800

at jchurchradio the sandbox is hashtag

118

00:06:51,350 --> 00:06:48,000

f2b on twitter and any questions or

119

00:06:55,589 --> 00:06:51,360

comments uh during the show tonight post

120

00:06:57,110 --> 00:06:55,599

it right there at hashtag f2bq

121

00:06:59,029 --> 00:06:57,120

all right all of that is simple to do

122

00:07:01,670 --> 00:06:59,039

and i've got to do a little modification

123

00:07:04,390 --> 00:07:01,680

here just stay with me i've got to do

124

00:07:06,309 --> 00:07:04,400

this and then i've got to do this so

125

00:07:08,629 --> 00:07:06,319

i've got all of my stuff straight now

126

00:07:10,469 --> 00:07:08,639

twitter is live

127

00:07:13,909 --> 00:07:10,479

to my right

128

00:07:16,390 --> 00:07:13,919

okay i feel much better i do

129

00:07:19,749 --> 00:07:16,400

all right let's get to the breaking news

130

00:07:22,150 --> 00:07:19,759

crazy breaking news and

131

00:07:24,150 --> 00:07:22,160

uh down in argentina paleontologists

132

00:07:27,749 --> 00:07:24,160

have announced the discovery

133

00:07:31,350 --> 00:07:27,759

of an apex predator dinosaur that

134

00:07:34,469 --> 00:07:31,360

measured three stories from nose to tail

135

00:07:37,430 --> 00:07:34,479

and it evacuated its prey with sharp

136

00:07:40,950 --> 00:07:37,440

curved claws you should see the pic it's

137

00:07:44,070 --> 00:07:40,960

crazy the six ton giant

138

00:07:45,029 --> 00:07:44,080

the largest mega raptor unearthed to

139

00:07:47,270 --> 00:07:45,039

date

140

00:07:50,070 --> 00:07:47,280

fed on smaller dinosaurs that it ripped

141

00:07:52,390 --> 00:07:50,080

to shreds with its talons before digging

142

00:07:54,950 --> 00:07:52,400

into their intestines

143

00:07:57,029 --> 00:07:54,960

that's right that's the press release

144

00:07:59,270 --> 00:07:57,039

it lived about 70 million years ago

145

00:08:01,510 --> 00:07:59,280

towards the end of the cretaceous period

146

00:08:03,430 --> 00:08:01,520

in what was then a tropical force long

147

00:08:04,950 --> 00:08:03,440

before the andes mountain range and

148

00:08:07,909 --> 00:08:04,960

glaciers

149

00:08:09,589 --> 00:08:07,919

took over that now defined patagonia all

150

00:08:11,029 --> 00:08:09,599

right

151
00:08:13,350 --> 00:08:11,039
crazy

152
00:08:16,230 --> 00:08:13,360
six tons

153
00:08:20,070 --> 00:08:16,240
apex predator the top

154
00:08:21,749 --> 00:08:20,080
of the food chain well coming up uh on

155
00:08:24,950 --> 00:08:21,759
may 15th

156
00:08:26,950 --> 00:08:24,960
we will have a total lunar eclipse it's

157
00:08:29,909 --> 00:08:26,960
going to turn the moon red

158
00:08:33,269 --> 00:08:29,919
and all of this going down the night of

159
00:08:35,269 --> 00:08:33,279
may 15th it will be visible pretty much

160
00:08:37,430 --> 00:08:35,279
all around the world throughout all of

161
00:08:39,670 --> 00:08:37,440
the americas europe africa the middle

162
00:08:41,829 --> 00:08:39,680
east the eastern pacific the south

163
00:08:45,070 --> 00:08:41,839

pacific and even

164

00:08:48,230 --> 00:08:45,080

antarctica i mean australia new zealand

165

00:08:49,990 --> 00:08:48,240

everybody is going to be seeing

166

00:08:52,710 --> 00:08:50,000

this lunar eclipse now i'm going to keep

167

00:08:55,829 --> 00:08:52,720

you posted on dates and times and the

168

00:08:57,590 --> 00:08:55,839

best way to see it and all of that okay

169

00:08:59,990 --> 00:08:57,600

so just stay tuned it's going to be

170

00:09:00,870 --> 00:09:00,000

incredible coming up in less than two

171

00:09:03,670 --> 00:09:00,880

weeks

172

00:09:05,350 --> 00:09:03,680

well we kind of expected this uh the

173

00:09:07,350 --> 00:09:05,360

press release came out today the

174

00:09:09,829 --> 00:09:07,360

announcement

175

00:09:12,949 --> 00:09:09,839

that's because the director general of

176
00:09:14,070 --> 00:09:12,959
russia's ross cosmo space agency space

177
00:09:15,269 --> 00:09:14,080
agency

178
00:09:17,670 --> 00:09:15,279
dmitry

179
00:09:18,470 --> 00:09:17,680
rogozin talked about demetria all the

180
00:09:21,269 --> 00:09:18,480
time

181
00:09:23,910 --> 00:09:21,279
he has now officially confirmed

182
00:09:25,990 --> 00:09:23,920
that russia will leave the international

183
00:09:28,470 --> 00:09:26,000
space station

184
00:09:31,110 --> 00:09:28,480
rogozin said moscow's decision to leave

185
00:09:33,670 --> 00:09:31,120
the iss is down to economic sanctions

186
00:09:36,630 --> 00:09:33,680
imposed on the country as a result

187
00:09:38,230 --> 00:09:36,640
of its invasion of ukraine

188
00:09:40,550 --> 00:09:38,240

the move marks the end of an

189

00:09:43,350 --> 00:09:40,560

unprecedented era of global

190

00:09:45,269 --> 00:09:43,360

collaboration and is the culmination of

191

00:09:47,509 --> 00:09:45,279

a breakup that has been brewing for a

192

00:09:49,670 --> 00:09:47,519

long time both the united states and

193

00:09:52,630 --> 00:09:49,680

russia have already made plans for life

194

00:09:54,949 --> 00:09:52,640

beyond the aging iss and russia has

195

00:09:57,269 --> 00:09:54,959

previously been vocal about continuing

196

00:09:59,350 --> 00:09:57,279

space operations without

197

00:10:02,069 --> 00:09:59,360

the united states

198

00:10:05,110 --> 00:10:02,079

and right after that china said

199

00:10:06,630 --> 00:10:05,120

come on russia come on i'm not i'm not

200

00:10:08,790 --> 00:10:06,640

making that up

201
00:10:14,230 --> 00:10:08,800
so there you go let's get this show

202
00:10:15,990 --> 00:10:14,240
cracking on this day in history otd 1952

203
00:10:18,790 --> 00:10:16,000
joseph fletcher

204
00:10:19,670 --> 00:10:18,800
lands the first aircraft

205
00:10:22,710 --> 00:10:19,680
on

206
00:10:26,949 --> 00:10:22,720
the north pole it was a ski modified u.s

207
00:10:28,870 --> 00:10:26,959
air force c-47 and then a moment later

208
00:10:29,990 --> 00:10:28,880
he opened the door climbed out of the

209
00:10:32,470 --> 00:10:30,000
plane

210
00:10:35,509 --> 00:10:32,480
and literally walked

211
00:10:39,110 --> 00:10:35,519
to the exact geographic north pole

212
00:10:40,389 --> 00:10:39,120
probably the first person in history to

213
00:10:42,389 --> 00:10:40,399

do so

214

00:10:46,630 --> 00:10:42,399

here's your fader fact

215

00:10:48,069 --> 00:10:46,640

in 2006 and i love my fader facts check

216

00:10:50,550 --> 00:10:48,079

this out

217

00:10:52,389 --> 00:10:50,560

in 2006

218

00:10:55,190 --> 00:10:52,399

william shatner

219

00:10:59,350 --> 00:10:55,200

passed a kidney stone

220

00:11:02,150 --> 00:10:59,360

and then sold it to an online casino

221

00:11:05,110 --> 00:11:02,160

for 25 000

222

00:11:07,350 --> 00:11:05,120

captain kirk then donated the money

223

00:11:09,190 --> 00:11:07,360

to a housing charity

224

00:11:10,710 --> 00:11:09,200

and that

225

00:11:11,910 --> 00:11:10,720

is your fader fact

226

00:11:14,230 --> 00:11:11,920

all right

227

00:11:16,150 --> 00:11:14,240

tonight we welcome very special guest

228

00:11:18,550 --> 00:11:16,160

jason quit is with us

229

00:11:21,590 --> 00:11:18,560

tonight we're going to be discussing uh

230

00:11:24,389 --> 00:11:21,600

astral and lucid dreaming techniques how

231

00:11:27,030 --> 00:11:24,399

to get it done and what happens when you

232

00:11:29,190 --> 00:11:27,040

do what has jason done what have i done

233

00:11:31,829 --> 00:11:29,200

i'm gonna be talking about all of that

234

00:11:34,389 --> 00:11:31,839

tonight but uh today is a very special

235

00:11:36,230 --> 00:11:34,399

day because i talked about this

236

00:11:38,790 --> 00:11:36,240

uh today's may 3rd

237

00:11:42,389 --> 00:11:38,800

talked about this a couple of weeks ago

238

00:11:45,750 --> 00:11:42,399

and today is the world premiere

239

00:11:46,949 --> 00:11:45,760

of caroline corey's new film a tear in

240

00:11:49,829 --> 00:11:46,959

the sky

241

00:11:51,670 --> 00:11:49,839

and now back with us

242

00:11:54,949 --> 00:11:51,680

to celebrate

243

00:12:00,870 --> 00:11:54,959

is caroline corey caroline how are you

244

00:12:04,710 --> 00:12:03,030

back there

245

00:12:07,750 --> 00:12:04,720

oh you got feedback i don't have

246

00:12:10,949 --> 00:12:09,670

you're good on this end you sound

247

00:12:13,509 --> 00:12:10,959

wonderful

248

00:12:16,389 --> 00:12:13,519

cool so so uh

249

00:12:17,910 --> 00:12:16,399

we're celebrating how you feeling

250

00:12:22,949 --> 00:12:17,920

amazing

251
00:12:25,590 --> 00:12:22,959
already number three on the itunes chart

252
00:12:28,150 --> 00:12:25,600
that's what i'm doing documentary yes

253
00:12:30,389 --> 00:12:28,160
yeah i expected this it's a great film

254
00:12:31,190 --> 00:12:30,399
uh caroline and

255
00:12:33,110 --> 00:12:31,200
uh

256
00:12:35,670 --> 00:12:33,120
just let me ask you about you personally

257
00:12:37,030 --> 00:12:35,680
because so much most people don't

258
00:12:39,590 --> 00:12:37,040
understand

259
00:12:43,990 --> 00:12:39,600
how much work goes into a film from an

260
00:12:45,350 --> 00:12:44,000
idea to concept the production logistics

261
00:12:47,910 --> 00:12:45,360
casting

262
00:12:50,310 --> 00:12:47,920
food right

263
00:12:53,030 --> 00:12:50,320

and and and then once you get all of

264

00:12:55,430 --> 00:12:53,040

that done there's editing and graphics

265

00:12:57,430 --> 00:12:55,440

and music and post-production

266

00:13:00,389 --> 00:12:57,440

and and everything else and you've got a

267

00:13:02,949 --> 00:13:00,399

date that is there on your calendar it's

268

00:13:05,750 --> 00:13:02,959

a it's a lot of work

269

00:13:08,150 --> 00:13:05,760

how do you feel it must it just must be

270

00:13:10,629 --> 00:13:08,160

amazing to have a world premiere

271

00:13:12,870 --> 00:13:10,639

it's yeah it does feel amazing but it's

272

00:13:14,550 --> 00:13:12,880

like you put in so much work like you're

273

00:13:17,590 --> 00:13:14,560

saying that when it does happen you're

274

00:13:20,470 --> 00:13:17,600

on this high you know it's like

275

00:13:21,990 --> 00:13:20,480

oh my god oh my god finally the world

276

00:13:24,470 --> 00:13:22,000

gets to see

277

00:13:26,550 --> 00:13:24,480

what you've been working on and so it's

278

00:13:30,470 --> 00:13:26,560

like at the same time

279

00:13:33,750 --> 00:13:30,480

uh excitement exhaustion you know so uh

280

00:13:35,990 --> 00:13:33,760

trusting the universe it's it's all at

281

00:13:39,030 --> 00:13:36,000

once everything at once

282

00:13:45,030 --> 00:13:41,990

so rewarding which is my next question

283

00:13:47,590 --> 00:13:45,040

um and i'm being serious about this

284

00:13:49,750 --> 00:13:47,600

have you or do you do you go and

285

00:13:51,829 --> 00:13:49,760

purchase your own film just to go

286

00:13:54,150 --> 00:13:51,839

through the process do you watch your

287

00:13:56,310 --> 00:13:54,160

own trailer on tv you know what i mean

288

00:13:59,590 --> 00:13:56,320

do you go through the processes and and

289

00:14:01,990 --> 00:13:59,600

do do all of that stuff i do

290

00:14:03,990 --> 00:14:02,000

actually it depends that after it goes

291

00:14:06,710 --> 00:14:04,000

out i have a hard time watching my own

292

00:14:10,790 --> 00:14:06,720

stuff again because i've seen it so many

293

00:14:13,509 --> 00:14:10,800

times so i don't but i do go through the

294

00:14:17,110 --> 00:14:13,519

purchase process on one of the channels

295

00:14:20,550 --> 00:14:17,120

or you know depends because i have a a

296

00:14:22,710 --> 00:14:20,560

lot of international audience and so

297

00:14:25,030 --> 00:14:22,720

there's a lot of glitches that happen

298

00:14:27,829 --> 00:14:25,040

and subtitles and this and that so i go

299

00:14:30,790 --> 00:14:27,839

through the process myself in case

300

00:14:32,710 --> 00:14:30,800

something comes up and uh yeah i mean

301
00:14:34,949 --> 00:14:32,720
that's the only reason really not not to

302
00:14:35,990 --> 00:14:34,959
watch my own stuff

303
00:14:38,389 --> 00:14:36,000
you know

304
00:14:40,069 --> 00:14:38,399
i do it because i'm excited

305
00:14:44,470 --> 00:14:40,079
you know

306
00:14:47,030 --> 00:14:44,480
you release a cd

307
00:14:50,470 --> 00:14:47,040
go to the music store and buy it right

308
00:14:55,590 --> 00:14:52,069
yeah we're gonna do a party and you're

309
00:14:57,829 --> 00:14:55,600
invited by the way so uh it was so hard

310
00:15:00,870 --> 00:14:57,839
to try to coordinate everything on the

311
00:15:03,430 --> 00:15:00,880
first day which is today which is like a

312
00:15:06,389 --> 00:15:03,440
tuesday or whatever and so but we are

313
00:15:07,910 --> 00:15:06,399

gonna do a release uh party so you're

314

00:15:09,750 --> 00:15:07,920

invited

315

00:15:11,350 --> 00:15:09,760

and then we'll get to see the film again

316

00:15:13,670 --> 00:15:11,360

all together

317

00:15:16,550 --> 00:15:13,680

i i can't wait for that it's gonna be uh

318

00:15:18,629 --> 00:15:16,560

so much fun and for everybody listening

319

00:15:20,870 --> 00:15:18,639

we've got the links up in social media

320

00:15:23,430 --> 00:15:20,880

we've got it up in the chat rooms where

321

00:15:25,350 --> 00:15:23,440

you can go and check it out don't watch

322

00:15:27,110 --> 00:15:25,360

it during the show

323

00:15:30,230 --> 00:15:27,120

watching after

324

00:15:33,269 --> 00:15:30,240

fade to black and uh you know that uh

325

00:15:35,509 --> 00:15:33,279

that's a very fun thing after fade to

326

00:15:37,269 --> 00:15:35,519

black when i'm done with this

327

00:15:39,749 --> 00:15:37,279

i go and i watch a really cool

328

00:15:42,069 --> 00:15:39,759

documentary i do that every single night

329

00:15:44,470 --> 00:15:42,079

after the show and so everybody should

330

00:15:46,470 --> 00:15:44,480

do that get your knowledge on go and

331

00:15:49,189 --> 00:15:46,480

learn this is a great film

332

00:15:51,590 --> 00:15:49,199

now let's do a couple of teasers uh for

333

00:15:52,310 --> 00:15:51,600

everybody um that are gonna go and watch

334

00:15:56,710 --> 00:15:52,320

it

335

00:15:59,670 --> 00:15:56,720

um i'll i will answer my question myself

336

00:16:03,910 --> 00:15:59,680

aft after you give me your answer

337

00:16:07,030 --> 00:16:03,920

what is your favorite part of the film

338

00:16:10,710 --> 00:16:07,040

what was your most anticipated part

339

00:16:14,629 --> 00:16:10,720

what what's your favorite part

340

00:16:17,990 --> 00:16:14,639

of course you know the ending is insane

341

00:16:21,189 --> 00:16:18,000

it's totally insane

342

00:16:22,949 --> 00:16:21,199

i mean nobody can figure this thing out

343

00:16:27,430 --> 00:16:22,959

i think we

344

00:16:28,470 --> 00:16:27,440

we stretched the imagination we've added

345

00:16:31,670 --> 00:16:28,480

to

346

00:16:33,910 --> 00:16:31,680

the ufo mystery if anything

347

00:16:37,670 --> 00:16:33,920

but and we may be onto something

348

00:16:39,269 --> 00:16:37,680

extraordinary as a scientific discovery

349

00:16:40,710 --> 00:16:39,279

even if it turns out to be an

350

00:16:41,829 --> 00:16:40,720

atmospheric

351
00:16:44,710 --> 00:16:41,839
something

352
00:16:46,310 --> 00:16:44,720
you know the fact that it showed up the

353
00:16:49,430 --> 00:16:46,320
way we did

354
00:16:51,990 --> 00:16:49,440
um measured and recorded on multiple

355
00:16:54,310 --> 00:16:52,000
devices different angles triangulation

356
00:16:57,110 --> 00:16:54,320
all this crazy stuff

357
00:16:58,949 --> 00:16:57,120
that has never been done whatever it

358
00:17:01,829 --> 00:16:58,959
ends up being

359
00:17:04,470 --> 00:17:01,839
you have a really good um

360
00:17:06,390 --> 00:17:04,480
in filmmaking you always have three acts

361
00:17:08,549 --> 00:17:06,400
right act one act two act three the

362
00:17:11,189 --> 00:17:08,559
hero's journey the act one act two act

363
00:17:13,029 --> 00:17:11,199

three and so caroline's specifically

364

00:17:15,429 --> 00:17:13,039

referring to the the

365

00:17:19,909 --> 00:17:15,439

the act three in the film

366

00:17:21,990 --> 00:17:19,919

and it is pretty intense but but

367

00:17:22,949 --> 00:17:22,000

it's the act one and act two the setup

368

00:17:25,990 --> 00:17:22,959

for that

369

00:17:27,990 --> 00:17:26,000

is is done wonderfully and you are able

370

00:17:30,470 --> 00:17:28,000

to go through

371

00:17:31,510 --> 00:17:30,480

the process of you know putting the team

372

00:17:32,630 --> 00:17:31,520

together

373

00:17:34,710 --> 00:17:32,640

um

374

00:17:36,310 --> 00:17:34,720

michio kaku's comments and bill

375

00:17:38,549 --> 00:17:36,320

shatner's comments at the beginning of

376

00:17:39,669 --> 00:17:38,559

the film are a perfect setup for

377

00:17:42,310 --> 00:17:39,679

everything

378

00:17:43,270 --> 00:17:42,320

and you get that then you've got the act

379

00:17:45,029 --> 00:17:43,280

2

380

00:17:47,110 --> 00:17:45,039

where things are starting to happen and

381

00:17:48,390 --> 00:17:47,120

then act three catches everybody by

382

00:17:50,950 --> 00:17:48,400

surprise

383

00:17:53,110 --> 00:17:50,960

and it's uh it's it's perfect it's a

384

00:17:55,750 --> 00:17:53,120

perfect film

385

00:17:59,110 --> 00:17:55,760

thank you yeah and i i hope people will

386

00:18:02,549 --> 00:17:59,120

appreciate uh also the production value

387

00:18:03,990 --> 00:18:02,559

like i didn't want to just do a bunch of

388

00:18:05,830 --> 00:18:04,000

uh you know

389

00:18:07,590 --> 00:18:05,840

capturing stuff and just slapping it

390

00:18:08,310 --> 00:18:07,600

together i wanted to really i mean we

391

00:18:13,510 --> 00:18:08,320

are

392

00:18:15,270 --> 00:18:13,520

wanted to really uh

393

00:18:17,669 --> 00:18:15,280

tell the story

394

00:18:20,950 --> 00:18:17,679

cinematically as well so there's the

395

00:18:22,390 --> 00:18:20,960

human element of the navy folks that go

396

00:18:24,789 --> 00:18:22,400

through the process

397

00:18:28,310 --> 00:18:24,799

um and then there is the you know the

398

00:18:31,029 --> 00:18:28,320

setup itself which is very very

399

00:18:32,470 --> 00:18:31,039

expensive expensive

400

00:18:34,630 --> 00:18:32,480

also

401
00:18:37,110 --> 00:18:34,640
you know that kind of creates the the

402
00:18:39,830 --> 00:18:37,120
bigger it's almost like we've really uh

403
00:18:41,270 --> 00:18:39,840
went overboard a little bit with the

404
00:18:44,950 --> 00:18:41,280
with the setup

405
00:18:46,870 --> 00:18:44,960
but i thought we had to go um

406
00:18:49,909 --> 00:18:46,880
we had to do it this way

407
00:18:51,669 --> 00:18:49,919
otherwise it would just be another um

408
00:18:54,070 --> 00:18:51,679
you know ufo film

409
00:18:56,950 --> 00:18:54,080
and it's the scientific approach the

410
00:19:00,310 --> 00:18:56,960
number of instruments that we put

411
00:19:04,390 --> 00:19:00,320
together uh the locations the

412
00:19:06,390 --> 00:19:04,400
triangulations the the correlations

413
00:19:08,789 --> 00:19:06,400

of the data

414

00:19:11,909 --> 00:19:08,799

the number the amount of data that we've

415

00:19:13,110 --> 00:19:11,919

collected i mean it's literally historic

416

00:19:16,070 --> 00:19:13,120

and so

417

00:19:18,630 --> 00:19:16,080

because of that and and the anomalies we

418

00:19:21,430 --> 00:19:18,640

we got on camera aren't the typical

419

00:19:24,470 --> 00:19:21,440

things i mean aren't just the you know

420

00:19:27,669 --> 00:19:24,480

the orbs and the little disc or the

421

00:19:29,830 --> 00:19:27,679

triangular thing it's it's crazy stuff

422

00:19:32,230 --> 00:19:29,840

and so that's why i think it's very

423

00:19:35,750 --> 00:19:32,240

different and people definitely need to

424

00:19:38,390 --> 00:19:35,760

check it out well haven't you always uh

425

00:19:40,870 --> 00:19:38,400

approached filmmaking that way

426
00:19:41,830 --> 00:19:40,880
you've got the subject

427
00:19:44,630 --> 00:19:41,840
but you

428
00:19:45,750 --> 00:19:44,640
to me you have always

429
00:19:48,230 --> 00:19:45,760
taken

430
00:19:51,110 --> 00:19:48,240
the the cinematic approach to it and the

431
00:19:53,909 --> 00:19:51,120
production approach you've always wanted

432
00:19:56,630 --> 00:19:53,919
to make sure that you have eye candy and

433
00:19:58,950 --> 00:19:56,640
that this is a a cinematic experience

434
00:20:01,750 --> 00:19:58,960
and and certainly a tear in the sky

435
00:20:04,470 --> 00:20:01,760
continues your tradition of filmmaking

436
00:20:07,029 --> 00:20:04,480
yeah exactly i think it's even at the

437
00:20:09,110 --> 00:20:07,039
next level even because we were filming

438
00:20:10,870 --> 00:20:09,120

with red cameras uh i don't know how

439

00:20:13,029 --> 00:20:10,880

many cameras we had going at the same

440

00:20:16,470 --> 00:20:13,039

time maybe 10 because we were in

441

00:20:18,870 --> 00:20:16,480

multiple locations site simultaneously

442

00:20:20,789 --> 00:20:18,880

and uh you know we had handheld we had

443

00:20:23,510 --> 00:20:20,799

this with you know close-ups and

444

00:20:25,110 --> 00:20:23,520

and so many people in the cast at all

445

00:20:27,830 --> 00:20:25,120

times um

446

00:20:29,510 --> 00:20:27,840

capturing not just us our reactions and

447

00:20:30,950 --> 00:20:29,520

what we were doing but also what was

448

00:20:34,390 --> 00:20:30,960

happening in the environment what we

449

00:20:37,029 --> 00:20:34,400

were looking at so it was a very

450

00:20:39,830 --> 00:20:37,039

uh big production for you know the

451
00:20:42,870 --> 00:20:39,840
typical ufo movie that's for sure yeah i

452
00:20:45,510 --> 00:20:42,880
think this one you know i'm gonna like i

453
00:20:47,270 --> 00:20:45,520
set as a new standard for myself so now

454
00:20:48,549 --> 00:20:47,280
i can't go bad i have to keep going in

455
00:20:51,510 --> 00:20:48,559
the same direction

456
00:20:52,950 --> 00:20:51,520
but you saw it it looks beautiful in

457
00:20:55,190 --> 00:20:52,960
fact we won

458
00:20:58,149 --> 00:20:55,200
um best documentary and several

459
00:21:02,070 --> 00:20:58,159
festivals also best cinematography

460
00:21:05,270 --> 00:21:02,080
uh i want best uh direction as well uh

461
00:21:07,990 --> 00:21:05,280
in you know in some festivals so it's uh

462
00:21:09,110 --> 00:21:08,000
it's screening in london um

463
00:21:12,230 --> 00:21:09,120

sci-fi

464

00:21:17,830 --> 00:21:12,240

uh film festival so it's very exciting

465

00:21:24,230 --> 00:21:22,070

well i just interrupted caroline corey

466

00:21:28,789 --> 00:21:24,240

and the emails gonna be coming in but

467

00:21:30,549 --> 00:21:28,799

here's the deal um uh caroline when

468

00:21:33,270 --> 00:21:30,559

when you are

469

00:21:35,190 --> 00:21:33,280

shooting a film and you're you're you're

470

00:21:37,029 --> 00:21:35,200

going through the motions you have an

471

00:21:40,630 --> 00:21:37,039

opportunity to

472

00:21:44,230 --> 00:21:40,640

either swing black and white pragmatic

473

00:21:45,350 --> 00:21:44,240

data facts right and which is great for

474

00:21:47,350 --> 00:21:45,360

some people

475

00:21:50,870 --> 00:21:47,360

and then you've got to

476

00:21:53,669 --> 00:21:50,880

uh you have other choices where you can

477

00:21:55,270 --> 00:21:53,679

uh make it a little bit softer

478

00:21:57,190 --> 00:21:55,280

and accessible

479

00:21:58,870 --> 00:21:57,200

but this is a combination of both was

480

00:22:01,430 --> 00:21:58,880

that intentional

481

00:22:03,270 --> 00:22:01,440

yeah absolutely in fact uh in the

482

00:22:05,830 --> 00:22:03,280

beginning you know i really wanted to

483

00:22:07,430 --> 00:22:05,840

make it scientific bring that sort of

484

00:22:09,750 --> 00:22:07,440

element but then

485

00:22:11,750 --> 00:22:09,760

you know these aren't actors or i mean

486

00:22:12,710 --> 00:22:11,760

these are real scientists and real

487

00:22:16,070 --> 00:22:12,720

people

488

00:22:18,149 --> 00:22:16,080

and i i also i wasn't i didn't even want

489

00:22:20,950 --> 00:22:18,159

to be in the movie i didn't care about

490

00:22:23,750 --> 00:22:20,960

that but then once we looked at the

491

00:22:26,470 --> 00:22:23,760

filming the film itself and the data we

492

00:22:27,350 --> 00:22:26,480

collected it just felt so like

493

00:22:30,630 --> 00:22:27,360

um

494

00:22:32,870 --> 00:22:30,640

just very uh staticky and just like a

495

00:22:35,430 --> 00:22:32,880

little bit boring to be honest and so

496

00:22:36,950 --> 00:22:35,440

and we are making a film and we the

497

00:22:39,830 --> 00:22:36,960

reason why

498

00:22:42,470 --> 00:22:39,840

i am making films is to bring this

499

00:22:45,110 --> 00:22:42,480

information to the mainstream to the to

500

00:22:48,549 --> 00:22:45,120

the average person so that they can

501
00:22:50,470 --> 00:22:48,559
understand anomalies paranormal ufos

502
00:22:51,750 --> 00:22:50,480
that's why i'm making films so i'm not

503
00:22:53,430 --> 00:22:51,760
you know going to show them something

504
00:22:55,510 --> 00:22:53,440
that looks like a powerpoint at a

505
00:22:58,630 --> 00:22:55,520
science conference i mean

506
00:23:00,870 --> 00:22:58,640
so so we gotta i have to find a balance

507
00:23:03,830 --> 00:23:00,880
where to keep the integrity of the

508
00:23:05,029 --> 00:23:03,840
science the integrity of the data

509
00:23:06,230 --> 00:23:05,039
and still

510
00:23:10,230 --> 00:23:06,240
have it

511
00:23:13,350 --> 00:23:10,240
interesting visually enough you know

512
00:23:15,029 --> 00:23:13,360
entertaining yeah it's a tough balance

513
00:23:16,470 --> 00:23:15,039

now

514

00:23:18,310 --> 00:23:16,480

when when

515

00:23:19,990 --> 00:23:18,320

and we've all seen these shows and i

516

00:23:21,909 --> 00:23:20,000

love them actually

517

00:23:26,149 --> 00:23:21,919

paranormal investigation you're going

518

00:23:27,350 --> 00:23:26,159

into uh you know whatever uh a jail a a

519

00:23:31,190 --> 00:23:27,360

hospital

520

00:23:33,110 --> 00:23:31,200

and and nothing happens right

521

00:23:35,750 --> 00:23:33,120

right and it's crickets nothing nothing

522

00:23:37,830 --> 00:23:35,760

goes down and and we've all been on sky

523

00:23:40,870 --> 00:23:37,840

watches i've we've all gone out when

524

00:23:44,149 --> 00:23:40,880

it's just a dead night nothing happens

525

00:23:46,149 --> 00:23:44,159

you're setting up this huge production

526
00:23:47,669 --> 00:23:46,159
and you

527
00:23:48,789 --> 00:23:47,679
capture something

528
00:23:51,830 --> 00:23:48,799
and

529
00:23:52,870 --> 00:23:51,840
that has to be the most satisfying part

530
00:23:54,950 --> 00:23:52,880
of this

531
00:23:58,230 --> 00:23:54,960
that not only did you you caught a lot

532
00:24:00,149 --> 00:23:58,240
of stuff but but this moment on film you

533
00:24:01,909 --> 00:24:00,159
got it you got it you had the right

534
00:24:04,549 --> 00:24:01,919
people there you had the right equipment

535
00:24:05,510 --> 00:24:04,559
and it goes down how great does that

536
00:24:07,830 --> 00:24:05,520
feel

537
00:24:09,830 --> 00:24:07,840
oh my god i was terrified jimmy i was

538
00:24:11,990 --> 00:24:09,840

like at one point i was like what am i

539

00:24:14,950 --> 00:24:12,000

doing i'm investing in this whole

540

00:24:16,870 --> 00:24:14,960

production going crazy with setting up

541

00:24:18,390 --> 00:24:16,880

you know these cameras and crews and

542

00:24:20,310 --> 00:24:18,400

hiring this and

543

00:24:21,909 --> 00:24:20,320

and i'm like what if nothing happens and

544

00:24:25,430 --> 00:24:21,919

how do i know

545

00:24:26,950 --> 00:24:25,440

so i did my homework

546

00:24:29,110 --> 00:24:26,960

you know which the scientists don't want

547

00:24:31,990 --> 00:24:29,120

to hear about but it doesn't matter

548

00:24:35,269 --> 00:24:32,000

i really had to focus i mean you know me

549

00:24:38,470 --> 00:24:35,279

i meditate i do my own communication

550

00:24:41,110 --> 00:24:38,480

with myself and higher self and source

551
00:24:43,590 --> 00:24:41,120
and i really had to ask for clarity and

552
00:24:46,390 --> 00:24:43,600
guidance first of all the way this film

553
00:24:48,149 --> 00:24:46,400
came about was all crazy because i was

554
00:24:51,190 --> 00:24:48,159
originally going to do the sequel of

555
00:24:52,390 --> 00:24:51,200
superhuman and then out of the blue i

556
00:24:55,350 --> 00:24:52,400
had this

557
00:24:58,310 --> 00:24:55,360
this inspiration no go and do this ufo

558
00:25:01,510 --> 00:24:58,320
movie and so already it was guided in

559
00:25:04,149 --> 00:25:01,520
this way but then as we got into it it

560
00:25:06,950 --> 00:25:04,159
was more and more real it was okay now

561
00:25:10,230 --> 00:25:06,960
we're paying for everything

562
00:25:13,590 --> 00:25:10,240
and so i had to really focus and say

563
00:25:15,190 --> 00:25:13,600

please give me something something

564

00:25:16,870 --> 00:25:15,200

it doesn't matter but something

565

00:25:17,909 --> 00:25:16,880

important enough

566

00:25:21,110 --> 00:25:17,919

that

567

00:25:23,190 --> 00:25:21,120

purpose because i always want to be

568

00:25:24,950 --> 00:25:23,200

purposeful it's not just for

569

00:25:27,430 --> 00:25:24,960

entertainment or for money

570

00:25:28,950 --> 00:25:27,440

and so i knew that it was going to be

571

00:25:31,510 --> 00:25:28,960

july 14th

572

00:25:34,310 --> 00:25:31,520

that something was going to happen

573

00:25:36,070 --> 00:25:34,320

i kept it open as to what because i also

574

00:25:37,510 --> 00:25:36,080

kind of wanted to be surprised but i was

575

00:25:40,149 --> 00:25:37,520

convinced

576

00:25:43,350 --> 00:25:40,159

and sure enough we set up the filming

577

00:25:44,870 --> 00:25:43,360

the week of july 14th so it was the 10th

578

00:25:47,990 --> 00:25:44,880

to the 18th

579

00:25:50,549 --> 00:25:48,000

uh five days within that uh time frame

580

00:25:51,590 --> 00:25:50,559

and sure enough the first sighting came

581

00:25:53,990 --> 00:25:51,600

in at

582

00:25:56,390 --> 00:25:54,000

7 14 july 14th

583

00:25:58,630 --> 00:25:56,400

and then since then it got better and

584

00:26:01,029 --> 00:25:58,640

better and we didn't get just like you

585

00:26:05,430 --> 00:26:01,039

were saying we've got multiple things

586

00:26:10,789 --> 00:26:07,110

act three is

587

00:26:11,990 --> 00:26:10,799

is good enough for anybody's film right

588

00:26:14,870 --> 00:26:12,000

exactly

589

00:26:17,430 --> 00:26:14,880

and uh now here's the deal i've got the

590

00:26:18,390 --> 00:26:17,440

links up in social media and the chat

591

00:26:20,470 --> 00:26:18,400

room

592

00:26:23,110 --> 00:26:20,480

uh for everybody to go and see the film

593

00:26:25,909 --> 00:26:23,120

today is may 3rd this is the premiere

594

00:26:28,390 --> 00:26:25,919

and i i want everybody to go and enjoy

595

00:26:32,390 --> 00:26:28,400

it as much as i did

596

00:26:33,190 --> 00:26:32,400

i i had the privilege uh to

597

00:26:35,269 --> 00:26:33,200

uh

598

00:26:39,029 --> 00:26:35,279

to kind of walk through this film as it

599

00:26:39,909 --> 00:26:39,039

was being uh produced and and i saw some

600

00:26:43,350 --> 00:26:39,919

things

601
00:26:46,789 --> 00:26:43,360
and and and all my reaction was what am

602
00:26:50,710 --> 00:26:46,799
i looking at and this was this

603
00:26:52,870 --> 00:26:50,720
and and now you get to go and see what

604
00:26:54,710 --> 00:26:52,880
caroline and i have been talking about

605
00:26:57,990 --> 00:26:54,720
and so many others it's a it's a

606
00:27:00,470 --> 00:26:58,000
fantastic film i look forward to uh this

607
00:27:01,590 --> 00:27:00,480
uh this premiere party

608
00:27:03,269 --> 00:27:01,600
and

609
00:27:05,669 --> 00:27:03,279
i'll say this

610
00:27:06,950 --> 00:27:05,679
i've got some pictures that caroline and

611
00:27:10,390 --> 00:27:06,960
i took

612
00:27:13,029 --> 00:27:10,400
don't don't freak out but um

613
00:27:14,470 --> 00:27:13,039

but they were really really good

614

00:27:16,390 --> 00:27:14,480

and i've almo

615

00:27:19,430 --> 00:27:16,400

you know what caroline i haven't posted

616

00:27:21,269 --> 00:27:19,440

them because they're too good right

617

00:27:23,830 --> 00:27:21,279

people will get ideas

618

00:27:25,350 --> 00:27:23,840

right right right we've got to take

619

00:27:27,510 --> 00:27:25,360

better pictures

620

00:27:30,950 --> 00:27:27,520

all right

621

00:27:33,269 --> 00:27:30,960

we'll do that at the premiere caroline

622

00:27:35,669 --> 00:27:33,279

enjoy your evening thank you on this

623

00:27:37,590 --> 00:27:35,679

very special night uh to come in and

624

00:27:40,470 --> 00:27:37,600

help celebrate it with us here at fade

625

00:27:41,990 --> 00:27:40,480

to black it's a it's an it's an amazing

626

00:27:43,990 --> 00:27:42,000

film and you're going to have a great

627

00:27:47,190 --> 00:27:44,000

night go and enjoy yourself thank you so

628

00:27:49,510 --> 00:27:47,200

much thanks so much jimmy see you soon

629

00:27:51,430 --> 00:27:49,520

caroline corey and it's all simple

630

00:27:55,110 --> 00:27:51,440

everybody thank you so much caroline

631

00:27:57,510 --> 00:27:55,120

i've got the links up over at uh

632

00:27:59,750 --> 00:27:57,520

over on twitter i've got them up on

633

00:28:02,549 --> 00:27:59,760

facebook and i also have them up in the

634

00:28:04,630 --> 00:28:02,559

chat room after the show tonight go and

635

00:28:08,789 --> 00:28:04,640

get your knowledge on it is an

636

00:28:11,029 --> 00:28:08,799

incredible film okay so tonight uh we've

637

00:28:13,430 --> 00:28:11,039

got uh jason quit with us

638

00:28:16,310 --> 00:28:13,440

and and i want to say this

639

00:28:18,549 --> 00:28:16,320

uh we we did this with caroline uh the

640

00:28:20,070 --> 00:28:18,559

first week that we launched this new

641

00:28:22,310 --> 00:28:20,080

video format

642

00:28:24,389 --> 00:28:22,320

and as we go through the weeks and

643

00:28:27,029 --> 00:28:24,399

months ahead all of my favorite guests

644

00:28:28,789 --> 00:28:27,039

all of my favorite people were coming in

645

00:28:30,389 --> 00:28:28,799

for the first time

646

00:28:31,750 --> 00:28:30,399

on video together

647

00:28:33,190 --> 00:28:31,760

and tonight we're going to do that with

648

00:28:35,430 --> 00:28:33,200

jason quit tomorrow night we're going to

649

00:28:37,590 --> 00:28:35,440

do that with richard dolan

650

00:28:38,630 --> 00:28:37,600

tonight jason quit is here live from

651
00:28:41,750 --> 00:28:38,640
canada

652
00:28:43,590 --> 00:28:41,760
and uh we've got a lot to talk about if

653
00:28:45,909 --> 00:28:43,600
we and one of the reasons why we're

654
00:28:48,630 --> 00:28:45,919
doing the show the way we are tonight um

655
00:28:50,789 --> 00:28:48,640
astral and lucid dreaming this goes back

656
00:28:53,990 --> 00:28:50,799
to when we first started doing shows

657
00:28:56,149 --> 00:28:54,000
with jason many many many years ago and

658
00:28:58,070 --> 00:28:56,159
tonight we're going to revisit

659
00:29:00,149 --> 00:28:58,080
some of those old conversations that we

660
00:29:01,990 --> 00:29:00,159
had and we're gonna do it together so

661
00:29:05,909 --> 00:29:02,000
you just stay right there this is fade

662
00:29:08,549 --> 00:29:05,919
to black i am your host jimmy church

663
00:29:10,710 --> 00:29:08,559

a tear in the sky go and watch it we've

664

00:29:12,870 --> 00:29:10,720

got the links up it's an amazing film

665

00:29:14,710 --> 00:29:12,880

thank you caroline caroline go and enjoy

666

00:29:16,389 --> 00:29:14,720

your evening i'm going to take a quick

667

00:29:19,110 --> 00:29:16,399

break and i will be right back with

668

00:29:21,350 --> 00:29:19,120

tonight's guest the one and only

669

00:29:26,410 --> 00:29:21,360

jason quit stay with us we'll be right

670

00:29:37,669 --> 00:29:33,230

[Music]

671

00:29:37,679 --> 00:29:42,890

it

672

00:29:42,900 --> 00:29:59,590

[Music]

673

00:30:03,990 --> 00:30:01,750

this is nicole church daughter of you

674

00:30:04,990 --> 00:30:04,000

know who and you're listening to fade to

675

00:30:06,630 --> 00:30:05,000

black on

676
00:30:09,510 --> 00:30:06,640
jimmychurchradio.com and the game

677
00:30:11,669 --> 00:30:09,520
changer network

678
00:30:13,190 --> 00:30:11,679
you're listening to jimmy church and

679
00:30:19,590 --> 00:30:13,200
fade to black

680
00:30:26,070 --> 00:30:21,909
you're listening to jimmy church fade to

681
00:30:33,590 --> 00:30:28,310
fate to black will now pause for alien

682
00:30:37,750 --> 00:30:35,830
introducing the game changer blend from

683
00:30:40,230 --> 00:30:37,760
river moon coffee that delivers a

684
00:30:43,350 --> 00:30:40,240
customized blend made specifically for

685
00:30:46,310 --> 00:30:43,360
the fader knots if the game is rigged

686
00:30:49,110 --> 00:30:46,320
change the game it's a boulder cup with

687
00:30:51,350 --> 00:30:49,120
some bite game changer is the coffee of

688
00:30:53,669 --> 00:30:51,360

choice for those that prefer an organic

689

00:30:57,269 --> 00:30:53,679

dark roast that is slightly lighter and

690

00:30:59,590 --> 00:30:57,279

milder but it's still dark with wild

691

00:31:02,230 --> 00:30:59,600

notes of pecans and chocolate with a

692

00:31:04,549 --> 00:31:02,240

rich balanced full-bodied cup that is

693

00:31:07,190 --> 00:31:04,559

roasted to perfection for a great coffee

694

00:31:10,470 --> 00:31:07,200

to start your day as an after dinner

695

00:31:13,269 --> 00:31:10,480

coffee or anywhere in between artisan

696

00:31:15,909 --> 00:31:13,279

small batch roasted to perfection usda

697

00:31:18,230 --> 00:31:15,919

certified organic all river moon coffee

698

00:31:21,110 --> 00:31:18,240

is freshly roasted and packaged in the

699

00:31:23,190 --> 00:31:21,120

usa just go to rivermooncoffee.com or

700

00:31:27,110 --> 00:31:23,200

click on the banners over on our site

701
00:31:29,190 --> 00:31:27,120
and use the promo code f2b blend for 15

702
00:31:32,389 --> 00:31:29,200
off of your order today

703
00:31:37,830 --> 00:31:35,029
this is the only way forward

704
00:31:40,230 --> 00:31:37,840
this is aid to black

705
00:31:41,990 --> 00:31:40,240
make contact

706
00:31:44,789 --> 00:31:42,000
this is jimmy church of fade to black

707
00:31:47,190 --> 00:31:44,799
and you can get our podcast for just two

708
00:31:49,509 --> 00:31:47,200
dollars per month all you have to do is

709
00:31:53,110 --> 00:31:49,519
click on the podcast banner over at

710
00:31:57,070 --> 00:31:54,310
do you have an interest in the

711
00:31:59,830 --> 00:31:57,080
paranormal that you'll love

712
00:32:01,509 --> 00:31:59,840
thenxnetwork.com the x is your streaming

713
00:32:04,710 --> 00:32:01,519

audio and video for everything

714

00:32:08,230 --> 00:32:04,720

supernatural strange and mysterious like

715

00:32:10,470 --> 00:32:08,240

ufos bigfoot ghosts and so much more

716

00:32:13,830 --> 00:32:10,480

from hosts like jimmy church whitley

717

00:32:16,549 --> 00:32:13,840

strieber micah hanks and christina gomez

718

00:32:18,549 --> 00:32:16,559

visit the xnetwork.com show page for a

719

00:32:21,190 --> 00:32:18,559

complete list of all the paranormal

720

00:32:23,110 --> 00:32:21,200

programs you'll find on the x be sure to

721

00:32:24,789 --> 00:32:23,120

follow us on twitter for updates at

722

00:32:27,509 --> 00:32:24,799

kunxdb

723

00:32:30,310 --> 00:32:27,519

follow our facebook group on x network

724

00:32:33,830 --> 00:32:30,320

find the podcast on spotify iheart

725

00:32:34,710 --> 00:32:33,840

audible and apple podcast it's time it's

726
00:32:38,310 --> 00:32:34,720
new

727
00:32:45,909 --> 00:32:38,320
it's the x x

728
00:32:49,830 --> 00:32:47,190
is not

729
00:32:53,990 --> 00:32:49,840
your father's radio show

730
00:32:55,990 --> 00:32:54,000
on the game changer radio network

731
00:33:00,549 --> 00:32:56,000
hi this is rob reiner from anvil and

732
00:33:04,149 --> 00:33:02,630
what's up i'm chris what up this is kyle

733
00:33:06,140 --> 00:33:04,159
and we're listening to jimmy church

734
00:33:21,909 --> 00:33:06,150
radio

735
00:33:25,830 --> 00:33:24,230
all right welcome back fade to black i

736
00:33:27,269 --> 00:33:25,840
am your host jimmy church tonight jason

737
00:33:29,909 --> 00:33:27,279
quit is here

738
00:33:31,509 --> 00:33:29,919

it's gonna be on screen right right in

739

00:33:34,549 --> 00:33:31,519

front of me

740

00:33:38,389 --> 00:33:34,559

tomorrow night richard dolan same thing

741

00:33:40,070 --> 00:33:38,399

and uh wow

742

00:33:42,789 --> 00:33:40,080

lights are changing

743

00:33:43,669 --> 00:33:42,799

i love it it's because jason quit is

744

00:33:45,029 --> 00:33:43,679

here

745

00:33:47,430 --> 00:33:45,039

tonight we're going to be talking about

746

00:33:51,029 --> 00:33:47,440

astrid and lucid dreaming techniques

747

00:33:53,669 --> 00:33:51,039

practices who or what you may see

748

00:33:55,909 --> 00:33:53,679

you know and what you might learn

749

00:33:57,750 --> 00:33:55,919

when you close your eyes jason is a

750

00:34:00,389 --> 00:33:57,760

graduate of the institute of energy

751

00:34:02,630 --> 00:34:00,399

wellness and he's a student of the

752

00:34:04,470 --> 00:34:02,640

algonquin shamanism has been training

753

00:34:07,110 --> 00:34:04,480

and working with many teachers shamans

754

00:34:09,430 --> 00:34:07,120

and traditional healers throughout the

755

00:34:11,909 --> 00:34:09,440

world he's also the author of many books

756

00:34:13,510 --> 00:34:11,919

including the egyptian postures of power

757

00:34:15,589 --> 00:34:13,520

that has just been updated and

758

00:34:18,230 --> 00:34:15,599

re-released and it's available on his

759

00:34:21,230 --> 00:34:18,240

website or over on amazon

760

00:34:22,869 --> 00:34:21,240

and of course his website is

761

00:34:24,869 --> 00:34:22,879

thecrystalsun.com and i would like to

762

00:34:30,069 --> 00:34:24,879

welcome back to fade to black

763

00:34:35,030 --> 00:34:31,750

how you doing

764

00:34:37,510 --> 00:34:35,040

you know what's really amazing is that

765

00:34:39,030 --> 00:34:37,520

well this is the first time that people

766

00:34:40,950 --> 00:34:39,040

see me on video

767

00:34:42,069 --> 00:34:40,960

i've been hiding from the public for how

768

00:34:44,389 --> 00:34:42,079

many years

769

00:34:46,149 --> 00:34:44,399

and now they can see me with you on

770

00:34:50,230 --> 00:34:46,159

fates black

771

00:34:53,109 --> 00:34:50,240

did you shave ah i missed i missed a

772

00:34:57,910 --> 00:34:56,149

man man man after all these years and uh

773

00:35:01,430 --> 00:34:57,920

it's uh great to have you back and of

774

00:35:02,870 --> 00:35:01,440

course uh we just did uh conspiracy uh a

775

00:35:05,270 --> 00:35:02,880

couple of months ago

776

00:35:06,790 --> 00:35:05,280

uh something we haven't done in in a

777

00:35:08,230 --> 00:35:06,800

couple of years and

778

00:35:10,390 --> 00:35:08,240

and

779

00:35:12,310 --> 00:35:10,400

the conspiracy thing

780

00:35:14,790 --> 00:35:12,320

um

781

00:35:17,589 --> 00:35:14,800

that was an accident

782

00:35:19,670 --> 00:35:17,599

right and if we go back and and and

783

00:35:21,670 --> 00:35:19,680

think about

784

00:35:23,910 --> 00:35:21,680

how that happened

785

00:35:25,430 --> 00:35:23,920

we were just doing a show

786

00:35:28,390 --> 00:35:25,440

somehow

787

00:35:31,589 --> 00:35:28,400

the conversation you know went went into

788

00:35:32,550 --> 00:35:31,599

another direction and the next thing you

789

00:35:36,470 --> 00:35:32,560

know

790

00:35:38,630 --> 00:35:36,480

this thing was birthed right conspiracy

791

00:35:40,710 --> 00:35:38,640

and i don't know how many

792

00:35:42,829 --> 00:35:40,720

conspiracies we ended up doing over the

793

00:35:44,390 --> 00:35:42,839

years do you have any idea

794

00:35:59,750 --> 00:35:44,400

i

795

00:36:02,150 --> 00:35:59,760

uh you know that's a couple of years

796

00:36:06,470 --> 00:36:02,160

that we did conspiracy

797

00:36:08,630 --> 00:36:06,480

and it it it it took off it get it was

798

00:36:12,550 --> 00:36:08,640

on its own journey

799

00:36:15,190 --> 00:36:12,560

and uh the pipes and and the rating

800

00:36:17,190 --> 00:36:15,200

system and and how much the

801
00:36:20,069 --> 00:36:17,200
the audience enjoyed the show and this

802
00:36:21,990 --> 00:36:20,079
is the this was the insane part uh for

803
00:36:25,190 --> 00:36:22,000
me jason

804
00:36:29,270 --> 00:36:25,200
we never ran out of material

805
00:36:34,470 --> 00:36:32,310
well what people don't know is that

806
00:36:36,870 --> 00:36:34,480
off air we would always talk about

807
00:36:39,589 --> 00:36:36,880
different conspiracies right right and

808
00:36:40,550 --> 00:36:39,599
we'd always say oh this is [h__h]

809
00:36:42,630 --> 00:36:40,560
sorry

810
00:36:44,790 --> 00:36:42,640
this is not good and then this is you

811
00:36:45,829 --> 00:36:44,800
know comes from here and there

812
00:36:47,349 --> 00:36:45,839
and

813
00:36:49,109 --> 00:36:47,359

uh we're like you know why aren't we

814

00:36:50,470 --> 00:36:49,119

talking about this

815

00:36:51,990 --> 00:36:50,480

on air

816

00:36:53,829 --> 00:36:52,000

um

817

00:36:56,390 --> 00:36:53,839

but this is just the way we were so it

818

00:36:57,990 --> 00:36:56,400

was like taking our our conversations

819

00:37:00,470 --> 00:36:58,000

that were off fair and putting them on

820

00:37:02,790 --> 00:37:00,480

air which i found quite amusing and i

821

00:37:05,270 --> 00:37:02,800

feel everybody else did as well you know

822

00:37:07,190 --> 00:37:05,280

and this is uh you know the funny part

823

00:37:08,550 --> 00:37:07,200

about that and i'm glad you bring this

824

00:37:10,550 --> 00:37:08,560

up because

825

00:37:13,109 --> 00:37:10,560

uh this is for the audience they need to

826

00:37:14,950 --> 00:37:13,119

understand jason and i would get you

827

00:37:17,750 --> 00:37:14,960

know get into these conversations and go

828

00:37:19,990 --> 00:37:17,760

wait wait wait stop stop

829

00:37:20,870 --> 00:37:20,000

let's just talk about this on the air

830

00:37:23,190 --> 00:37:20,880

let's

831

00:37:25,670 --> 00:37:23,200

stop right there

832

00:37:27,990 --> 00:37:25,680

and that's how we we handled it we had

833

00:37:29,750 --> 00:37:28,000

you know so we had these little

834

00:37:32,390 --> 00:37:29,760

uh what do you what do you want to call

835

00:37:34,710 --> 00:37:32,400

bullet points right and and that was it

836

00:37:37,750 --> 00:37:34,720

and then we left everything else

837

00:37:39,829 --> 00:37:37,760

uh for the show and it was it was

838

00:37:41,670 --> 00:37:39,839

awesome man and we're gonna continue

839

00:37:45,349 --> 00:37:41,680

doing it everybody don't

840

00:37:48,069 --> 00:37:45,359

it it's it's far from over

841

00:37:49,990 --> 00:37:48,079

and you know and here's the thing

842

00:37:51,430 --> 00:37:50,000

um you know tonight we're going to talk

843

00:37:55,270 --> 00:37:51,440

about dreaming

844

00:37:57,589 --> 00:37:55,280

but um i love

845

00:38:00,870 --> 00:37:57,599

a good conspiracy

846

00:38:03,750 --> 00:38:00,880

i really do and this goes back i don't

847

00:38:06,150 --> 00:38:03,760

care about my age you know you hear

848

00:38:07,270 --> 00:38:06,160

these stories and you go what really

849

00:38:10,630 --> 00:38:07,280

what

850

00:38:11,670 --> 00:38:10,640

and and that's it i love that

851
00:38:14,470 --> 00:38:11,680
um

852
00:38:15,349 --> 00:38:14,480
it's it's even crazier

853
00:38:18,790 --> 00:38:15,359
when

854
00:38:21,270 --> 00:38:18,800
elements of a conspiracy are proven

855
00:38:24,230 --> 00:38:21,280
right and and i've been doing this for

856
00:38:25,990 --> 00:38:24,240
40 years i'm 58 i've i've been into

857
00:38:26,790 --> 00:38:26,000
conspiracy

858
00:38:29,510 --> 00:38:26,800
since

859
00:38:30,310 --> 00:38:29,520
you know i was probably eight years old

860
00:38:33,030 --> 00:38:30,320
and

861
00:38:35,109 --> 00:38:33,040
just because a conspiracy isn't true

862
00:38:37,030 --> 00:38:35,119
parts of the conspiracy

863
00:38:39,670 --> 00:38:37,040

that make it sound true actually

864

00:38:41,270 --> 00:38:39,680

happened so there's a lot of truth in

865

00:38:43,430 --> 00:38:41,280

conspiracies that you can actually pick

866

00:38:44,790 --> 00:38:43,440

apart and say actually let's go back in

867

00:38:47,750 --> 00:38:44,800

time because this actually happened

868

00:38:48,550 --> 00:38:47,760

somewhere else somewhere else

869

00:38:50,230 --> 00:38:48,560

yeah

870

00:38:54,870 --> 00:38:50,240

when um

871

00:38:59,109 --> 00:38:54,880

i'm i'm like 21 years old right 22 21

872

00:39:01,109 --> 00:38:59,119

i'm living in pasadena 85 86

873

00:39:04,069 --> 00:39:01,119

right when

874

00:39:05,829 --> 00:39:04,079

the the whole crack cocaine thing is

875

00:39:07,910 --> 00:39:05,839

taking over the country right and

876

00:39:09,589 --> 00:39:07,920

certainly in los angeles it was like a

877

00:39:12,630 --> 00:39:09,599

crazy time

878

00:39:14,470 --> 00:39:12,640

and one of my roommates

879

00:39:17,829 --> 00:39:14,480

said to me

880

00:39:18,950 --> 00:39:17,839

now you got to remember this is almost

881

00:39:20,230 --> 00:39:18,960

40

882

00:39:21,589 --> 00:39:20,240

years ago

883

00:39:23,430 --> 00:39:21,599

okay

884

00:39:26,630 --> 00:39:23,440

and so this is the conversation going

885

00:39:28,710 --> 00:39:26,640

down in my house in in the living room

886

00:39:30,870 --> 00:39:28,720

hey hey jimmy you know uh

887

00:39:32,950 --> 00:39:30,880

uh crack cocaine

888

00:39:35,670 --> 00:39:32,960

was the c.i.a

889

00:39:37,670 --> 00:39:35,680

and the cia brought crack cocaine to los

890

00:39:39,109 --> 00:39:37,680

angeles

891

00:39:42,550 --> 00:39:39,119

and that was

892

00:39:43,349 --> 00:39:42,560

come on man right

893

00:39:46,550 --> 00:39:43,359

and

894

00:39:48,630 --> 00:39:46,560

it was just too much for my brain

895

00:39:51,670 --> 00:39:48,640

to handle

896

00:39:54,550 --> 00:39:51,680

years go by 10 20

897

00:39:57,109 --> 00:39:54,560

30 and then i find out

898

00:40:00,150 --> 00:39:57,119

it was true right

899

00:40:01,190 --> 00:40:00,160

i was like oh my

900

00:40:03,750 --> 00:40:01,200

what

901
00:40:06,950 --> 00:40:03,760
and and it's uh

902
00:40:08,230 --> 00:40:06,960
it it was one of those revelations in my

903
00:40:09,190 --> 00:40:08,240
head

904
00:40:11,750 --> 00:40:09,200
that

905
00:40:14,150 --> 00:40:11,760
and goes back to when i'm a kid when

906
00:40:17,109 --> 00:40:14,160
you're 20 21 years old you're

907
00:40:18,950 --> 00:40:17,119
you're influenced by so many things and

908
00:40:21,030 --> 00:40:18,960
and that mere suggestion of that was

909
00:40:23,750 --> 00:40:21,040
something that stuck to me stuck with me

910
00:40:26,309 --> 00:40:23,760
forever and then i find out

911
00:40:28,309 --> 00:40:26,319
that there were elements to this story

912
00:40:29,589 --> 00:40:28,319
to this conspiracy that was being talked

913
00:40:32,870 --> 00:40:29,599

about

914

00:40:36,150 --> 00:40:32,880

at the street level in in pasadena and

915

00:40:38,309 --> 00:40:36,160

then it turns out that they were right

916

00:40:42,309 --> 00:40:38,319

how crazy is that is that when a

917

00:40:44,550 --> 00:40:42,319

conspiracy really messes with your head

918

00:40:47,190 --> 00:40:44,560

well it just kind of shows you that

919

00:40:48,309 --> 00:40:47,200

there is an element to our society that

920

00:40:49,349 --> 00:40:48,319

is hidden

921

00:40:50,710 --> 00:40:49,359

from us

922

00:40:52,230 --> 00:40:50,720

and

923

00:40:53,750 --> 00:40:52,240

you know i'm as you're talking i'm

924

00:40:56,230 --> 00:40:53,760

trying to figure out what was the first

925

00:40:58,950 --> 00:40:56,240

conspiracy that i heard of and i think

926
00:40:59,910 --> 00:40:58,960
it was the jfk assassination

927
00:41:02,150 --> 00:40:59,920
sure

928
00:41:04,309 --> 00:41:02,160
um obviously i was much

929
00:41:05,670 --> 00:41:04,319
younger when that happens

930
00:41:08,950 --> 00:41:05,680
so um

931
00:41:10,870 --> 00:41:08,960
obviously i wasn't born yet but

932
00:41:13,109 --> 00:41:10,880
uh that kind of got me thinking you know

933
00:41:15,109 --> 00:41:13,119
could that be uh some type of government

934
00:41:18,069 --> 00:41:15,119
conspiracy or cover-up and then you get

935
00:41:19,910 --> 00:41:18,079
into the uh history channel stuff and

936
00:41:22,390 --> 00:41:19,920
and that kind of leads you on this

937
00:41:26,630 --> 00:41:22,400
journey that there is elements in our

938
00:41:29,510 --> 00:41:26,640

world that do conspire behind

939

00:41:32,069 --> 00:41:29,520

the the just conspire against the

940

00:41:34,870 --> 00:41:32,079

general public and

941

00:41:37,510 --> 00:41:34,880

you will never ever know

942

00:41:41,190 --> 00:41:37,520

unless it is leaked out or comes out in

943

00:41:46,790 --> 00:41:44,550

yeah the jfk assassination uh all of

944

00:41:49,510 --> 00:41:46,800

this when i was growing up

945

00:41:52,950 --> 00:41:49,520

i mean that was already you know 10

946

00:41:55,510 --> 00:41:52,960

years after uh you know 1973 i was born

947

00:41:59,510 --> 00:41:55,520

in 63 i was born a month before the

948

00:42:00,950 --> 00:41:59,520

assassination so i was a month old

949

00:42:04,630 --> 00:42:00,960

and

950

00:42:08,150 --> 00:42:04,640

but by 1973 i'm 10 years old

951
00:42:09,990 --> 00:42:08,160
this was a subject of conversation

952
00:42:11,990 --> 00:42:10,000
it was already

953
00:42:14,309 --> 00:42:12,000
well in play

954
00:42:16,870 --> 00:42:14,319
and most of uh

955
00:42:19,190 --> 00:42:16,880
the people that were doing the research

956
00:42:21,510 --> 00:42:19,200
uh into this and and talking about this

957
00:42:23,910 --> 00:42:21,520
in 1973 all lived through it these were

958
00:42:25,990 --> 00:42:23,920
people you know this is only 10 years

959
00:42:28,870 --> 00:42:26,000
after it would be like here we are in

960
00:42:31,430 --> 00:42:28,880
2022 talking about something that

961
00:42:32,710 --> 00:42:31,440
happened in 2012. these are fresh

962
00:42:37,910 --> 00:42:32,720
memories

963
00:42:41,270 --> 00:42:37,920

and that that conspiracy talk about jfk

964

00:42:44,470 --> 00:42:41,280

was already uh soaked in

965

00:42:46,069 --> 00:42:44,480

uh to americana it was a part of us and

966

00:42:48,790 --> 00:42:46,079

i don't think it's ever going to go away

967

00:42:49,750 --> 00:42:48,800

jason i really don't

968

00:42:54,150 --> 00:42:49,760

no

969

00:42:55,670 --> 00:42:54,160

so we will have to do conspiracy 11 and

970

00:42:58,230 --> 00:42:55,680

go over

971

00:43:00,470 --> 00:42:58,240

some of these other things no jason no

972

00:43:02,309 --> 00:43:00,480

we're gonna do conspiracy tonight let's

973

00:43:04,069 --> 00:43:02,319

just okay let's just all right let's

974

00:43:05,990 --> 00:43:04,079

start you got your pipe you got your

975

00:43:07,589 --> 00:43:06,000

pipe

976
00:43:10,069 --> 00:43:07,599
where's the lighter

977
00:43:12,470 --> 00:43:10,079
now um uh

978
00:43:14,230 --> 00:43:12,480
let's uh as we get into this

979
00:43:15,270 --> 00:43:14,240
conversation

980
00:43:16,870 --> 00:43:15,280
um

981
00:43:20,309 --> 00:43:16,880
when

982
00:43:24,069 --> 00:43:20,319
first realize

983
00:43:26,230 --> 00:43:24,079
that dreaming for you was a thing

984
00:43:27,829 --> 00:43:26,240
well i didn't really put too much

985
00:43:30,230 --> 00:43:27,839
importance on it

986
00:43:32,390 --> 00:43:30,240
um until later on in life

987
00:43:33,589 --> 00:43:32,400
um i mean i could recall back to

988
00:43:36,630 --> 00:43:33,599

childhood

989

00:43:38,790 --> 00:43:36,640

uh some very crazy experiences

990

00:43:40,710 --> 00:43:38,800

i would say that growing up in my first

991

00:43:43,430 --> 00:43:40,720

house

992

00:43:44,470 --> 00:43:43,440

it was definitely haunted

993

00:43:46,550 --> 00:43:44,480

and

994

00:43:48,870 --> 00:43:46,560

that affected my dreams

995

00:43:50,230 --> 00:43:48,880

and you will see that like poltergeist

996

00:43:52,069 --> 00:43:50,240

and ghosts

997

00:43:54,309 --> 00:43:52,079

have this type of connection with people

998

00:43:56,630 --> 00:43:54,319

that go to sleep and dream it's like

999

00:43:59,829 --> 00:43:56,640

when the the boogeyman comes out is you

1000

00:44:00,790 --> 00:43:59,839

know when the lights go out

1001
00:44:02,710 --> 00:44:00,800
um

1002
00:44:04,710 --> 00:44:02,720
so i started to have

1003
00:44:08,150 --> 00:44:04,720
very intense experiences with the dream

1004
00:44:10,309 --> 00:44:08,160
world and spirits when i was very young

1005
00:44:12,630 --> 00:44:10,319
living in my first house

1006
00:44:14,950 --> 00:44:12,640
but i didn't really put too much

1007
00:44:16,950 --> 00:44:14,960
importance on it until i would say i was

1008
00:44:20,230 --> 00:44:16,960
in my early 20s

1009
00:44:22,550 --> 00:44:20,240
and it was then when i started to have

1010
00:44:24,790 --> 00:44:22,560
sleep paralysis which is

1011
00:44:26,870 --> 00:44:24,800
quite common with everybody

1012
00:44:29,109 --> 00:44:26,880
i think every person

1013
00:44:30,870 --> 00:44:29,119

on the planet will at least experience

1014

00:44:32,870 --> 00:44:30,880

sleep paralysis once

1015

00:44:34,829 --> 00:44:32,880

in their life

1016

00:44:38,390 --> 00:44:34,839

and that's when

1017

00:44:40,390 --> 00:44:38,400

um basically you wake up

1018

00:44:43,030 --> 00:44:40,400

and your body is frozen

1019

00:44:45,190 --> 00:44:43,040

your mind is completely awake and aware

1020

00:44:47,349 --> 00:44:45,200

but you can't move in the bed

1021

00:44:49,109 --> 00:44:47,359

and this is usually usually accompanied

1022

00:44:51,190 --> 00:44:49,119

by a pressure

1023

00:44:55,910 --> 00:44:51,200

a feeling of somebody or something

1024

00:44:59,270 --> 00:44:57,829

or you can sense something is in the

1025

00:45:01,670 --> 00:44:59,280

room with you

1026
00:45:02,829 --> 00:45:01,680
so it is a quite a

1027
00:45:04,470 --> 00:45:02,839
scary

1028
00:45:08,069 --> 00:45:04,480
experience

1029
00:45:10,230 --> 00:45:08,079
me

1030
00:45:12,069 --> 00:45:10,240
into this whole dream world that i was

1031
00:45:16,230 --> 00:45:12,079
not expecting

1032
00:45:17,750 --> 00:45:16,240
to enter at all i didn't know it existed

1033
00:45:19,990 --> 00:45:17,760
and then it reminded me of all the

1034
00:45:21,829 --> 00:45:20,000
things that happened to me as a child

1035
00:45:26,230 --> 00:45:21,839
and then just the doors

1036
00:45:29,030 --> 00:45:27,589
i uh

1037
00:45:29,990 --> 00:45:29,040
last night

1038
00:45:32,950 --> 00:45:30,000

uh

1039

00:45:35,349 --> 00:45:32,960

i i was just sent a book and

1040

00:45:38,150 --> 00:45:35,359

uh i i don't remember the title of it i

1041

00:45:39,829 --> 00:45:38,160

don't want to mess it up uh but

1042

00:45:41,670 --> 00:45:39,839

maybe on thursday i'll have it in the

1043

00:45:43,030 --> 00:45:41,680

studio and i'll show everybody but

1044

00:45:46,790 --> 00:45:43,040

anyway so i'm in this chapter in this

1045

00:45:48,950 --> 00:45:46,800

book that was specifically talking about

1046

00:45:49,990 --> 00:45:48,960

sleep paralysis

1047

00:45:53,910 --> 00:45:50,000

and

1048

00:45:56,309 --> 00:45:53,920

one of the points that this this is uh

1049

00:45:58,230 --> 00:45:56,319

uh professionals uh wrote this book it

1050

00:46:01,589 --> 00:45:58,240

isn't um uh

1051

00:46:03,829 --> 00:46:01,599

uh what do i want to uh uh you know uh

1052

00:46:06,390 --> 00:46:03,839

from somebody in our community this it's

1053

00:46:08,309 --> 00:46:06,400

not maybe it's an academic book or yeah

1054

00:46:09,990 --> 00:46:08,319

yeah i just said professionals well we

1055

00:46:11,670 --> 00:46:10,000

have professionals in our community too

1056

00:46:13,109 --> 00:46:11,680

that's not what i mean but this is like

1057

00:46:16,230 --> 00:46:13,119

written outside of our community you

1058

00:46:17,430 --> 00:46:16,240

know but one of the points so i'm going

1059

00:46:21,349 --> 00:46:17,440

down

1060

00:46:23,750 --> 00:46:21,359

uh because i had my own only once uh

1061

00:46:24,790 --> 00:46:23,760

a sleep paralysis thing that happened

1062

00:46:27,190 --> 00:46:24,800

with me

1063

00:46:29,109 --> 00:46:27,200

um now let's shelf that for a second

1064

00:46:30,150 --> 00:46:29,119

let's put that over here

1065

00:46:32,470 --> 00:46:30,160

but

1066

00:46:34,550 --> 00:46:32,480

they said that

1067

00:46:37,190 --> 00:46:34,560

everybody

1068

00:46:39,829 --> 00:46:37,200

in the world will experience sleep

1069

00:46:41,910 --> 00:46:39,839

paralysis at least once in their life

1070

00:46:43,349 --> 00:46:41,920

and you just said this i i read this

1071

00:46:46,950 --> 00:46:43,359

last night

1072

00:46:48,550 --> 00:46:46,960

and um and they did say okay so there

1073

00:46:50,550 --> 00:46:48,560

was a couple of other points in this and

1074

00:46:52,470 --> 00:46:50,560

i was going back and thinking about my

1075

00:46:55,270 --> 00:46:52,480

own experience

1076
00:46:57,270 --> 00:46:55,280
that many experience pressure on their

1077
00:46:59,430 --> 00:46:57,280
chest and and difficulty breathing

1078
00:47:03,670 --> 00:46:59,440
something that you just pointed out

1079
00:47:06,230 --> 00:47:03,680
they also said that because of

1080
00:47:07,270 --> 00:47:06,240
the adrenaline rush and the panic that

1081
00:47:09,190 --> 00:47:07,280
happens

1082
00:47:12,230 --> 00:47:09,200
uh with sleep paralysis and they said

1083
00:47:15,270 --> 00:47:12,240
that it lasts anywhere from a few

1084
00:47:19,030 --> 00:47:15,280
seconds to 10 to 15 minutes

1085
00:47:21,589 --> 00:47:19,040
um i'm not okay so anyway that when all

1086
00:47:22,950 --> 00:47:21,599
of this excitement is going on

1087
00:47:25,910 --> 00:47:22,960
that uh

1088
00:47:27,510 --> 00:47:25,920

lights are appearing

1089

00:47:28,630 --> 00:47:27,520

in the room

1090

00:47:31,030 --> 00:47:28,640

and that

1091

00:47:33,109 --> 00:47:31,040

it is real because of what's happening

1092

00:47:35,109 --> 00:47:33,119

inside of your eyeballs right there's

1093

00:47:38,230 --> 00:47:35,119

something that's happening

1094

00:47:41,030 --> 00:47:38,240

and that people see this

1095

00:47:42,549 --> 00:47:41,040

and i found that just absolutely

1096

00:47:44,150 --> 00:47:42,559

fascinating how

1097

00:47:45,589 --> 00:47:44,160

you're going through this panic attack

1098

00:47:47,829 --> 00:47:45,599

right you're going through you're

1099

00:47:49,910 --> 00:47:47,839

difficult to breathe you can't move and

1100

00:47:51,510 --> 00:47:49,920

then all of a sudden that's going up

1101
00:47:52,710 --> 00:47:51,520
it's got to be frightening for most

1102
00:47:55,750 --> 00:47:52,720
people to go through this when they

1103
00:47:58,710 --> 00:47:55,760
don't know what is is is going on

1104
00:48:01,510 --> 00:47:58,720
and if you could imagine

1105
00:48:04,790 --> 00:48:01,520
like you said 10 to 15 minutes a couple

1106
00:48:06,630 --> 00:48:04,800
seconds and 10 to 15 minutes

1107
00:48:08,950 --> 00:48:06,640
when you are stuck in your body and

1108
00:48:11,270 --> 00:48:08,960
you're paralyzed unable to move you

1109
00:48:14,790 --> 00:48:11,280
can't scream for help your body becomes

1110
00:48:17,430 --> 00:48:14,800
your your coffin right you're

1111
00:48:19,270 --> 00:48:17,440
you're screaming in your mind to wake up

1112
00:48:20,870 --> 00:48:19,280
to move a finger to get out of this

1113
00:48:23,030 --> 00:48:20,880

experience

1114

00:48:24,630 --> 00:48:23,040

and you're right the adrenaline the

1115

00:48:26,870 --> 00:48:24,640

panic is

1116

00:48:28,549 --> 00:48:26,880

so much because

1117

00:48:30,710 --> 00:48:28,559

you know how you like you see those

1118

00:48:32,549 --> 00:48:30,720

movies where someone's in a coma

1119

00:48:34,790 --> 00:48:32,559

and you're like man you know are they

1120

00:48:36,630 --> 00:48:34,800

awake do they have consciousness you

1121

00:48:37,829 --> 00:48:36,640

know what is their experience being in a

1122

00:48:39,990 --> 00:48:37,839

coma

1123

00:48:41,190 --> 00:48:40,000

and when you're stuck and locked in your

1124

00:48:45,670 --> 00:48:41,200

body

1125

00:48:48,630 --> 00:48:45,680

you're freaking out like you know am i

1126
00:48:50,150 --> 00:48:48,640
in a coma will i ever wake up i mean it

1127
00:48:53,190 --> 00:48:50,160
it's quite

1128
00:48:56,630 --> 00:48:53,200
terrifying to be in that that experience

1129
00:48:59,750 --> 00:48:56,640
and and normally uh i i had read this

1130
00:49:02,470 --> 00:48:59,760
last night again it kind of

1131
00:49:03,430 --> 00:49:02,480
feels similar to my own experience

1132
00:49:06,630 --> 00:49:03,440
that

1133
00:49:08,309 --> 00:49:06,640
sleep paralysis occurs

1134
00:49:10,230 --> 00:49:08,319
most often

1135
00:49:12,870 --> 00:49:10,240
in the state of

1136
00:49:14,309 --> 00:49:12,880
between deep sleep

1137
00:49:16,790 --> 00:49:14,319
and awake

1138
00:49:19,190 --> 00:49:16,800

that's when it happens so you're coming

1139

00:49:21,430 --> 00:49:19,200

out of a dream right you're you know

1140

00:49:23,109 --> 00:49:21,440

you're in deep sleep and then you're

1141

00:49:27,030 --> 00:49:23,119

you're awake

1142

00:49:29,910 --> 00:49:27,040

and this happens it happens immediately

1143

00:49:32,470 --> 00:49:29,920

uh between the dream state and when you

1144

00:49:34,630 --> 00:49:32,480

are fully awake again a terrifying time

1145

00:49:36,549 --> 00:49:34,640

for this to happen

1146

00:49:39,589 --> 00:49:36,559

exactly and

1147

00:49:40,630 --> 00:49:39,599

the thing with sleep paralysis

1148

00:49:42,829 --> 00:49:40,640

is that

1149

00:49:44,870 --> 00:49:42,839

what they say scientifically is it's a

1150

00:49:46,150 --> 00:49:44,880

mechanism with the brain it's the

1151
00:49:48,150 --> 00:49:46,160
chemistry

1152
00:49:50,710 --> 00:49:48,160
so that when you start dreaming or lucid

1153
00:49:51,750 --> 00:49:50,720
dreaming you don't physically act out

1154
00:49:53,750 --> 00:49:51,760
the dreams

1155
00:49:55,349 --> 00:49:53,760
which i can completely understand is

1156
00:49:57,270 --> 00:49:55,359
logical and

1157
00:49:59,190 --> 00:49:57,280
it would it makes complete sense of

1158
00:50:00,710 --> 00:49:59,200
that's why it's there and that's how it

1159
00:50:01,510 --> 00:50:00,720
operates

1160
00:50:03,030 --> 00:50:01,520
now

1161
00:50:06,069 --> 00:50:03,040
you just said it right there it's in

1162
00:50:08,390 --> 00:50:06,079
between waking and sleep

1163
00:50:09,589 --> 00:50:08,400

and we go on with our lives thinking

1164

00:50:10,549 --> 00:50:09,599

that there's just

1165

00:50:11,510 --> 00:50:10,559

life

1166

00:50:15,430 --> 00:50:11,520

awake

1167

00:50:19,349 --> 00:50:15,440

and sleep sleep we have these two states

1168

00:50:21,190 --> 00:50:19,359

but we do many things in our waking life

1169

00:50:23,510 --> 00:50:21,200

most people don't realize we do many

1170

00:50:25,190 --> 00:50:23,520

things in the sleep world in the dream

1171

00:50:27,349 --> 00:50:25,200

world as well

1172

00:50:31,030 --> 00:50:27,359

so we have this other life and

1173

00:50:33,349 --> 00:50:31,040

i just you know for fun calculated if

1174

00:50:34,870 --> 00:50:33,359

see i i i'm um

1175

00:50:37,109 --> 00:50:34,880

over 40

1176

00:50:39,829 --> 00:50:37,119

or i am 40

1177

00:50:42,069 --> 00:50:39,839

a little over over 40. and i calculated

1178

00:50:43,430 --> 00:50:42,079

if i sleep an average of eight hours a

1179

00:50:46,470 --> 00:50:43,440

night

1180

00:50:48,950 --> 00:50:46,480

already in my life i've spent

1181

00:50:51,109 --> 00:50:48,960

about a hundred and seventeen thousand

1182

00:50:52,790 --> 00:50:51,119

hours of my life

1183

00:50:54,870 --> 00:50:52,800

sleeping

1184

00:50:58,150 --> 00:50:54,880

so that's a huge part

1185

00:51:00,150 --> 00:50:58,160

of anybody's life that we spend with our

1186

00:51:01,990 --> 00:51:00,160

eyes closed sleeping

1187

00:51:04,630 --> 00:51:02,000

but we don't really give it that much

1188

00:51:06,630 --> 00:51:04,640

thought or importance anymore

1189

00:51:08,470 --> 00:51:06,640

ancient times sleep and dreaming was

1190

00:51:10,309 --> 00:51:08,480

extremely important

1191

00:51:12,470 --> 00:51:10,319

today we just kind of go okay i'm tired

1192

00:51:15,430 --> 00:51:12,480

from a long day i'm going to sleep you

1193

00:51:16,630 --> 00:51:15,440

know watch some tv go to sleep

1194

00:51:18,309 --> 00:51:16,640

you know

1195

00:51:20,150 --> 00:51:18,319

but dreaming

1196

00:51:22,470 --> 00:51:20,160

is very important and there's many many

1197

00:51:24,630 --> 00:51:22,480

stages of dreaming

1198

00:51:26,230 --> 00:51:24,640

and like you said the state that's in

1199

00:51:27,510 --> 00:51:26,240

between

1200

00:51:30,069 --> 00:51:27,520

now

1201
00:51:31,109 --> 00:51:30,079
because this started happening a lot

1202
00:51:32,950 --> 00:51:31,119
with me

1203
00:51:34,790 --> 00:51:32,960
as in

1204
00:51:36,549 --> 00:51:34,800
when this when sleep paralysis started

1205
00:51:38,710 --> 00:51:36,559
to happen

1206
00:51:40,630 --> 00:51:38,720
it was an ongoing thing

1207
00:51:42,630 --> 00:51:40,640
so i would have it maybe once every

1208
00:51:44,309 --> 00:51:42,640
couple nights

1209
00:51:45,670 --> 00:51:44,319
and at first it's very terrifying

1210
00:51:47,109 --> 00:51:45,680
because obviously you don't know what's

1211
00:51:48,710 --> 00:51:47,119
going on you don't know what's happening

1212
00:51:51,990 --> 00:51:48,720
to you

1213
00:51:53,589 --> 00:51:52,000

but the more it happens the less fearful

1214

00:51:54,870 --> 00:51:53,599

it becomes and you become more of like

1215

00:51:57,589 --> 00:51:54,880

an observer

1216

00:52:00,710 --> 00:51:57,599

in the mix of this

1217

00:52:01,829 --> 00:52:00,720

and i find that

1218

00:52:04,549 --> 00:52:01,839

there is

1219

00:52:06,630 --> 00:52:04,559

a space if you if you meditate

1220

00:52:07,910 --> 00:52:06,640

you can find this space and what you can

1221

00:52:10,549 --> 00:52:07,920

put yourself

1222

00:52:13,349 --> 00:52:10,559

into sleep paralysis

1223

00:52:15,270 --> 00:52:13,359

and you can be completely awake

1224

00:52:18,549 --> 00:52:15,280

and have this out of body experience

1225

00:52:20,069 --> 00:52:18,559

using the sleep paralysis as

1226
00:52:23,190 --> 00:52:20,079
the mechanism

1227
00:52:25,750 --> 00:52:23,200
for out-of-body experience

1228
00:52:27,109 --> 00:52:25,760
take me through the process

1229
00:52:32,230 --> 00:52:27,119
okay

1230
00:52:33,990 --> 00:52:32,240
is this something that uh i can jump

1231
00:52:35,670 --> 00:52:34,000
into and do this right after the show

1232
00:52:36,950 --> 00:52:35,680
tonight

1233
00:52:39,109 --> 00:52:36,960
um

1234
00:52:40,870 --> 00:52:39,119
or does it take practice

1235
00:52:43,510 --> 00:52:40,880
it takes practice but

1236
00:52:47,109 --> 00:52:43,520
i don't think that it's entirely up to

1237
00:52:48,630 --> 00:52:47,119
us unless we've built that muscle mmm

1238
00:52:50,230 --> 00:52:48,640

gotchu

1239

00:52:52,549 --> 00:52:50,240

um

1240

00:52:55,190 --> 00:52:52,559

because you know

1241

00:52:57,589 --> 00:52:55,200

when we're talking about this experience

1242

00:52:59,109 --> 00:52:57,599

in general uh

1243

00:53:00,950 --> 00:52:59,119

people look at it as like some type of

1244

00:53:02,790 --> 00:53:00,960

superpower like okay i'm gonna leave the

1245

00:53:06,230 --> 00:53:02,800

body and i'm gonna go fly to the moon

1246

00:53:08,549 --> 00:53:06,240

and and have all these experiences

1247

00:53:09,349 --> 00:53:08,559

what you are doing

1248

00:53:11,430 --> 00:53:09,359

is

1249

00:53:15,430 --> 00:53:11,440

when you leave your body

1250

00:53:17,829 --> 00:53:15,440

you are actually um initiating yourself

1251
00:53:20,230 --> 00:53:17,839
into the death process

1252
00:53:24,710 --> 00:53:20,240
okay i don't say that lightly

1253
00:53:28,630 --> 00:53:27,190
in ancient times in initiations and

1254
00:53:33,670 --> 00:53:28,640
rituals

1255
00:53:35,589 --> 00:53:33,680
death while you're living

1256
00:53:37,829 --> 00:53:35,599
and by doing that you're opening the

1257
00:53:40,069 --> 00:53:37,839
door you're understanding the difference

1258
00:53:42,069 --> 00:53:40,079
between life and death

1259
00:53:44,069 --> 00:53:42,079
and you're having this kind of like a

1260
00:53:45,349 --> 00:53:44,079
second awakening you're being birthed

1261
00:53:48,790 --> 00:53:45,359
into spirit

1262
00:53:52,069 --> 00:53:48,800
and this is the out of body experience

1263
00:53:54,470 --> 00:53:52,079

and once you take that step

1264

00:53:56,630 --> 00:53:54,480

things start happening to you all right

1265

00:53:59,109 --> 00:53:56,640

so it's like you're opening a door

1266

00:54:00,549 --> 00:53:59,119

you're opening a piece of knowledge or a

1267

00:54:01,430 --> 00:54:00,559

piece of yourself that you haven't

1268

00:54:02,790 --> 00:54:01,440

really

1269

00:54:04,549 --> 00:54:02,800

done before

1270

00:54:06,390 --> 00:54:04,559

because it's it's like you know when

1271

00:54:07,589 --> 00:54:06,400

you're um

1272

00:54:09,829 --> 00:54:07,599

alive

1273

00:54:11,430 --> 00:54:09,839

it's almost like you're your spirit is

1274

00:54:12,950 --> 00:54:11,440

sleeping

1275

00:54:16,150 --> 00:54:12,960

and then when you go to sleep at night

1276
00:54:17,510 --> 00:54:16,160
and you have an out of body experience

1277
00:54:23,990 --> 00:54:17,520
you

1278
00:54:26,309 --> 00:54:24,000
thing is about how do we awaken the

1279
00:54:28,309 --> 00:54:26,319
spiritual body within us

1280
00:54:29,430 --> 00:54:28,319
while we're still

1281
00:54:31,829 --> 00:54:29,440
alive

1282
00:54:34,069 --> 00:54:31,839
so we have an awakened spirit

1283
00:54:34,870 --> 00:54:34,079
and an awakened conscious life

1284
00:54:36,470 --> 00:54:34,880
so

1285
00:54:38,390 --> 00:54:36,480
most people will have an out of body

1286
00:54:40,789 --> 00:54:38,400
experience

1287
00:54:42,390 --> 00:54:40,799
completely by chance

1288
00:54:44,789 --> 00:54:42,400

i mean it will just happen to them some

1289

00:54:46,789 --> 00:54:44,799

people will do it with a near-death

1290

00:54:48,710 --> 00:54:46,799

experience some people just

1291

00:54:51,349 --> 00:54:48,720

randomly pop out during a dream or

1292

00:54:53,270 --> 00:54:51,359

initiated by some other being

1293

00:54:55,270 --> 00:54:53,280

many people report

1294

00:54:56,950 --> 00:54:55,280

a being being in the bedroom that

1295

00:54:59,349 --> 00:54:56,960

actually causes

1296

00:55:03,750 --> 00:54:59,359

the sleep paralysis it causes the

1297

00:55:06,789 --> 00:55:04,789

but

1298

00:55:09,030 --> 00:55:06,799

there are practical things that you can

1299

00:55:11,589 --> 00:55:09,040

do jimmy that

1300

00:55:13,750 --> 00:55:11,599

could uh you can practice

1301
00:55:16,069 --> 00:55:13,760
to leave your body and i think the best

1302
00:55:16,870 --> 00:55:16,079
thing is just meditation

1303
00:55:20,069 --> 00:55:16,880
by

1304
00:55:21,990 --> 00:55:20,079
calming the mind calming the breathing

1305
00:55:24,069 --> 00:55:22,000
once you start to meditate

1306
00:55:26,069 --> 00:55:24,079
you are

1307
00:55:27,910 --> 00:55:26,079
entering that state between waking and

1308
00:55:30,630 --> 00:55:27,920
dreaming while you're awake and the more

1309
00:55:34,069 --> 00:55:30,640
you do it the more that spiritual body

1310
00:55:36,789 --> 00:55:34,079
that astral body starts to shake loose

1311
00:55:38,950 --> 00:55:36,799
and you're able to kind of push it out

1312
00:55:41,910 --> 00:55:38,960
but you have to feel it

1313
00:55:43,430 --> 00:55:41,920

it's not a mental projection

1314

00:55:45,190 --> 00:55:43,440

you know you can't just think in your

1315

00:55:47,030 --> 00:55:45,200

mind

1316

00:55:49,030 --> 00:55:47,040

i'm going to leave my body and it

1317

00:55:50,630 --> 00:55:49,040

happens

1318

00:55:52,230 --> 00:55:50,640

you have to have the right conditions

1319

00:55:54,549 --> 00:55:52,240

you have to put your body in the right

1320

00:55:56,549 --> 00:55:54,559

conditions and then when you feel the

1321

00:55:59,349 --> 00:55:56,559

body it's it's all about feeling when

1322

00:56:00,829 --> 00:55:59,359

you feel the body isn't that condition

1323

00:56:04,710 --> 00:56:00,839

of paralysis

1324

00:56:05,589 --> 00:56:04,720

between sleeping and awake

1325

00:56:08,150 --> 00:56:05,599

then

1326
00:56:09,670 --> 00:56:08,160
you actually have to start moving

1327
00:56:12,150 --> 00:56:09,680
your astral body

1328
00:56:14,710 --> 00:56:12,160
in your physical body

1329
00:56:17,750 --> 00:56:14,720
because you have two bodies

1330
00:56:20,390 --> 00:56:17,760
that you will and once you start to move

1331
00:56:22,710 --> 00:56:20,400
that other body within you

1332
00:56:24,470 --> 00:56:22,720
you have to literally shake yourself out

1333
00:56:25,510 --> 00:56:24,480
it's almost like you have to kind of

1334
00:56:27,430 --> 00:56:25,520
break

1335
00:56:29,510 --> 00:56:27,440
the shell of the body

1336
00:56:31,589 --> 00:56:29,520
it's like cracking an egg

1337
00:56:33,589 --> 00:56:31,599
okay you have this this

1338
00:56:36,549 --> 00:56:33,599

other body within you

1339

00:56:37,589 --> 00:56:36,559

that you're awakening and growing

1340

00:56:39,670 --> 00:56:37,599

and then

1341

00:56:41,910 --> 00:56:39,680

you have to break that shell which is

1342

00:56:43,589 --> 00:56:41,920

the human body

1343

00:56:46,069 --> 00:56:43,599

and then you come out

1344

00:56:48,150 --> 00:56:46,079

it's it's the best way that i could uh

1345

00:56:51,589 --> 00:56:48,160

describe that

1346

00:56:53,910 --> 00:56:51,599

motion but there is there's many ways

1347

00:56:54,870 --> 00:56:53,920

of doing this

1348

00:56:56,630 --> 00:56:54,880

but

1349

00:56:58,150 --> 00:56:56,640

it all comes down to feeling and

1350

00:57:01,430 --> 00:56:58,160

sensation

1351
00:57:02,950 --> 00:57:01,440
and focusing on the mind on how the body

1352
00:57:04,549 --> 00:57:02,960
is

1353
00:57:06,549 --> 00:57:04,559
going down

1354
00:57:07,750 --> 00:57:06,559
into other levels of sleep or

1355
00:57:09,829 --> 00:57:07,760
consciousness

1356
00:57:13,270 --> 00:57:09,839
and knowing at which level is the level

1357
00:57:15,109 --> 00:57:13,280
where you can awaken the astral body

1358
00:57:16,630 --> 00:57:15,119
when um

1359
00:57:18,230 --> 00:57:16,640
we're going to take a break right here

1360
00:57:19,829 --> 00:57:18,240
of course we can pick up when we come

1361
00:57:21,349 --> 00:57:19,839
back

1362
00:57:24,950 --> 00:57:21,359
at the moment

1363
00:57:26,390 --> 00:57:24,960

that the egg is cracked

1364

00:57:28,870 --> 00:57:26,400

is your

1365

00:57:31,349 --> 00:57:28,880

and i'm and i'm i'm saying this in a

1366

00:57:34,069 --> 00:57:31,359

literal sense

1367

00:57:36,309 --> 00:57:34,079

is your back to

1368

00:57:38,309 --> 00:57:36,319

your body in other words are you turning

1369

00:57:39,270 --> 00:57:38,319

around and looking at yourself

1370

00:57:41,349 --> 00:57:39,280

or

1371

00:57:42,710 --> 00:57:41,359

is this a complete

1372

00:57:45,990 --> 00:57:42,720

forward

1373

00:57:49,190 --> 00:57:47,990

um

1374

00:57:51,190 --> 00:57:49,200

well

1375

00:57:52,829 --> 00:57:51,200

i would say the

1376

00:57:55,589 --> 00:57:52,839

the best

1377

00:57:57,349 --> 00:57:55,599

um when you're laying on your back it's

1378

00:57:58,710 --> 00:57:57,359

the best to leave your body is the

1379

00:58:00,150 --> 00:57:58,720

easiest

1380

00:58:01,589 --> 00:58:00,160

but

1381

00:58:03,829 --> 00:58:01,599

at first

1382

00:58:05,589 --> 00:58:03,839

you can just kind of look around so it

1383

00:58:06,710 --> 00:58:05,599

doesn't matter your position in bed you

1384

00:58:09,109 --> 00:58:06,720

could actually it's almost like you

1385

00:58:10,549 --> 00:58:09,119

haven't you stick your head

1386

00:58:12,069 --> 00:58:10,559

out of your body

1387

00:58:13,990 --> 00:58:12,079

and you can look around it's it's about

1388

00:58:15,510 --> 00:58:14,000

a 360 view

1389

00:58:17,349 --> 00:58:15,520

and you could zoom in and out of things

1390

00:58:20,150 --> 00:58:17,359

so it's almost like a

1391

00:58:22,309 --> 00:58:20,160

a visual projection where your your eyes

1392

00:58:25,510 --> 00:58:22,319

could literally be in the pillows but

1393

00:58:28,069 --> 00:58:25,520

you can visually see around the bedroom

1394

00:58:32,710 --> 00:58:28,079

right right and check things out

1395

00:58:38,950 --> 00:58:34,950

it's all different ways like i've i've

1396

00:58:40,870 --> 00:58:38,960

gone down up sideways horizontally but

1397

00:58:42,789 --> 00:58:40,880

at first the first time it happened when

1398

00:58:44,150 --> 00:58:42,799

that cracking happened it was straight

1399

00:58:46,150 --> 00:58:44,160

vertically up

1400

00:58:46,950 --> 00:58:46,160

where i can see my body laying on the

1401

00:58:49,829 --> 00:58:46,960

bed

1402

00:58:51,270 --> 00:58:49,839

just like in near-death experiences that

1403

00:58:52,789 --> 00:58:51,280

people describe

1404

00:58:56,150 --> 00:58:52,799

right right

1405

00:58:58,710 --> 00:58:56,160

yeah and if uh okay so

1406

00:59:02,309 --> 00:58:58,720

uh i'm looking at the clock if you're on

1407

00:59:05,750 --> 00:59:02,319

your back right and you

1408

00:59:07,589 --> 00:59:05,760

okay so now the back of your head is

1409

00:59:10,470 --> 00:59:07,599

looking at your body

1410

00:59:12,230 --> 00:59:10,480

but if you're on your side

1411

00:59:14,390 --> 00:59:12,240

right what if you you know what i mean

1412

00:59:16,069 --> 00:59:14,400

and and you pull back now you're looking

1413

00:59:18,549 --> 00:59:16,079

at yourself

1414

00:59:21,349 --> 00:59:18,559

so do you realize that

1415

00:59:22,549 --> 00:59:21,359

you are now astral right

1416

00:59:25,109 --> 00:59:22,559

you know what you know where i'm going

1417

00:59:26,789 --> 00:59:25,119

with this like holy crap there there i

1418

00:59:30,630 --> 00:59:26,799

am i'm sleeping

1419

00:59:32,870 --> 00:59:30,640

and i'm up here as opposed to

1420

00:59:34,470 --> 00:59:32,880

if it starts when you're on your back

1421

00:59:36,470 --> 00:59:34,480

and now you're looking

1422

00:59:37,430 --> 00:59:36,480

forward right

1423

00:59:39,270 --> 00:59:37,440

and

1424

00:59:41,349 --> 00:59:39,280

i hope i'm saying this right well the

1425

00:59:43,109 --> 00:59:41,359

thing is like i can't sleep on my back

1426

00:59:45,829 --> 00:59:43,119

i've never been able to sleep on my back

1427

00:59:47,670 --> 00:59:45,839

so i can only sleep on my back i roll

1428

00:59:50,390 --> 00:59:47,680

over maybe

1429

00:59:52,050 --> 00:59:50,400

while i'm sleeping but i have to dude

1430

00:59:54,870 --> 00:59:52,060

i'm like i'm like this

1431

00:59:56,950 --> 00:59:54,880

[Laughter]

1432

00:59:59,190 --> 00:59:56,960

you know it's funny like i did a

1433

01:00:00,870 --> 00:59:59,200

meditation where i'm sleeping with my

1434

01:00:03,109 --> 01:00:00,880

right hand and a fist over my heart and

1435

01:00:04,789 --> 01:00:03,119

my left hand and a fist over my navel

1436

01:00:06,309 --> 01:00:04,799

and i'm breathing and meditating on my

1437

01:00:09,430 --> 01:00:06,319

back sleeping

1438

01:00:12,470 --> 01:00:09,440

and i did uh like it popped myself out

1439

01:00:14,710 --> 01:00:12,480

of my body and i came out like uh like

1440

01:00:16,710 --> 01:00:14,720

the vampire films you know when the

1441

01:00:18,870 --> 01:00:16,720

casket opens and they just kind of stand

1442

01:00:21,109 --> 01:00:18,880

up vertically out of the body

1443

01:00:23,109 --> 01:00:21,119

right right yeah that's what happened to

1444

01:00:25,510 --> 01:00:23,119

me when i was laying on my back doing

1445

01:00:26,710 --> 01:00:25,520

this but i'm use i'm more used to on the

1446

01:00:29,030 --> 01:00:26,720

side

1447

01:00:31,270 --> 01:00:29,040

and then it's like there's this kind of

1448

01:00:34,150 --> 01:00:31,280

like twisting rolling motion to like

1449

01:00:36,470 --> 01:00:34,160

kind of twist and roll out of your body

1450

01:00:38,150 --> 01:00:36,480

from the back or the front

1451

01:00:39,589 --> 01:00:38,160

let's take our break right here this is

1452

01:00:40,710 --> 01:00:39,599

fade to black our guest tonight the one

1453

01:00:43,270 --> 01:00:40,720

and only

1454

01:00:44,390 --> 01:00:43,280

jason quit tonight we're talking about

1455

01:00:46,630 --> 01:00:44,400

astral

1456

01:00:47,430 --> 01:00:46,640

and lucid dreaming we're gonna do all of

1457

01:00:49,430 --> 01:00:47,440

that

1458

01:00:51,270 --> 01:00:49,440

and much more when we come back after

1459

01:00:53,430 --> 01:00:51,280

this short break

1460

01:00:55,430 --> 01:00:53,440

it's fade to black on the game changer

1461

01:00:56,390 --> 01:00:55,440

and x networks i'm your host jimmy

1462

01:00:57,910 --> 01:00:56,400

church

1463

01:01:04,530 --> 01:00:57,920

we'll be right back after this short

1464

01:01:04,540 --> 01:01:20,309

[Music]

1465

01:01:25,920 --> 01:01:22,470

this is fade to black with jimmy church

1466

01:01:27,510 --> 01:01:25,930

on the game changer radio network

1467

01:01:29,910 --> 01:01:27,520

[Music]

1468

01:01:33,349 --> 01:01:29,920

your one million gigawatt paranormal

1469

01:01:35,510 --> 01:01:33,359

powerhouse kumx db

1470

01:01:37,670 --> 01:01:35,520

vx

1471

01:01:39,829 --> 01:01:37,680

this is billy carson founder and ceo of

1472

01:01:41,670 --> 01:01:39,839

forbidden knowledge dot tv forbidden

1473

01:01:43,430 --> 01:01:41,680

knowledge dot tv is the fastest growing

1474

01:01:45,270 --> 01:01:43,440

and one of the most watched networks in

1475

01:01:46,870 --> 01:01:45,280

the world i would like to personally

1476

01:01:49,670 --> 01:01:46,880

invite you to check out our expanding

1477

01:01:51,750 --> 01:01:49,680

library of tv film lectures and special

1478

01:01:53,510 --> 01:01:51,760

presentations forbidden knowledge dot tv

1479

01:01:56,470 --> 01:01:53,520

has over six thousand videos covering

1480

01:01:58,549 --> 01:01:56,480

lost history health ufos spirituality

1481

01:01:59,990 --> 01:01:58,559

and our future we are committed to our

1482

01:02:02,710 --> 01:02:00,000

community and with my personal

1483

01:02:04,710 --> 01:02:02,720

invitation you can right now get your

1484

01:02:06,950 --> 01:02:04,720

free 30-day membership at forbidden

1485

01:02:08,950 --> 01:02:06,960

knowledge dot tv your own library of

1486

01:02:13,589 --> 01:02:08,960

information starts today at forbidden

1487

01:02:17,829 --> 01:02:15,750

because you never got that pony you

1488

01:02:19,510 --> 01:02:17,839

always wanted

1489

01:02:21,910 --> 01:02:19,520

damn it

1490

01:02:24,789 --> 01:02:21,920

jimmy church and fade to black on the

1491

01:02:27,990 --> 01:02:24,799

game changer network

1492

01:02:30,390 --> 01:02:28,000

listen i know and you know that you've

1493

01:02:32,630 --> 01:02:30,400

always wanted your first crystal skull

1494

01:02:34,710 --> 01:02:32,640

or maybe you're a collector just like me

1495

01:02:36,549 --> 01:02:34,720

but you just don't know where to go to

1496

01:02:39,270 --> 01:02:36,559

find the real thing

1497

01:02:41,190 --> 01:02:39,280

then i met carolyn ford over at einstein

1498

01:02:43,670 --> 01:02:41,200

the crystalskull.com

1499

01:02:45,670 --> 01:02:43,680

carolyn is the guardian of einstein one

1500

01:02:48,150 --> 01:02:45,680

of the most respected ancient crystal

1501

01:02:49,990 --> 01:02:48,160

skulls in the world all of her unique

1502

01:02:52,309 --> 01:02:50,000

skulls have been imprinted sitting with

1503

01:02:54,309 --> 01:02:52,319

einstein in his sacred lodge and are

1504

01:02:57,029 --> 01:02:54,319

carved from the finest gemstone and

1505

01:02:59,029 --> 01:02:57,039

materials imprinting is the process of

1506

01:03:02,630 --> 01:02:59,039

receiving the ancient wisdom from the

1507

01:03:05,029 --> 01:03:02,640

master skull or master computer einstein

1508

01:03:06,789 --> 01:03:05,039

the ancient crystal skull to see

1509

01:03:09,510 --> 01:03:06,799

carolyn's current collection of crystal

1510

01:03:11,910 --> 01:03:09,520

skulls just visit her store at einstein

1511

01:03:14,470 --> 01:03:11,920

the crystal skull.com click on the

1512

01:03:17,029 --> 01:03:14,480

banner over on our site don't forget to

1513

01:03:19,750 --> 01:03:17,039

use the promo code jimmy at checkout to

1514

01:03:22,789 --> 01:03:19,760

receive 10 off of your order today

1515

01:03:25,670 --> 01:03:22,799

that's promo code jimmy finding your

1516

01:03:29,190 --> 01:03:25,680

first or next crystal skull is easy just

1517

01:03:32,150 --> 01:03:29,200

visit einstein the crystal skull.com

1518

01:03:33,670 --> 01:03:32,160

hi race hobbes with the x obviously if

1519

01:03:35,990 --> 01:03:33,680

you're listening to this you have an

1520

01:03:39,349 --> 01:03:36,000

interest in unexplained phenomena like

1521

01:03:41,670 --> 01:03:39,359

ghosts bigfoot and ufos and by now you

1522

01:03:44,789 --> 01:03:41,680

know that we have our own ex-blog the

1523

01:03:46,630 --> 01:03:44,799

next newsletter and the annex magazine

1524

01:03:48,549 --> 01:03:46,640

quarterly but most of you don't know

1525

01:03:50,710 --> 01:03:48,559

that we have started our very own

1526

01:03:53,029 --> 01:03:50,720

paranormal conference and this year for

1527

01:03:54,950 --> 01:03:53,039

safety this two-day ex-con will be

1528

01:03:57,190 --> 01:03:54,960

virtual so you can attend from the

1529

01:03:59,510 --> 01:03:57,200

comfort of your home ex-con presenters

1530

01:04:02,069 --> 01:03:59,520

include whitley strieber micah hanks

1531

01:04:04,390 --> 01:04:02,079

margie k and preston dennett lisa martin

1532

01:04:07,670 --> 01:04:04,400

and wayne lawrence lee spiegel debbie

1533

01:04:10,710 --> 01:04:07,680

zagelmeyer dan terry kate gravoski and

1534

01:04:12,390 --> 01:04:10,720

ray hernandez there will also be a live

1535

01:04:15,029 --> 01:04:12,400

paranormal investigation by the

1536

01:04:17,349 --> 01:04:15,039

riverside iowa paranormal team so come

1537

01:04:20,390 --> 01:04:17,359

hang out with us in the safety of home

1538

01:04:23,829 --> 01:04:20,400

as we set out to explain the unexplained

1539

01:04:27,630 --> 01:04:23,839

friday may 13th and saturday the 14th

1540

01:04:29,029 --> 01:04:27,640

2022 and tickets are on sale now go to

1541

01:04:32,100 --> 01:04:29,039

nxnetwork.com that's

1542

01:04:32,110 --> 01:04:41,430

[Music]

1543

01:04:45,190 --> 01:04:43,349

hi this is ray sobs here repping the

1544

01:04:48,570 --> 01:04:45,200

planet and you're listening to my good

1545

01:04:49,750 --> 01:04:48,580

friend jimmy church fade to black

1546

01:04:51,990 --> 01:04:49,760

[Music]

1547

01:04:54,069 --> 01:04:52,000

this is toby kebble you're listening to

1548

01:04:57,029 --> 01:04:54,079

jimmychurchradio.com

1549

01:04:59,349 --> 01:04:57,039

don't hurt me jimmy i'm only little hey

1550

01:05:04,549 --> 01:04:59,359

i'm adrian grenier and this is ari gold

1551

01:05:08,549 --> 01:05:06,950

hey i'm adrian grenier and i'm ari gold

1552

01:05:10,789 --> 01:05:08,559

we're the honey brothers

1553

01:05:12,390 --> 01:05:10,799

and you're listening to jimmy church a

1554

01:05:14,069 --> 01:05:12,400

revolution

1555

01:05:15,990 --> 01:05:14,079

this is jimmy church of fade to black

1556

01:05:18,390 --> 01:05:16,000

and you can become an official fate or

1557

01:05:19,270 --> 01:05:18,400

not by just going to our membership

1558

01:05:22,630 --> 01:05:19,280

section

1559

01:05:26,950 --> 01:05:24,630

hello this is serena wright taylor from

1560

01:05:29,349 --> 01:05:26,960

conscious life expo and you're listening

1561

01:05:31,670 --> 01:05:29,359

to fade to black with jimmy church who

1562

01:05:35,270 --> 01:05:31,680

holds the lucky pony record for the best

1563

01:05:37,109 --> 01:05:35,280

astrological chart since 1963. true

1564

01:05:38,789 --> 01:05:37,119

story

1565

01:05:40,470 --> 01:05:38,799

this is micah hanks of the ghrelian

1566

01:05:45,940 --> 01:05:40,480

report and you're listening to jimmy

1567

01:06:05,510 --> 01:05:58,840

[Music]

1568

01:06:07,510 --> 01:06:05,520

welcome back fade to black i'm here with

1569

01:06:10,190 --> 01:06:07,520

jimmy church tonight jason quit is with

1570

01:06:15,430 --> 01:06:12,630

thecrystalsun.com the links for jason's

1571

01:06:16,789 --> 01:06:15,440

website are over at jimmychurchradio.com

1572

01:06:19,029 --> 01:06:16,799

and uh

1573

01:06:23,190 --> 01:06:19,039

now tonight we're discussing

1574

01:06:24,630 --> 01:06:23,200

astral and lucid dreaming and uh right

1575

01:06:27,510 --> 01:06:24,640

now we're talking about the astral side

1576

01:06:30,630 --> 01:06:27,520
of things jason when you

1577

01:06:35,349 --> 01:06:30,640
how much control do you have

1578

01:06:38,470 --> 01:06:37,190
it's a really good question

1579

01:06:41,829 --> 01:06:38,480
for me

1580

01:06:43,109 --> 01:06:41,839
um it takes a lot to hold awareness and

1581

01:06:45,270 --> 01:06:43,119
consciousness

1582

01:06:47,270 --> 01:06:45,280
in that place

1583

01:06:49,510 --> 01:06:47,280
so um

1584

01:06:51,029 --> 01:06:49,520
i would say that

1585

01:06:53,270 --> 01:06:51,039
you as

1586

01:06:55,349 --> 01:06:53,280
your identity so me as jason when i

1587

01:06:58,549 --> 01:06:55,359
leave my body

1588

01:07:00,470 --> 01:06:58,559

if i'm forcing myself out i'm completely

1589

01:07:02,470 --> 01:07:00,480

in control of that process

1590

01:07:04,309 --> 01:07:02,480

so i could feel the body going to sleep

1591

01:07:05,750 --> 01:07:04,319

i feel the paralysis

1592

01:07:06,950 --> 01:07:05,760

i pop out

1593

01:07:09,109 --> 01:07:06,960

and then

1594

01:07:11,190 --> 01:07:09,119

the moment i want to start exploring

1595

01:07:13,349 --> 01:07:11,200

it's almost like something else takes

1596

01:07:15,270 --> 01:07:13,359

over and then you're

1597

01:07:18,309 --> 01:07:15,280

just an observer

1598

01:07:21,430 --> 01:07:18,319

along for the journey

1599

01:07:22,549 --> 01:07:21,440

all right it i've i've tried many times

1600

01:07:25,029 --> 01:07:22,559

to

1601
01:07:26,829 --> 01:07:25,039
control the experience

1602
01:07:29,990 --> 01:07:26,839
and once i tried to take control of the

1603
01:07:32,150 --> 01:07:30,000
experience i don't get very far

1604
01:07:34,710 --> 01:07:32,160
so the best thing for me in these

1605
01:07:36,789 --> 01:07:34,720
experiences is to just turn my mind off

1606
01:07:39,430 --> 01:07:36,799
and allow

1607
01:07:41,670 --> 01:07:39,440
my spirit or the astral body to take

1608
01:07:44,710 --> 01:07:41,680
over because this is its domain it's not

1609
01:07:47,109 --> 01:07:44,720
jason's domain jason knows nothing about

1610
01:07:48,470 --> 01:07:47,119
what any of this is what the laws are

1611
01:07:50,630 --> 01:07:48,480
where to go

1612
01:07:51,670 --> 01:07:50,640
and i feel like

1613
01:07:54,710 --> 01:07:51,680

even

1614

01:07:57,270 --> 01:07:54,720

if we're not aware of it we leave

1615

01:07:59,349 --> 01:07:57,280

every single night when we go to sleep

1616

01:08:01,910 --> 01:07:59,359

every single person on earth

1617

01:08:04,069 --> 01:08:01,920

leaves their body at night it it all

1618

01:08:05,349 --> 01:08:04,079

comes down to the awareness

1619

01:08:06,870 --> 01:08:05,359

of

1620

01:08:08,549 --> 01:08:06,880

do you remember where you go do you

1621

01:08:10,470 --> 01:08:08,559

remember

1622

01:08:12,069 --> 01:08:10,480

the process

1623

01:08:13,670 --> 01:08:12,079

in which it occurred

1624

01:08:16,309 --> 01:08:13,680

so for me

1625

01:08:17,910 --> 01:08:16,319

um once i start to control

1626

01:08:20,470 --> 01:08:17,920

it's almost like it's over so i have to

1627

01:08:22,309 --> 01:08:20,480

be kind of put in a

1628

01:08:24,550 --> 01:08:22,319

meditative mind state where i try to

1629

01:08:27,590 --> 01:08:24,560

shut off my mind completely

1630

01:08:28,709 --> 01:08:27,600

and just try to prolong the experience

1631

01:08:31,189 --> 01:08:28,719

as long

1632

01:08:34,149 --> 01:08:31,199

as possible and to see how far in the

1633

01:08:35,990 --> 01:08:34,159

astral world i will get to

1634

01:08:39,510 --> 01:08:36,000

so by

1635

01:08:44,070 --> 01:08:39,520

trying to dictate the process

1636

01:08:45,349 --> 01:08:44,080

you distort this space-time continuum

1637

01:08:46,550 --> 01:08:45,359

and

1638

01:08:49,030 --> 01:08:46,560

that's

1639

01:08:50,470 --> 01:08:49,040

uh your your

1640

01:08:52,709 --> 01:08:50,480

your

1641

01:08:55,269 --> 01:08:52,719

it's a natural process this is nature

1642

01:08:57,910 --> 01:08:55,279

right this is a this is the universe and

1643

01:08:59,910 --> 01:08:57,920

if you try to you

1644

01:09:03,189 --> 01:08:59,920

right you break the circuit

1645

01:09:05,669 --> 01:09:03,199

right and and then suddenly it's over

1646

01:09:07,430 --> 01:09:05,679

because you try to take control

1647

01:09:08,470 --> 01:09:07,440

yeah it's almost like with lucid

1648

01:09:12,470 --> 01:09:08,480

dreaming

1649

01:09:15,430 --> 01:09:12,480

and you start to

1650

01:09:17,510 --> 01:09:15,440

kind of freak out in happiness that now

1651

01:09:19,110 --> 01:09:17,520

you can do anything you want

1652

01:09:21,590 --> 01:09:19,120

and the moment you get so excited in

1653

01:09:23,110 --> 01:09:21,600

that dream that you know you're dreaming

1654

01:09:25,990 --> 01:09:23,120

suddenly you just wake up and you're

1655

01:09:26,789 --> 01:09:26,000

like oh man that was over way too quick

1656

01:09:33,590 --> 01:09:26,799

well

1657

01:09:36,950 --> 01:09:33,600

all right let's get ahead of our st skis

1658

01:09:38,630 --> 01:09:36,960

on the astral side of things yes

1659

01:09:41,990 --> 01:09:38,640

um

1660

01:09:44,470 --> 01:09:42,000

when as as you're being led

1661

01:09:46,149 --> 01:09:44,480

right and and and you're you're relaxed

1662

01:09:47,269 --> 01:09:46,159

and you're allowing the process to

1663

01:09:49,829 --> 01:09:47,279

happen

1664

01:09:51,269 --> 01:09:49,839

um do you stay

1665

01:09:55,830 --> 01:09:51,279

in

1666

01:10:00,950 --> 01:09:55,840

no

1667

01:10:02,630 --> 01:10:00,960

of your body you have left

1668

01:10:05,270 --> 01:10:02,640

time space

1669

01:10:06,870 --> 01:10:05,280

all right it's completely different

1670

01:10:10,630 --> 01:10:06,880

in this place

1671

01:10:15,189 --> 01:10:10,640

and i like to call it a stage because

1672

01:10:18,630 --> 01:10:16,550

you jump

1673

01:10:21,110 --> 01:10:18,640

not only uh through time and space so

1674

01:10:22,149 --> 01:10:21,120

you can go to the past or the future

1675

01:10:23,669 --> 01:10:22,159

but

1676
01:10:25,030 --> 01:10:23,679
it seems like you go through different

1677
01:10:27,430 --> 01:10:25,040
dimensions

1678
01:10:31,270 --> 01:10:27,440
and different parallel

1679
01:10:32,950 --> 01:10:31,280
worlds or alien worlds as well

1680
01:10:35,270 --> 01:10:32,960
and

1681
01:10:37,189 --> 01:10:35,280
it just there's like these automatic

1682
01:10:38,790 --> 01:10:37,199
jumps

1683
01:10:40,630 --> 01:10:38,800
there's portals where you can travel

1684
01:10:42,950 --> 01:10:40,640
through to get to these places but some

1685
01:10:44,550 --> 01:10:42,960
of them are just instantaneously

1686
01:10:46,870 --> 01:10:44,560
changing the scenes

1687
01:10:48,630 --> 01:10:46,880
so think of it like a um

1688
01:10:50,709 --> 01:10:48,640

a holodeck

1689

01:10:53,189 --> 01:10:50,719

from star trek

1690

01:10:54,790 --> 01:10:53,199

you know so suddenly you're in

1691

01:10:56,950 --> 01:10:54,800

the bedroom

1692

01:10:59,590 --> 01:10:56,960

and within an instant you can be

1693

01:11:02,390 --> 01:10:59,600

standing on a beach

1694

01:11:05,110 --> 01:11:02,400

and experiencing something

1695

01:11:06,950 --> 01:11:05,120

so it's it's this instant jumping

1696

01:11:11,110 --> 01:11:06,960

but when it comes to

1697

01:11:18,790 --> 01:11:12,630

you

1698

01:11:21,750 --> 01:11:18,800

and

1699

01:11:29,510 --> 01:11:26,070

8 out of 9 10 or 8 out of 10 times a

1700

01:11:31,830 --> 01:11:29,520

portal will open up in the environment

1701

01:11:33,350 --> 01:11:31,840

and this looks like um

1702

01:11:36,229 --> 01:11:33,360

just like a portal from the movies it's

1703

01:11:38,950 --> 01:11:36,239

just like this black shadow

1704

01:11:42,310 --> 01:11:38,960

and they're not very big

1705

01:11:43,669 --> 01:11:42,320

i've seen them you know as small as this

1706

01:11:45,510 --> 01:11:43,679

to

1707

01:11:47,750 --> 01:11:45,520

maybe two feet

1708

01:11:51,030 --> 01:11:47,760

you know they're not that big

1709

01:11:53,510 --> 01:11:51,040

and it feels like a magnetic pull

1710

01:11:55,189 --> 01:11:53,520

like you can't fight the force of it

1711

01:11:56,310 --> 01:11:55,199

there's this magnetic

1712

01:12:01,189 --> 01:11:56,320

pull

1713

01:12:02,229 --> 01:12:01,199

and it's it it's exactly the same as

1714

01:12:04,229 --> 01:12:02,239

what people

1715

01:12:06,149 --> 01:12:04,239

talk about in your death experiences

1716

01:12:08,550 --> 01:12:06,159

they get pulled into this tunnel and you

1717

01:12:11,590 --> 01:12:08,560

can see a light at the end of the tunnel

1718

01:12:12,709 --> 01:12:11,600

and you're flying through this tunnel

1719

01:12:15,990 --> 01:12:12,719

and

1720

01:12:19,350 --> 01:12:16,000

i could describe the inside of it

1721

01:12:22,310 --> 01:12:19,360

you know when you have static on a tv

1722

01:12:25,590 --> 01:12:22,320

sure okay if you did a negative of the

1723

01:12:28,550 --> 01:12:25,600

static so it's like black static

1724

01:12:30,630 --> 01:12:28,560

and it sounds like white noise so you

1725

01:12:33,669 --> 01:12:30,640

have the white noise and it's and it

1726

01:12:36,149 --> 01:12:33,679

feels or the sensation would be

1727

01:12:37,510 --> 01:12:36,159

of the sound is like wind blowing past

1728

01:12:39,030 --> 01:12:37,520

your ears even though you don't have

1729

01:12:41,110 --> 01:12:39,040

ears

1730

01:12:43,430 --> 01:12:41,120

that's what it's like this intense wind

1731

01:12:46,229 --> 01:12:43,440

sound blowing by your ears with this

1732

01:12:47,590 --> 01:12:46,239

white static white noise

1733

01:12:49,110 --> 01:12:47,600

occurring

1734

01:12:51,830 --> 01:12:49,120

and then you come out the other end of

1735

01:12:53,430 --> 01:12:51,840

this portal and you end up in

1736

01:12:55,750 --> 01:12:53,440

wherever you end up

1737

01:12:57,189 --> 01:12:55,760

most of the time it's in space so you

1738

01:12:59,350 --> 01:12:57,199

see the stars

1739

01:13:00,310 --> 01:12:59,360

so it's like you're flying among the

1740

01:13:01,750 --> 01:13:00,320

stars

1741

01:13:04,390 --> 01:13:01,760

and i think that's

1742

01:13:06,310 --> 01:13:04,400

why they call it the astral body astras

1743

01:13:08,630 --> 01:13:06,320

and star body

1744

01:13:10,870 --> 01:13:08,640

so you're flying through the stars

1745

01:13:11,750 --> 01:13:10,880

right and you go into other planets or

1746

01:13:15,189 --> 01:13:11,760

other

1747

01:13:20,310 --> 01:13:17,189

i personally feel

1748

01:13:22,470 --> 01:13:20,320

and this is from my own experiences

1749

01:13:25,270 --> 01:13:22,480

is that we live

1750

01:13:27,350 --> 01:13:25,280

in multiple places at once

1751
01:13:30,070 --> 01:13:27,360
and we share or have multiple

1752
01:13:31,750 --> 01:13:30,080
experiences with our

1753
01:13:34,310 --> 01:13:31,760
essence

1754
01:13:37,830 --> 01:13:34,320
our consciousness our bodies

1755
01:13:40,550 --> 01:13:37,840
and when we go to sleep here

1756
01:13:42,790 --> 01:13:40,560
our astral body or soul body or whatever

1757
01:13:44,630 --> 01:13:42,800
you want to call it will actually jump

1758
01:13:45,669 --> 01:13:44,640
into other bodies and other places in

1759
01:13:47,750 --> 01:13:45,679
time

1760
01:13:50,950 --> 01:13:47,760
and have experiences there

1761
01:13:55,990 --> 01:13:54,310
is there ever a moment where

1762
01:13:58,830 --> 01:13:56,000
you're in a place that you don't want to

1763
01:14:02,790 --> 01:14:00,790

um

1764

01:14:05,110 --> 01:14:02,800

well

1765

01:14:06,470 --> 01:14:05,120

i have been dropped off in very violent

1766

01:14:09,189 --> 01:14:06,480

places

1767

01:14:10,790 --> 01:14:09,199

which is not fun

1768

01:14:12,310 --> 01:14:10,800

um

1769

01:14:15,110 --> 01:14:12,320

and that started to happen to me even

1770

01:14:16,950 --> 01:14:15,120

when i was a child

1771

01:14:19,430 --> 01:14:16,960

where i'd

1772

01:14:22,709 --> 01:14:19,440

i would call it let's say

1773

01:14:25,510 --> 01:14:22,719

a reliving or a reenactment or

1774

01:14:27,110 --> 01:14:25,520

maybe i was even reliving it

1775

01:14:29,030 --> 01:14:27,120

again and again or it's happening

1776

01:14:31,189 --> 01:14:29,040

simultaneously

1777

01:14:32,950 --> 01:14:31,199

i think it's possible that we live

1778

01:14:35,270 --> 01:14:32,960

simultaneous lives because there's no

1779

01:14:38,550 --> 01:14:35,280

such thing as time or space

1780

01:14:40,390 --> 01:14:38,560

and all experiences happening

1781

01:14:41,990 --> 01:14:40,400

right now

1782

01:14:43,669 --> 01:14:42,000

um

1783

01:14:47,990 --> 01:14:43,679

but

1784

01:14:50,310 --> 01:14:48,000

when you're a child and then you get

1785

01:14:52,870 --> 01:14:50,320

dropped off in like war zones where you

1786

01:14:54,390 --> 01:14:52,880

see certain things

1787

01:14:56,149 --> 01:14:54,400

all i can tell you it's not like the

1788

01:14:57,910 --> 01:14:56,159

movies

1789

01:14:59,669 --> 01:14:57,920

all right it's much worse

1790

01:15:01,270 --> 01:14:59,679

than the movies

1791

01:15:02,709 --> 01:15:01,280

can you

1792

01:15:05,030 --> 01:15:02,719

so

1793

01:15:06,950 --> 01:15:05,040

can you turn it off

1794

01:15:08,950 --> 01:15:06,960

okay so we talked about this earlier

1795

01:15:11,510 --> 01:15:08,960

right where if you try to control the

1796

01:15:13,830 --> 01:15:11,520

situation you you've shut down the

1797

01:15:15,830 --> 01:15:13,840

space-time continuum you've disrupted

1798

01:15:18,709 --> 01:15:15,840

the universe whatever it may be

1799

01:15:20,709 --> 01:15:18,719

and this experience stops

1800

01:15:21,910 --> 01:15:20,719

could you do you you know you're dropped

1801

01:15:26,229 --> 01:15:21,920

off on

1802

01:15:28,149 --> 01:15:26,239

you know some alien planet that where

1803

01:15:30,310 --> 01:15:28,159

people are being eaten by strange

1804

01:15:31,510 --> 01:15:30,320

creatures or whatever you know what if

1805

01:15:33,830 --> 01:15:31,520

you're like man

1806

01:15:38,630 --> 01:15:33,840

this isn't what i want to do can you

1807

01:15:40,950 --> 01:15:39,510

um

1808

01:15:43,189 --> 01:15:40,960

there has been

1809

01:15:45,430 --> 01:15:43,199

experiences where

1810

01:15:47,990 --> 01:15:45,440

i've woken up

1811

01:15:49,270 --> 01:15:48,000

in other bodies

1812

01:15:52,310 --> 01:15:49,280

so it's like

1813

01:15:54,630 --> 01:15:52,320

i'll leave from the astral body and i'll

1814

01:15:56,790 --> 01:15:54,640

go into another body which i would say

1815

01:15:58,790 --> 01:15:56,800

is is another version of myself

1816

01:16:00,709 --> 01:15:58,800

somewhere else

1817

01:16:03,350 --> 01:16:00,719

and there was one case

1818

01:16:05,750 --> 01:16:03,360

that really stuck out

1819

01:16:08,310 --> 01:16:05,760

was i was dropped off

1820

01:16:09,430 --> 01:16:08,320

and i was in a school

1821

01:16:11,350 --> 01:16:09,440

so it's like

1822

01:16:17,430 --> 01:16:11,360

jason

1823

01:16:20,470 --> 01:16:17,440

small child who was sitting in school

1824

01:16:23,350 --> 01:16:20,480

and it's like i became fully aware in

1825

01:16:24,790 --> 01:16:23,360

this body it's like waking up in a body

1826

01:16:27,669 --> 01:16:24,800

right

1827

01:16:30,149 --> 01:16:27,679

and i was so

1828

01:16:32,229 --> 01:16:30,159

ecstatic that um

1829

01:16:35,270 --> 01:16:32,239

i was having this experience that i was

1830

01:16:37,270 --> 01:16:35,280

this little kid that i didn't care that

1831

01:16:39,750 --> 01:16:37,280

i was disrupting the classroom i just

1832

01:16:42,470 --> 01:16:39,760

was turning around to the other children

1833

01:16:45,830 --> 01:16:42,480

asking them where we were what's my name

1834

01:16:49,189 --> 01:16:47,189

everybody just kind of stared at me

1835

01:16:52,390 --> 01:16:49,199

really strangely

1836

01:16:54,709 --> 01:16:52,400

and i said okay i'm wasting my time here

1837

01:16:56,229 --> 01:16:54,719

and i ran out of the class and all i

1838

01:16:58,310 --> 01:16:56,239

could think of was

1839

01:17:00,470 --> 01:16:58,320

i have to find the library i have to see

1840

01:17:05,189 --> 01:17:00,480

some type of books i need to know where

1841

01:17:07,669 --> 01:17:05,199

i am and then i got yanked out

1842

01:17:10,470 --> 01:17:07,679

and taken right back and put in my my

1843

01:17:13,189 --> 01:17:10,480

own body weight and then i woke up here

1844

01:17:15,189 --> 01:17:13,199

because you wanted to go to the library

1845

01:17:17,910 --> 01:17:15,199

i think i did i think i disrupted i

1846

01:17:20,229 --> 01:17:17,920

think i disrupted somebody else's life

1847

01:17:21,030 --> 01:17:20,239

yeah very interesting and

1848

01:17:24,950 --> 01:17:21,040

now

1849

01:17:28,149 --> 01:17:24,960

did you have this astral experience as

1850

01:17:30,470 --> 01:17:28,159

an adult living as a child

1851

01:17:32,630 --> 01:17:30,480

or did you have this experience as a

1852

01:17:36,709 --> 01:17:32,640

child as a child no i had this

1853

01:17:40,550 --> 01:17:36,719

experience um probably in my late 20s

1854

01:17:42,709 --> 01:17:40,560

as a child wow and then i was taken and

1855

01:17:44,950 --> 01:17:42,719

my consciousness was placed

1856

01:17:46,310 --> 01:17:44,960

in this child

1857

01:17:48,790 --> 01:17:46,320

so i had that

1858

01:17:51,990 --> 01:17:48,800

very strange experience

1859

01:17:56,630 --> 01:17:54,709

that was that was a very rare

1860

01:17:58,470 --> 01:17:56,640

occurrence usually

1861

01:18:00,470 --> 01:17:58,480

i would if i would go to observe

1862

01:18:04,070 --> 01:18:00,480

something it's almost like you can go

1863

01:18:05,590 --> 01:18:04,080

and observe through somebody's eyes

1864

01:18:08,709 --> 01:18:05,600

or observe

1865

01:18:11,189 --> 01:18:08,719

above the scene of what's going on

1866

01:18:13,590 --> 01:18:11,199

but never able to really change or

1867

01:18:16,390 --> 01:18:13,600

interact or do anything of that nature

1868

01:18:18,149 --> 01:18:16,400

no do you ever have um

1869

01:18:20,470 --> 01:18:18,159

somebody

1870

01:18:25,030 --> 01:18:23,270

lead you through this or guide you

1871

01:18:26,470 --> 01:18:25,040

through it or is this always an

1872

01:18:28,390 --> 01:18:26,480

experience that

1873

01:18:31,030 --> 01:18:28,400

you know you're by yourself

1874

01:18:35,270 --> 01:18:31,040

it's always been by myself i've had no

1875

01:18:39,110 --> 01:18:37,350

the astral body itself

1876

01:18:41,750 --> 01:18:39,120

is the teacher

1877

01:18:43,189 --> 01:18:41,760

and there's other beings that accompany

1878

01:18:45,590 --> 01:18:43,199

you

1879

01:18:48,790 --> 01:18:45,600

on these journeys no that's that's my

1880

01:18:50,870 --> 01:18:48,800

question yes yes so there are there are

1881

01:18:52,709 --> 01:18:50,880

well they don't like teach you in a

1882

01:18:55,590 --> 01:18:52,719

sense of teaching you

1883

01:18:58,310 --> 01:18:55,600

it's more like

1884

01:19:01,830 --> 01:18:58,320

knowing through experience

1885

01:19:03,910 --> 01:19:01,840

and they will put you into situations uh

1886

01:19:04,709 --> 01:19:03,920

just like initiations

1887

01:19:07,750 --> 01:19:04,719

where

1888

01:19:09,270 --> 01:19:07,760

you get dropped off or an entity comes

1889

01:19:11,990 --> 01:19:09,280

to you

1890

01:19:14,149 --> 01:19:12,000

and they allow it

1891

01:19:16,870 --> 01:19:14,159

you know they they want to see

1892

01:19:18,229 --> 01:19:16,880

how you react in those situations

1893

01:19:19,990 --> 01:19:18,239

and you have to kind of learn how to

1894

01:19:22,470 --> 01:19:20,000

deal with

1895

01:19:23,590 --> 01:19:22,480

whatever's in these worlds

1896

01:19:25,270 --> 01:19:23,600

and that's the thing that most people

1897

01:19:26,310 --> 01:19:25,280

have to understand is that you're not

1898

01:19:28,070 --> 01:19:26,320

alone

1899

01:19:29,510 --> 01:19:28,080

in these worlds

1900

01:19:31,110 --> 01:19:29,520

all right this

1901

01:19:33,910 --> 01:19:31,120

plane is

1902

01:19:35,910 --> 01:19:33,920

populated by different beings

1903

01:19:38,229 --> 01:19:35,920

and

1904

01:19:40,390 --> 01:19:38,239

to try to put characteristics

1905

01:19:42,630 --> 01:19:40,400

on what they are

1906

01:19:44,790 --> 01:19:42,640

they could be everything from

1907

01:19:48,070 --> 01:19:44,800

thought projections

1908

01:19:50,950 --> 01:19:48,080

thought forms that that humanity even

1909

01:19:53,350 --> 01:19:50,960

yourself have created and fed and built

1910

01:19:54,229 --> 01:19:53,360

into this mental world

1911

01:19:57,110 --> 01:19:54,239

they're

1912

01:19:58,709 --> 01:19:57,120

ancient ancient beings of

1913

01:20:01,510 --> 01:19:58,719

you know what people have believed for

1914

01:20:04,310 --> 01:20:01,520

thousands of years

1915

01:20:06,950 --> 01:20:04,320

different beings inhabit that world

1916

01:20:10,629 --> 01:20:06,960

ghosts spirits

1917

01:20:16,070 --> 01:20:13,750

aliens what people describe as aliens

1918

01:20:17,990 --> 01:20:16,080

so some of the most common aliens that

1919

01:20:19,030 --> 01:20:18,000

people describe i've seen in the astral

1920

01:20:24,229 --> 01:20:19,040

world

1921

01:20:26,229 --> 01:20:24,239

so in in my opinion or my experience

1922

01:20:27,750 --> 01:20:26,239

these things are not

1923

01:20:30,070 --> 01:20:27,760

physically here

1924

01:20:33,669 --> 01:20:30,080

but they can interact through dreams or

1925

01:20:36,470 --> 01:20:33,679

through out-of-body experiences

1926

01:20:38,229 --> 01:20:36,480

so we have to kind of be careful

1927

01:20:41,110 --> 01:20:38,239

once we start venturing into this world

1928

01:20:45,430 --> 01:20:43,750

i would say there is a type of danger

1929

01:20:46,870 --> 01:20:45,440

involved in it

1930

01:20:49,030 --> 01:20:46,880

but then again it is part of this

1931

01:20:51,910 --> 01:20:49,040

initiation process where you need to

1932

01:20:54,629 --> 01:20:51,920

kind of face your fears learn

1933

01:20:55,830 --> 01:20:54,639

uh that these things are connected to

1934

01:21:03,270 --> 01:20:55,840

you

1935

01:21:04,709 --> 01:21:03,280

a lot of inner turmoil

1936

01:21:07,030 --> 01:21:04,719

a lot of uh

1937

01:21:08,310 --> 01:21:07,040

energies of the mental mind of the

1938

01:21:09,990 --> 01:21:08,320

emotions

1939

01:21:11,669 --> 01:21:10,000

it's going to be reflected in these

1940

01:21:14,070 --> 01:21:11,679

spiritual worlds

1941

01:21:16,149 --> 01:21:14,080

so you have to kind of face it knowing

1942

01:21:18,629 --> 01:21:16,159

that these are

1943

01:21:20,950 --> 01:21:18,639

in alignment with your beliefs

1944

01:21:23,910 --> 01:21:20,960

and your attitudes of what you've been

1945

01:21:24,950 --> 01:21:23,920

carrying through this life and others

1946

01:21:28,629 --> 01:21:24,960

is

1947

01:21:30,229 --> 01:21:28,639

are you only playing the part of

1948

01:21:33,750 --> 01:21:30,239

observer

1949

01:21:40,390 --> 01:21:33,760

or are you able to interact and if you

1950

01:21:46,229 --> 01:21:42,870

at this stage when

1951

01:21:48,390 --> 01:21:46,239

let's say an entity comes into the room

1952

01:21:49,750 --> 01:21:48,400

that is what kind of initiates you

1953

01:21:51,750 --> 01:21:49,760

leaving your body

1954

01:21:53,270 --> 01:21:51,760

because you feel this present presence

1955

01:21:55,350 --> 01:21:53,280

walking in

1956

01:21:57,430 --> 01:21:55,360

so you pop out

1957

01:21:58,629 --> 01:21:57,440

and now you are face to face with

1958

01:22:01,030 --> 01:21:58,639

something

1959

01:22:03,350 --> 01:22:01,040

and it usually looks like

1960

01:22:05,990 --> 01:22:03,360

a shadowy mass

1961

01:22:07,030 --> 01:22:06,000

is what it usually looks like

1962

01:22:09,270 --> 01:22:07,040

and

1963

01:22:12,470 --> 01:22:09,280

shape like a body

1964

01:22:14,550 --> 01:22:12,480

and then yes you would interact with it

1965

01:22:16,310 --> 01:22:14,560

um but you can't use you don't have a

1966

01:22:17,990 --> 01:22:16,320

mouth all right you there's nothing that

1967

01:22:19,669 --> 01:22:18,000

will come out of your mouth

1968

01:22:22,229 --> 01:22:19,679

so it is through

1969

01:22:24,790 --> 01:22:22,239

thought projections or telepathy

1970

01:22:26,390 --> 01:22:24,800

and that's how they speak with you as

1971

01:22:29,110 --> 01:22:26,400

well

1972

01:22:31,189 --> 01:22:29,120

and um

1973

01:22:33,189 --> 01:22:31,199

some of these beings

1974

01:22:33,990 --> 01:22:33,199

don't really know how to communicate so

1975

01:22:35,669 --> 01:22:34,000

well

1976

01:22:36,470 --> 01:22:35,679

with you

1977

01:22:37,990 --> 01:22:36,480

so

1978

01:22:39,669 --> 01:22:38,000

you can get kind of visions that are

1979

01:22:42,070 --> 01:22:39,679

more like um

1980

01:22:43,910 --> 01:22:42,080

archetypal visions

1981

01:22:45,830 --> 01:22:43,920

that to try to make you understand what

1982

01:22:48,310 --> 01:22:45,840

they mean

1983

01:22:50,070 --> 01:22:48,320

and the thing that really gets me is

1984

01:22:53,830 --> 01:22:50,080

that a lot of the times

1985

01:22:57,030 --> 01:22:53,840

when beings will use telepathy

1986

01:22:59,590 --> 01:22:57,040

they don't have a unique a unique voice

1987

01:23:01,590 --> 01:22:59,600

so it's they use your own voice so it's

1988

01:23:04,070 --> 01:23:01,600

like i'll hear myself talking to me in

1989

01:23:05,030 --> 01:23:04,080

my head so you'll see the being in the

1990

01:23:07,350 --> 01:23:05,040

room

1991

01:23:10,149 --> 01:23:07,360

but you'll hear through telepathy your

1992

01:23:12,550 --> 01:23:10,159

own voice talking to you

1993

01:23:15,510 --> 01:23:12,560

which is very interesting

1994

01:23:19,110 --> 01:23:15,520

the voice in my head

1995

01:23:21,910 --> 01:23:19,120

and um now

1996

01:23:24,470 --> 01:23:21,920

the other part so let's i'm going to

1997

01:23:26,550 --> 01:23:24,480

speak in hypotheticals here for a second

1998

01:23:28,229 --> 01:23:26,560

uh just freedom of thought

1999

01:23:30,870 --> 01:23:28,239

um

2000

01:23:32,470 --> 01:23:30,880

you asked your travel to a shopping

2001

01:23:37,830 --> 01:23:32,480

center

2002

01:23:40,229 --> 01:23:37,840

there's other people around you

2003

01:23:42,310 --> 01:23:40,239

at that moment i just picked a shopping

2004

01:23:46,229 --> 01:23:42,320

center it could be anywhere but

2005

01:23:47,270 --> 01:23:46,239

shop are they aware of your presence

2006

01:23:51,270 --> 01:23:47,280

no

2007

01:23:54,950 --> 01:23:51,280

and

2008

01:23:56,470 --> 01:23:54,960

i've seen many uh shadow beings

2009

01:23:57,590 --> 01:23:56,480

all right that it's like the astral

2010

01:23:59,830 --> 01:23:57,600

world

2011

01:24:02,149 --> 01:23:59,840

it's like almost exclusively the shadow

2012

01:24:03,750 --> 01:24:02,159

beings

2013

01:24:06,229 --> 01:24:03,760

and

2014

01:24:09,030 --> 01:24:06,239
also when you leave your body

2015

01:24:11,430 --> 01:24:09,040
i believe you look

2016

01:24:14,830 --> 01:24:11,440
in some cases like shadow being

2017

01:24:18,709 --> 01:24:14,840
because i've i've seen

2018

01:24:21,350 --> 01:24:18,719
um and this is also very strange so

2019

01:24:22,390 --> 01:24:21,360
and it could be thought forms as well

2020

01:24:23,750 --> 01:24:22,400
because

2021

01:24:26,390 --> 01:24:23,760
i've seen

2022

01:24:28,229 --> 01:24:26,400
these shadow beings

2023

01:24:29,750 --> 01:24:28,239
come back

2024

01:24:32,149 --> 01:24:29,760
at night

2025

01:24:35,430 --> 01:24:32,159
and they'll come back to the bed and lay

2026

01:24:37,189 --> 01:24:35,440

down on top of me and go inside like

2027

01:24:39,270 --> 01:24:37,199

i'm the home

2028

01:24:41,189 --> 01:24:39,280

you know so i don't know

2029

01:24:44,870 --> 01:24:41,199

where these things go

2030

01:24:47,110 --> 01:24:44,880

or what they do all i know is it's part

2031

01:24:48,390 --> 01:24:47,120

of me and it left

2032

01:24:50,790 --> 01:24:48,400

during

2033

01:24:52,149 --> 01:24:50,800

my dreaming hours and i was aware that

2034

01:24:54,070 --> 01:24:52,159

it came back

2035

01:24:56,470 --> 01:24:54,080

and it went back to me

2036

01:24:59,669 --> 01:24:56,480

and i you know i remember the story of

2037

01:25:01,590 --> 01:24:59,679

uh peter pan you know his shadow just

2038

01:25:03,430 --> 01:25:01,600

had his own life and did whatever the

2039

01:25:04,790 --> 01:25:03,440

shadow wanted to do

2040

01:25:07,270 --> 01:25:04,800

right and

2041

01:25:09,669 --> 01:25:07,280

it's like i've seen that so many times

2042

01:25:11,510 --> 01:25:09,679

in my own journeys that these shadows

2043

01:25:12,870 --> 01:25:11,520

it's like they have no personality they

2044

01:25:15,189 --> 01:25:12,880

don't talk to you

2045

01:25:17,270 --> 01:25:15,199

they don't do anything except they

2046

01:25:19,830 --> 01:25:17,280

just go do whatever they do and then

2047

01:25:21,590 --> 01:25:19,840

they just come back

2048

01:25:23,910 --> 01:25:21,600

with no information no nothing i've

2049

01:25:26,550 --> 01:25:23,920

never gathered any information

2050

01:25:29,270 --> 01:25:26,560

from these type of beings

2051
01:25:31,669 --> 01:25:29,280
when we are

2052
01:25:32,709 --> 01:25:31,679
doing this

2053
01:25:37,510 --> 01:25:32,719
the

2054
01:25:39,830 --> 01:25:37,520
okay let's use that as an example

2055
01:25:41,669 --> 01:25:39,840
that environment you're there

2056
01:25:44,470 --> 01:25:41,679
observing they don't know that you're

2057
01:25:46,390 --> 01:25:44,480
there is that

2058
01:25:48,390 --> 01:25:46,400
a real place

2059
01:25:49,990 --> 01:25:48,400
somewhere else

2060
01:25:52,070 --> 01:25:50,000
is that you know whether it's the

2061
01:25:54,310 --> 01:25:52,080
multiverse or parallel world another

2062
01:25:56,390 --> 01:25:54,320
dimension whatever you want to call it

2063
01:26:01,030 --> 01:25:56,400

but is that

2064

01:26:04,550 --> 01:26:02,709

um

2065

01:26:06,550 --> 01:26:04,560

i would say in some cases it could be

2066

01:26:08,709 --> 01:26:06,560

absolutely a real place

2067

01:26:09,750 --> 01:26:08,719

right right and in some places it could

2068

01:26:12,070 --> 01:26:09,760

be

2069

01:26:15,189 --> 01:26:12,080

some type of

2070

01:26:17,830 --> 01:26:15,199

architect sorry archetypal

2071

01:26:19,910 --> 01:26:17,840

vision that you can be shown to get a

2072

01:26:23,270 --> 01:26:19,920

message to you for

2073

01:26:26,950 --> 01:26:23,280

a hollow deck type of thing okay and

2074

01:26:28,229 --> 01:26:26,960

this is why i'm asking yeah all right

2075

01:26:32,709 --> 01:26:28,239

so

2076

01:26:35,430 --> 01:26:32,719

goes through the food court

2077

01:26:37,270 --> 01:26:35,440

and there's a family eating some food

2078

01:26:39,910 --> 01:26:37,280

and jason quit playing part of the

2079

01:26:40,870 --> 01:26:39,920

observer just kind of walks by

2080

01:26:42,810 --> 01:26:40,880

and

2081

01:26:44,390 --> 01:26:42,820

knocks a cup off the table

2082

01:26:46,709 --> 01:26:44,400

[Music]

2083

01:26:49,510 --> 01:26:46,719

they don't see you do that

2084

01:26:51,910 --> 01:26:49,520

now if that's a real place

2085

01:26:53,990 --> 01:26:51,920

then something paranormal has just

2086

01:26:55,110 --> 01:26:54,000

happened

2087

01:26:56,550 --> 01:26:55,120

and

2088

01:26:57,990 --> 01:26:56,560

you know what i mean because they can't

2089

01:27:02,310 --> 01:26:58,000

see you

2090

01:27:04,870 --> 01:27:02,320

and we if in in this 2d world right and

2091

01:27:05,669 --> 01:27:04,880

i'm sitting in here and suddenly this

2092

01:27:08,070 --> 01:27:05,679

pen

2093

01:27:11,510 --> 01:27:08,080

you know flies through the air

2094

01:27:13,270 --> 01:27:11,520

is that somebody that's astral traveling

2095

01:27:15,590 --> 01:27:13,280

and and goofing around here in the

2096

01:27:16,470 --> 01:27:15,600

bunker

2097

01:27:21,189 --> 01:27:16,480

um

2098

01:27:23,510 --> 01:27:21,199

from different yogis that are able to do

2099

01:27:26,790 --> 01:27:23,520

that or different masters who are able

2100

01:27:29,430 --> 01:27:26,800

to do that i have too but i also want to

2101

01:27:32,870 --> 01:27:29,440

put out another possibility

2102

01:27:38,070 --> 01:27:35,669

sometimes

2103

01:27:41,590 --> 01:27:38,080

the planets the electromagnetic fields

2104

01:27:44,790 --> 01:27:41,600

of the sun the moon the electromagnetic

2105

01:27:47,430 --> 01:27:44,800

electromagnetic fields of the earth

2106

01:27:49,430 --> 01:27:47,440

sometimes there will be a shift in that

2107

01:27:50,310 --> 01:27:49,440

magnetic field

2108

01:27:51,910 --> 01:27:50,320

and

2109

01:27:54,229 --> 01:27:51,920

possibly

2110

01:27:56,310 --> 01:27:54,239

people that have lived

2111

01:27:58,470 --> 01:27:56,320

maybe hundreds of years ago in that same

2112

01:28:00,629 --> 01:27:58,480

location as you

2113

01:28:05,270 --> 01:28:00,639

somehow get

2114

01:28:09,830 --> 01:28:08,149

um very short amount of time

2115

01:28:12,390 --> 01:28:09,840

so it's almost like you can see an

2116

01:28:13,669 --> 01:28:12,400

apparition of somebody standing there

2117

01:28:15,510 --> 01:28:13,679

and then they're gone and then you can

2118

01:28:17,590 --> 01:28:15,520

say well was that a ghost was that

2119

01:28:18,470 --> 01:28:17,600

something it could have been somebody

2120

01:28:21,110 --> 01:28:18,480

living

2121

01:28:23,990 --> 01:28:21,120

that had this kind of momentary shift

2122

01:28:25,510 --> 01:28:24,000

into our perception and us into their

2123

01:28:28,550 --> 01:28:25,520

perception

2124

01:28:32,390 --> 01:28:28,560

um through time and space

2125

01:28:34,470 --> 01:28:32,400

so i've heard many reports

2126
01:28:36,550 --> 01:28:34,480
of you know people let's say looking

2127
01:28:39,270 --> 01:28:36,560
across the lake

2128
01:28:41,189 --> 01:28:39,280
and seeing like a ghost boat

2129
01:28:42,550 --> 01:28:41,199
you know something from a very long time

2130
01:28:43,669 --> 01:28:42,560
ago

2131
01:28:45,430 --> 01:28:43,679
or

2132
01:28:46,950 --> 01:28:45,440
a cemetery

2133
01:28:50,070 --> 01:28:46,960
that looked brand new and then they

2134
01:28:51,669 --> 01:28:50,080
looked back and there was no cemetery

2135
01:28:53,350 --> 01:28:51,679
you know so

2136
01:28:55,030 --> 01:28:53,360
there are these kind of shifts in the

2137
01:28:58,790 --> 01:28:55,040
electromagnetic field that kind of

2138
01:29:02,070 --> 01:28:58,800

reveal another time

2139

01:29:03,110 --> 01:29:02,080

where there could be an interaction

2140

01:29:07,030 --> 01:29:03,120

but

2141

01:29:11,030 --> 01:29:08,470

i've never

2142

01:29:13,270 --> 01:29:11,040

experienced me doing what you're

2143

01:29:14,790 --> 01:29:13,280

suggesting as like hitting over a cup i

2144

01:29:18,229 --> 01:29:14,800

don't think i've ever been able to do

2145

01:29:19,910 --> 01:29:18,239

that as an astral body

2146

01:29:23,110 --> 01:29:19,920

i don't think it could happen i don't

2147

01:29:25,110 --> 01:29:23,120

know i've heard stories but i don't know

2148

01:29:26,870 --> 01:29:25,120

but when it comes to ghosts or

2149

01:29:29,350 --> 01:29:26,880

poltergeists

2150

01:29:32,149 --> 01:29:29,360

i really think the magnetic fields or

2151
01:29:35,510 --> 01:29:32,159
the psychic energy of that place or even

2152
01:29:37,270 --> 01:29:35,520
the people that are in that place

2153
01:29:39,030 --> 01:29:37,280
they can use that energy field to

2154
01:29:41,669 --> 01:29:39,040
manifest stronger

2155
01:29:44,709 --> 01:29:41,679
in the physical world to move things or

2156
01:29:47,510 --> 01:29:44,719
to cause something happening

2157
01:29:49,590 --> 01:29:47,520
it would come with practice

2158
01:29:52,870 --> 01:29:49,600
jason quits going to go stop knocking

2159
01:29:55,430 --> 01:29:52,880
over cups tomorrow this is fate to black

2160
01:29:57,270 --> 01:29:55,440
i am your host jimmy church

2161
01:29:59,350 --> 01:29:57,280
more with jason

2162
01:30:00,950 --> 01:29:59,360
astral and lucid dreaming

2163
01:30:07,080 --> 01:30:00,960

right after this short break stay with

2164

01:30:21,430 --> 01:30:18,229

[Music]

2165

01:30:23,570 --> 01:30:21,440

way out here we listen to jimmy church

2166

01:30:26,229 --> 01:30:23,580

you're listening to fade to black

2167

01:30:28,390 --> 01:30:26,239

[Applause]

2168

01:30:29,910 --> 01:30:28,400

you're listening to jimmy church and

2169

01:30:35,010 --> 01:30:29,920

fade to black

2170

01:30:35,020 --> 01:30:41,189

[Applause]

2171

01:30:41,199 --> 01:30:44,470

radio

2172

01:30:44,480 --> 01:30:48,310

[Music]

2173

01:30:54,629 --> 01:30:50,149

this is jimmy church of fade to black

2174

01:30:57,350 --> 01:30:54,639

and this year june 18th 2022

2175

01:30:59,910 --> 01:30:57,360

the disclosure fest foundation presents

2176

01:31:03,510 --> 01:30:59,920

the mass meditation initiative it's

2177

01:31:06,070 --> 01:31:03,520

saturday june 18th from 10 a.m to 10 p.m

2178

01:31:08,550 --> 01:31:06,080

one day only at the los angeles state

2179

01:31:11,669 --> 01:31:08,560

historic park in downtown los angeles

2180

01:31:14,070 --> 01:31:11,679

california right next to chinatown i'm

2181

01:31:17,350 --> 01:31:14,080

hosting the event again this year with

2182

01:31:20,790 --> 01:31:17,360

music performances by trevor hall the

2183

01:31:24,070 --> 01:31:20,800

desert dwellers poor on key and many

2184

01:31:27,990 --> 01:31:24,080

many more on four separate stages

2185

01:31:30,950 --> 01:31:28,000

there's 16 stages in total over 30 acres

2186

01:31:33,350 --> 01:31:30,960

in downtown los angeles with vendors and

2187

01:31:35,590 --> 01:31:33,360

tents and presentations and workshops

2188

01:31:37,910 --> 01:31:35,600

with billy carson adam apollo lori

2189

01:31:40,390 --> 01:31:37,920

spania laura eisenhower brattles and

2190

01:31:41,990 --> 01:31:40,400

david palmer and many many more it's all

2191

01:31:44,070 --> 01:31:42,000

simple to do just go to

2192

01:31:46,149 --> 01:31:44,080

disclosurefest.org

2193

01:31:48,629 --> 01:31:46,159

for all of your tickets information and

2194

01:31:49,750 --> 01:31:48,639

the full schedule of the day's events

2195

01:31:52,100 --> 01:31:49,760

again

2196

01:31:56,149 --> 01:31:52,110

disclosurefast.org

2197

01:31:58,310 --> 01:31:56,159

[Music]

2198

01:32:00,950 --> 01:31:58,320

do you want to be an official fate or

2199

01:32:03,189 --> 01:32:00,960

not of course you do this is jimmy

2200

01:32:04,470 --> 01:32:03,199

churchill fade to black just go to our

2201

01:32:06,950 --> 01:32:04,480

membership section at

2202

01:32:08,950 --> 01:32:06,960

jimmychurchradio.com

2203

01:32:10,790 --> 01:32:08,960

vader knots when you think about the

2204

01:32:12,709 --> 01:32:10,800

future of our country and where we're

2205

01:32:15,750 --> 01:32:12,719

headed do you wonder about the food

2206

01:32:17,910 --> 01:32:15,760

supply i do disruptions in the food

2207

01:32:20,709 --> 01:32:17,920

supply chain could be disastrous and

2208

01:32:22,709 --> 01:32:20,719

they usually occur with little warning

2209

01:32:25,750 --> 01:32:22,719

that's why the smartest thing you can do

2210

01:32:28,709 --> 01:32:25,760

today is to stockpile emergency food

2211

01:32:31,510 --> 01:32:28,719

water and other essentials i personally

2212

01:32:33,830 --> 01:32:31,520

recommend my patriot supply they're the

2213

01:32:36,390 --> 01:32:33,840

nation's largest emergency preparedness

2214

01:32:38,870 --> 01:32:36,400

company serving millions of customers

2215

01:32:41,510 --> 01:32:38,880

for more than a decade in fact they're

2216

01:32:44,629 --> 01:32:41,520

the only source my family trusts for our

2217

01:32:47,270 --> 01:32:44,639

preparedness plan you should too right

2218

01:32:49,110 --> 01:32:47,280

now save twenty percent off a full four

2219

01:32:51,830 --> 01:32:49,120

week supply of delicious meals that

2220

01:32:53,990 --> 01:32:51,840

provide two thousand calories a day

2221

01:32:57,350 --> 01:32:54,000

saving twenty percent helps too doesn't

2222

01:33:00,470 --> 01:32:57,360

it especially now so go to prepare with

2223

01:33:04,149 --> 01:33:00,480

jimmy.com and get ready that's prepare

2224

01:33:06,629 --> 01:33:04,159

with jimmy.com there's no time to lose

2225

01:33:09,750 --> 01:33:06,639

do it now

2226

01:33:11,910 --> 01:33:09,760

so you love talk radio then you'll love

2227

01:33:15,110 --> 01:33:11,920

talkstreamlive.com

2228

01:33:17,270 --> 01:33:15,120

talk stream live is always on 24 7 with

2229

01:33:19,270 --> 01:33:17,280

the best streaming talk shows find your

2230

01:33:22,070 --> 01:33:19,280

favorite talkers and discover some new

2231

01:33:24,229 --> 01:33:22,080

ones it's free readily available online

2232

01:33:26,310 --> 01:33:24,239

or on mobile with any smartphone or

2233

01:33:28,870 --> 01:33:26,320

tablet finding your favorite talk shows

2234

01:33:30,669 --> 01:33:28,880

all in one place has gotten a whole lot

2235

01:33:32,790 --> 01:33:30,679

easier just go to

2236

01:33:35,030 --> 01:33:32,800

talkstreamlive.com be sure to download

2237

01:33:37,990 --> 01:33:35,040

the free apps from google play or the

2238

01:33:41,189 --> 01:33:38,000

itunes app store

2239

01:33:43,070 --> 01:33:41,199

you listen to us and we listen to you

2240

01:33:47,270 --> 01:33:43,080

and so does the cia

2241

01:33:49,350 --> 01:33:47,280

[Music]

2242

01:33:54,149 --> 01:33:49,360

you are listening to fate to black with

2243

01:33:59,590 --> 01:33:56,629

hi i'm rhys evans you're listening to

2244

01:34:02,390 --> 01:33:59,600

jimmy church this is revolution the

2245

01:34:05,669 --> 01:34:02,400

revolution will not be televised the

2246

01:34:08,680 --> 01:34:05,679

revolution is on radio

2247

01:34:40,570 --> 01:34:37,030

[Music]

2248

01:34:49,430 --> 01:34:41,330

[Applause]

2249

01:34:51,270 --> 01:34:49,440

[Music]

2250

01:34:53,109 --> 01:34:51,280

welcome back fade to black i am your

2251
01:34:55,430 --> 01:34:53,119
host jimmy search tonight jason quit is

2252
01:34:58,550 --> 01:34:55,440
with us we're talking about astro

2253
01:35:01,750 --> 01:34:58,560
and lucid dreaming tonight this is one

2254
01:35:03,990 --> 01:35:01,760
of my favorite subjects we all dream

2255
01:35:06,550 --> 01:35:04,000
and uh you know it was funny last night

2256
01:35:09,109 --> 01:35:06,560
and jason um and he brought this up

2257
01:35:10,149 --> 01:35:09,119
earlier today the robot dog dream and i

2258
01:35:12,709 --> 01:35:10,159
made this

2259
01:35:14,790 --> 01:35:12,719
kind of offhanded comment last night in

2260
01:35:16,629 --> 01:35:14,800
that you know what people want to tell

2261
01:35:18,310 --> 01:35:16,639
you about your dreams

2262
01:35:19,109 --> 01:35:18,320
but most people don't want to hear about

2263
01:35:21,830 --> 01:35:19,119

it

2264

01:35:24,310 --> 01:35:21,840

they're just like oh man

2265

01:35:26,950 --> 01:35:24,320

you know and and that's why i was just a

2266

01:35:30,950 --> 01:35:26,960

little reticent you know to to talk

2267

01:35:32,070 --> 01:35:30,960

about this this uh this crazy dream and

2268

01:35:33,109 --> 01:35:32,080

now

2269

01:35:35,430 --> 01:35:33,119

is

2270

01:35:37,669 --> 01:35:35,440

what i went through

2271

01:35:40,790 --> 01:35:37,679

is that what you would call a lucid

2272

01:35:43,990 --> 01:35:40,800

dream i would call it a nightmare but

2273

01:35:46,790 --> 01:35:44,000

is or is a lucid dream a nightmare it is

2274

01:35:50,310 --> 01:35:46,800

it which is different from

2275

01:35:51,830 --> 01:35:50,320

an astral uh dream in astral projection

2276

01:35:53,510 --> 01:35:51,840

so what is the difference what is a

2277

01:35:58,790 --> 01:35:53,520

lucid dream

2278

01:36:01,030 --> 01:35:58,800

is when you're having a dream it could

2279

01:36:02,790 --> 01:36:01,040

be a normal dream but then it becomes

2280

01:36:06,870 --> 01:36:02,800

more vivid

2281

01:36:09,189 --> 01:36:06,880

realize

2282

01:36:10,709 --> 01:36:09,199

that this is a dream so it's almost like

2283

01:36:13,990 --> 01:36:10,719

you wake up

2284

01:36:15,669 --> 01:36:14,000

as jimmy in the dream and now you can

2285

01:36:16,790 --> 01:36:15,679

take over the dream and do whatever you

2286

01:36:19,109 --> 01:36:16,800

want

2287

01:36:20,790 --> 01:36:19,119

you know so it's almost like you're

2288

01:36:22,709 --> 01:36:20,800

a witness in the dream like you're just

2289

01:36:25,030 --> 01:36:22,719

going through the dream and suddenly you

2290

01:36:27,350 --> 01:36:25,040

realize wait i'm dreaming

2291

01:36:29,990 --> 01:36:27,360

and then you go away from the script and

2292

01:36:32,390 --> 01:36:30,000

then you take over

2293

01:36:34,070 --> 01:36:32,400

which is a lot of fun for most people

2294

01:36:36,070 --> 01:36:34,080

and

2295

01:36:39,270 --> 01:36:36,080

usually what happens is the person gets

2296

01:36:40,629 --> 01:36:39,280

really excited that they're in control

2297

01:36:42,070 --> 01:36:40,639

and

2298

01:36:44,229 --> 01:36:42,080

it's like you know if it's the dream

2299

01:36:46,470 --> 01:36:44,239

world you can do whatever you want or

2300

01:36:47,350 --> 01:36:46,480

manifest anything you want so you start

2301
01:36:50,229 --> 01:36:47,360
kind of

2302
01:36:52,629 --> 01:36:50,239
trying to do all those things

2303
01:36:54,870 --> 01:36:52,639
and usually once you get excited that

2304
01:36:57,910 --> 01:36:54,880
you're doing it you get yanked back and

2305
01:36:59,990 --> 01:36:57,920
wake up or go back to another dream

2306
01:37:02,709 --> 01:37:00,000
and just a regular dream is i would say

2307
01:37:06,550 --> 01:37:02,719
it's the subconscious mind picking up

2308
01:37:08,870 --> 01:37:06,560
pieces of your day and processing it um

2309
01:37:10,870 --> 01:37:08,880
and then when the dream is really vivid

2310
01:37:13,830 --> 01:37:10,880
that you wake up and remember

2311
01:37:16,229 --> 01:37:13,840
it's usually um the subconscious or the

2312
01:37:19,510 --> 01:37:16,239
higher spiritual

2313
01:37:22,149 --> 01:37:19,520

essence of who you are trying to deliver

2314

01:37:23,669 --> 01:37:22,159

a teaching a learning something with

2315

01:37:27,030 --> 01:37:23,679

archetypes

2316

01:37:29,750 --> 01:37:27,040

or even straight messaging you may get a

2317

01:37:31,750 --> 01:37:29,760

visionary message in your dream

2318

01:37:34,149 --> 01:37:31,760

so that's the difference between

2319

01:37:35,350 --> 01:37:34,159

regular dream messaging processing

2320

01:37:40,870 --> 01:37:35,360

dreaming

2321

01:37:43,510 --> 01:37:40,880

before i even

2322

01:37:46,149 --> 01:37:43,520

understood what lucid dreaming was and

2323

01:37:49,750 --> 01:37:46,159

that like this was a thing

2324

01:37:51,669 --> 01:37:49,760

i had developed over the years

2325

01:37:54,070 --> 01:37:51,679

uh and this has been going on for a long

2326

01:37:55,510 --> 01:37:54,080

time for me probably 20 or 30 years

2327

01:37:57,830 --> 01:37:55,520

i was

2328

01:38:00,149 --> 01:37:57,840

able to i learned

2329

01:38:03,750 --> 01:38:00,159

that i could control my dreams i could

2330

01:38:05,270 --> 01:38:03,760

pick my dreams before i go to bed i'm

2331

01:38:06,149 --> 01:38:05,280

like you know what tonight i'm going to

2332

01:38:08,870 --> 01:38:06,159

go

2333

01:38:10,310 --> 01:38:08,880

here and i would be you know over and

2334

01:38:12,950 --> 01:38:10,320

over again

2335

01:38:16,950 --> 01:38:12,960

uh go into these dreams and start and

2336

01:38:18,629 --> 01:38:16,960

and and this is how this was my

2337

01:38:20,149 --> 01:38:18,639

technique i'm going to share this with

2338

01:38:22,070 --> 01:38:20,159

you

2339

01:38:24,229 --> 01:38:22,080

and i may have discussed this with the

2340

01:38:26,709 --> 01:38:24,239

audience before

2341

01:38:28,790 --> 01:38:26,719

i've talked about this live publicly

2342

01:38:32,629 --> 01:38:28,800

this is how

2343

01:38:36,229 --> 01:38:32,639

i force myself to sleep

2344

01:38:38,790 --> 01:38:36,239

i'm i i close my eyes i'm walking and in

2345

01:38:40,070 --> 01:38:38,800

the distance is a house

2346

01:38:42,709 --> 01:38:40,080

and in

2347

01:38:44,870 --> 01:38:42,719

my case it's always a one-story house i

2348

01:38:48,229 --> 01:38:44,880

don't i can't explain that part but

2349

01:38:49,990 --> 01:38:48,239

that's what it's developed into brick

2350

01:38:52,470 --> 01:38:50,000

you know one story brick house on the

2351
01:38:54,229 --> 01:38:52,480
side of the house is a window

2352
01:38:57,030 --> 01:38:54,239
and i

2353
01:38:59,590 --> 01:38:57,040
walk up to the house

2354
01:39:02,550 --> 01:38:59,600
and i climb through the window windows

2355
01:39:10,830 --> 01:39:03,830
when i

2356
01:39:13,910 --> 01:39:10,840
enter the

2357
01:39:15,669 --> 01:39:13,920
window i'm sleeping

2358
01:39:17,109 --> 01:39:15,679
now before

2359
01:39:19,270 --> 01:39:17,119
uh

2360
01:39:20,470 --> 01:39:19,280
i do this process

2361
01:39:22,950 --> 01:39:20,480
i know

2362
01:39:25,270 --> 01:39:22,960
where i want to go

2363
01:39:26,950 --> 01:39:25,280

okay there's a specific i'm not going to

2364

01:39:28,950 --> 01:39:26,960

get into that

2365

01:39:31,830 --> 01:39:28,960

but there are specific you know dreams

2366

01:39:33,669 --> 01:39:31,840

that i like to repeat so i know where i

2367

01:39:37,109 --> 01:39:33,679

want to go when i climb through that one

2368

01:39:40,470 --> 01:39:37,119

when i make it through when i finally do

2369

01:39:43,669 --> 01:39:40,480

i'm exactly where i want to go

2370

01:39:46,390 --> 01:39:43,679

i developed this on my own

2371

01:39:49,910 --> 01:39:46,400

it does this sound like something that

2372

01:39:52,629 --> 01:39:49,920

other people do a similar process

2373

01:39:55,510 --> 01:39:52,639

to to control your lucid dreams what do

2374

01:39:56,870 --> 01:39:55,520

you do that's what i do

2375

01:39:59,350 --> 01:39:56,880

um for me

2376

01:40:01,350 --> 01:39:59,360

i i've never tried to control it always

2377

01:40:03,189 --> 01:40:01,360

just kind of happens spontaneously but

2378

01:40:05,189 --> 01:40:03,199

what you're describing

2379

01:40:08,470 --> 01:40:05,199

it's uh it's actually like a

2380

01:40:09,990 --> 01:40:08,480

self-meditation self-hypnosis

2381

01:40:12,790 --> 01:40:10,000

and it's that sounds actually quite

2382

01:40:15,830 --> 01:40:12,800

advanced that you can do this

2383

01:40:18,470 --> 01:40:15,840

uh most people

2384

01:40:21,350 --> 01:40:18,480

don't even remember their dreams

2385

01:40:23,350 --> 01:40:21,360

you know for so for you to even

2386

01:40:25,430 --> 01:40:23,360

take that journey and it does sound like

2387

01:40:26,390 --> 01:40:25,440

a shamanic journey

2388

01:40:28,149 --> 01:40:26,400

when

2389

01:40:29,350 --> 01:40:28,159

you're doing a healing or a journey with

2390

01:40:30,709 --> 01:40:29,360

people

2391

01:40:31,750 --> 01:40:30,719

what you do is you tell them to close

2392

01:40:34,149 --> 01:40:31,760

their eyes

2393

01:40:35,510 --> 01:40:34,159

and you could pick different

2394

01:40:38,470 --> 01:40:35,520

methods you know let's say if you're

2395

01:40:40,870 --> 01:40:38,480

doing let's say uh native americans

2396

01:40:43,590 --> 01:40:40,880

uh you say okay you're in you're in the

2397

01:40:45,270 --> 01:40:43,600

tp with the fire and you know you're

2398

01:40:47,590 --> 01:40:45,280

following the smoke

2399

01:40:49,510 --> 01:40:47,600

up into through the teepee and once you

2400

01:40:50,390 --> 01:40:49,520

get the smoke out the top of the teepee

2401

01:40:52,790 --> 01:40:50,400

it's your

2402

01:40:55,030 --> 01:40:52,800

your spirit is with the smoke and now

2403

01:40:56,790 --> 01:40:55,040

you can travel and where you go to the

2404

01:40:58,550 --> 01:40:56,800

upper world

2405

01:41:00,390 --> 01:40:58,560

or the other technique is you're you're

2406

01:41:02,390 --> 01:41:00,400

sitting under a tree so see yourself

2407

01:41:06,709 --> 01:41:02,400

sitting under a tree

2408

01:41:08,709 --> 01:41:06,719

and you basically become the tree and

2409

01:41:11,270 --> 01:41:08,719

the tree itself pulls you out of the

2410

01:41:12,950 --> 01:41:11,280

body and takes you on that journey to

2411

01:41:14,870 --> 01:41:12,960

the upper world

2412

01:41:19,189 --> 01:41:14,880

so the technique that you're describing

2413

01:41:24,229 --> 01:41:20,709

what's your process

2414

01:41:26,149 --> 01:41:24,239

my process is actually um

2415

01:41:28,709 --> 01:41:26,159

completely zoning out

2416

01:41:30,550 --> 01:41:28,719

so i try to let go of everything

2417

01:41:32,870 --> 01:41:30,560

slow my breathing down

2418

01:41:35,270 --> 01:41:32,880

uh in let's say a lying meditation so

2419

01:41:36,550 --> 01:41:35,280

i'll be lying in the bed

2420

01:41:39,510 --> 01:41:36,560

um

2421

01:41:41,669 --> 01:41:39,520

and i like to put my hands on my body so

2422

01:41:43,030 --> 01:41:41,679

i can feel the heat start to build up in

2423

01:41:45,510 --> 01:41:43,040

the body

2424

01:41:48,390 --> 01:41:45,520

and that relaxes every muscle

2425

01:41:50,070 --> 01:41:48,400

and tension in my body and

2426

01:41:52,470 --> 01:41:50,080

anytime

2427

01:41:55,030 --> 01:41:52,480

a thought will come up for me i'll just

2428

01:41:57,189 --> 01:41:55,040

let it leave let it process out of the

2429

01:41:59,669 --> 01:41:57,199

body

2430

01:42:01,430 --> 01:41:59,679

and then that's usually when i

2431

01:42:03,590 --> 01:42:01,440

just end up

2432

01:42:05,990 --> 01:42:03,600

in a place or a dream

2433

01:42:08,870 --> 01:42:06,000

where then i could navigate it or it's a

2434

01:42:11,350 --> 01:42:08,880

lucid type dream

2435

01:42:14,310 --> 01:42:11,360

and i also want to say

2436

01:42:16,070 --> 01:42:14,320

in ancient times in many cultures the

2437

01:42:20,149 --> 01:42:16,080

dream world

2438

01:42:23,270 --> 01:42:20,159

was the first stage of the spirit world

2439

01:42:25,030 --> 01:42:23,280

okay so it was it was given a very high

2440

01:42:27,109 --> 01:42:25,040

level of importance

2441

01:42:28,550 --> 01:42:27,119

the dream world was your access to the

2442

01:42:30,790 --> 01:42:28,560

spirit world

2443

01:42:33,990 --> 01:42:30,800

now how deep you went

2444

01:42:36,790 --> 01:42:34,000

in that dream or dream experience was

2445

01:42:39,350 --> 01:42:36,800

how deep this spiritual world allowed

2446

01:42:41,270 --> 01:42:39,360

you to enter

2447

01:42:44,310 --> 01:42:41,280

you know so for you

2448

01:42:47,590 --> 01:42:44,320

it sounded to me like you actually

2449

01:42:49,189 --> 01:42:47,600

were able to consciously

2450

01:42:52,229 --> 01:42:49,199

guide your

2451

01:42:53,669 --> 01:42:52,239

mind into your subconscious

2452

01:42:56,950 --> 01:42:53,679

and pick

2453

01:42:59,590 --> 01:42:56,960

what series of events um

2454

01:43:02,229 --> 01:42:59,600

you wanted to go through to help with

2455

01:43:04,149 --> 01:43:02,239

the processing of information

2456

01:43:07,109 --> 01:43:04,159

because this is what dreams do it's a

2457

01:43:10,390 --> 01:43:07,119

it's a purging it's a it's a processing

2458

01:43:11,430 --> 01:43:10,400

of information because

2459

01:43:13,030 --> 01:43:11,440

um

2460

01:43:16,310 --> 01:43:13,040

can i take you off on a little tangent

2461

01:43:18,709 --> 01:43:16,320

here sure okay

2462

01:43:21,109 --> 01:43:18,719

every person goes through life

2463

01:43:22,310 --> 01:43:21,119

with a set of thoughts emotions

2464

01:43:24,870 --> 01:43:22,320

um

2465

01:43:26,870 --> 01:43:24,880

basically makes up who we are

2466

01:43:28,470 --> 01:43:26,880

and we pick up energy constantly we're

2467

01:43:30,870 --> 01:43:28,480

going out what we're thinking what we're

2468

01:43:33,270 --> 01:43:30,880

watching what we're eating you know we

2469

01:43:34,790 --> 01:43:33,280

start to pull energy

2470

01:43:37,590 --> 01:43:34,800

you can call magnetic fields or

2471

01:43:39,510 --> 01:43:37,600

spiritual fields onto you

2472

01:43:42,149 --> 01:43:39,520

and

2473

01:43:43,590 --> 01:43:42,159

these things weigh heavy on us

2474

01:43:45,510 --> 01:43:43,600

over time

2475

01:43:47,109 --> 01:43:45,520

so when we sleep

2476

01:43:48,950 --> 01:43:47,119

there's almost this kind of

2477

01:43:49,750 --> 01:43:48,960

recalibration

2478

01:43:52,390 --> 01:43:49,760

or

2479

01:43:55,109 --> 01:43:52,400

electromagnetic

2480

01:43:56,390 --> 01:43:55,119

purging that happens and it's done

2481

01:43:57,990 --> 01:43:56,400

through the mind it's done through the

2482

01:43:59,910 --> 01:43:58,000

subconscious

2483

01:44:02,790 --> 01:43:59,920

so you know even you were talking about

2484

01:44:05,350 --> 01:44:02,800

your dream the other night

2485

01:44:07,830 --> 01:44:05,360

you were watching something on tv

2486

01:44:09,910 --> 01:44:07,840

so you had the visual representation of

2487

01:44:12,470 --> 01:44:09,920

something that interests you

2488

01:44:15,270 --> 01:44:12,480

and then your subconscious mind took

2489

01:44:19,590 --> 01:44:15,280

those pictures those events

2490

01:44:21,669 --> 01:44:19,600

and it created this archetypal

2491

01:44:23,590 --> 01:44:21,679

dream that was very

2492

01:44:24,629 --> 01:44:23,600

emotional very

2493

01:44:26,390 --> 01:44:24,639

deep

2494

01:44:29,189 --> 01:44:26,400

very memorable

2495

01:44:33,750 --> 01:44:29,199

and you went through that dream

2496

01:44:39,270 --> 01:44:36,390

keep going this is this is my dream

2497

01:44:43,430 --> 01:44:42,390

uh a dream incense and it's uh from

2498

01:44:44,310 --> 01:44:43,440

india

2499

01:44:47,030 --> 01:44:44,320

nice

2500

01:44:47,910 --> 01:44:47,040

right and uh so i'm gonna put this in my

2501

01:44:50,070 --> 01:44:47,920

uh

2502

01:44:52,310 --> 01:44:50,080

you know check this out so

2503

01:44:55,350 --> 01:44:52,320

you want to see my incense burner

2504

01:44:55,360 --> 01:45:01,990

grip on this

2505

01:45:06,870 --> 01:45:04,950

is my incense burner oh nice

2506

01:45:08,790 --> 01:45:06,880

that's that's huge

2507

01:45:12,149 --> 01:45:08,800

yeah this is my answer

2508

01:45:12,950 --> 01:45:12,159

yeah so it's it's got holes in the top

2509

01:45:16,390 --> 01:45:12,960

right

2510

01:45:19,270 --> 01:45:16,400

and so you open it up it's so cool and

2511

01:45:21,910 --> 01:45:19,280

then you place the incense

2512

01:45:24,229 --> 01:45:21,920

on the inside like this

2513

01:45:26,709 --> 01:45:24,239

right it's got holes in the side you can

2514

01:45:29,350 --> 01:45:26,719

see it there right right

2515

01:45:30,870 --> 01:45:29,360

and then you close it up

2516

01:45:33,109 --> 01:45:30,880

and you can see the supposed to see the

2517

01:45:33,990 --> 01:45:33,119

smoke coming out it's like the coolest

2518

01:45:35,430 --> 01:45:34,000

thing

2519

01:45:36,229 --> 01:45:35,440

and then uh

2520

01:45:51,590 --> 01:45:36,239

i

2521

01:45:52,550 --> 01:45:51,600

up uh

2522

01:45:54,229 --> 01:45:52,560

no

2523

01:45:57,430 --> 01:45:54,239

but i believe you

2524

01:45:59,189 --> 01:45:57,440

i can see it it's weird i guess uh

2525

01:46:01,830 --> 01:45:59,199

anyway so

2526

01:46:03,910 --> 01:46:01,840

i thought let's get the dreamscape

2527

01:46:05,350 --> 01:46:03,920

fully going here let's get the mechanic

2528

01:46:07,030 --> 01:46:05,360

and and what you're doing is you're

2529

01:46:09,590 --> 01:46:07,040

setting up the scene you're setting up

2530

01:46:13,030 --> 01:46:09,600

the environment which is very important

2531

01:46:14,950 --> 01:46:13,040

i am setting it up see this is

2532

01:46:16,310 --> 01:46:14,960

it's from india

2533

01:46:18,470 --> 01:46:16,320

and uh

2534

01:46:21,109 --> 01:46:18,480

it's a it's literally miguel's attack

2535

01:46:23,270 --> 01:46:21,119

man it's so cool okay anyway so let's

2536

01:46:24,629 --> 01:46:23,280

get back into this okay so

2537

01:46:27,750 --> 01:46:24,639

so um

2538

01:46:29,750 --> 01:46:27,760

so basically you carry these energies

2539

01:46:33,350 --> 01:46:29,760

with you every day and then when you get

2540

01:46:34,950 --> 01:46:33,360

into bed your body how now has to um

2541

01:46:37,750 --> 01:46:34,960

process

2542

01:46:39,350 --> 01:46:37,760

and kind of heal the electromagnetic

2543

01:46:41,590 --> 01:46:39,360

fields of the body

2544

01:46:43,189 --> 01:46:41,600

so what you're carrying is now being

2545

01:46:45,109 --> 01:46:43,199

purged

2546

01:46:47,990 --> 01:46:45,119

or processed and your mind your

2547

01:46:49,430 --> 01:46:48,000

subconscious is also doing this act

2548

01:46:51,030 --> 01:46:49,440

so

2549

01:46:53,750 --> 01:46:51,040

it's like you know you asked me what

2550

01:46:56,149 --> 01:46:53,760

does your dream mean like was it a

2551

01:46:58,390 --> 01:46:56,159

message was it lucid dream

2552

01:46:59,590 --> 01:46:58,400

the one with the robodog

2553

01:47:01,590 --> 01:46:59,600

you know

2554

01:47:03,510 --> 01:47:01,600

and i would say that

2555

01:47:05,830 --> 01:47:03,520

it was actually purging

2556

01:47:08,470 --> 01:47:05,840

a lot of energies from your body

2557

01:47:09,830 --> 01:47:08,480

because

2558

01:47:11,750 --> 01:47:09,840

excuse me

2559

01:47:13,430 --> 01:47:11,760

because of the intense fear that you

2560

01:47:15,669 --> 01:47:13,440

felt

2561

01:47:18,229 --> 01:47:15,679

because of the intense emotion that you

2562

01:47:20,790 --> 01:47:19,669

what your subconscious was actually

2563

01:47:23,270 --> 01:47:20,800

doing

2564

01:47:25,270 --> 01:47:23,280

was digging deep within you

2565

01:47:26,790 --> 01:47:25,280

of fears

2566

01:47:29,030 --> 01:47:26,800

and emotions

2567

01:47:31,270 --> 01:47:29,040

and things that are bottling up or

2568

01:47:33,830 --> 01:47:31,280

collecting inside of you

2569

01:47:36,149 --> 01:47:33,840

that over time would become

2570

01:47:38,790 --> 01:47:36,159

more toxic to your energy field we have

2571

01:47:40,310 --> 01:47:38,800

a natural purging so when things start

2572

01:47:43,189 --> 01:47:40,320

to build up

2573

01:47:46,070 --> 01:47:43,199

it'll come out in the dream world

2574

01:47:48,550 --> 01:47:46,080

and you will experience it like

2575

01:47:51,189 --> 01:47:48,560

man is it real i felt that i felt that

2576

01:47:53,109 --> 01:47:51,199

emotion i felt that fear because that

2577

01:47:55,590 --> 01:47:53,119

was the only way that your body can

2578

01:47:57,910 --> 01:47:55,600

actually get that stuff out of your body

2579

01:48:01,830 --> 01:47:57,920

and process it is to actually feel it

2580

01:48:04,149 --> 01:48:01,840

and experience it right that way

2581

01:48:06,149 --> 01:48:04,159

and you her

2582

01:48:07,189 --> 01:48:06,159

i want to get this in this is from bill

2583

01:48:09,830 --> 01:48:07,199

um

2584

01:48:11,910 --> 01:48:09,840

does body orientation matter i think

2585

01:48:14,149 --> 01:48:11,920

this is a great question north south

2586

01:48:16,070 --> 01:48:14,159

east west

2587

01:48:17,590 --> 01:48:16,080

does it matter

2588

01:48:19,590 --> 01:48:17,600

um

2589

01:48:21,910 --> 01:48:19,600

i would say yes

2590

01:48:25,990 --> 01:48:21,920

um i was always taught that you would

2591

01:48:27,350 --> 01:48:26,000

face uh your head magnetic north

2592

01:48:29,830 --> 01:48:27,360

all right so your head would face

2593

01:48:34,950 --> 01:48:29,840

magnetic north but then again there's

2594

01:48:36,390 --> 01:48:34,960

also a strong belief of your feet facing

2595

01:48:43,669 --> 01:48:36,400

east

2596

01:48:46,310 --> 01:48:43,679

absolutely i could check it with i i

2597

01:48:47,830 --> 01:48:46,320

know the orientation of my house which

2598

01:48:50,470 --> 01:48:47,840

is uh

2599

01:48:53,270 --> 01:48:50,480

uh you know east west north side it's

2600

01:48:54,149 --> 01:48:53,280

it's exact it's not a at an angle

2601

01:48:56,070 --> 01:48:54,159

and

2602

01:48:57,990 --> 01:48:56,080

my feet face east

2603

01:48:59,350 --> 01:48:58,000

i know because when that sun comes up in

2604

01:49:01,030 --> 01:48:59,360

the morning

2605

01:49:03,189 --> 01:49:01,040

well that's that's the point that's the

2606

01:49:05,270 --> 01:49:03,199

point it's it's about the um the

2607

01:49:07,510 --> 01:49:05,280

movement of the sun in the sky

2608

01:49:09,830 --> 01:49:07,520

so you're you're being in alignment with

2609

01:49:11,510 --> 01:49:09,840

the morning rising of the sun

2610

01:49:13,430 --> 01:49:11,520

and you're supposed to go to sleep with

2611

01:49:15,990 --> 01:49:13,440

your head in the west because that is

2612

01:49:17,270 --> 01:49:16,000

the land of the spirits so the sun takes

2613

01:49:19,510 --> 01:49:17,280

your soul

2614

01:49:21,830 --> 01:49:19,520

takes your your astral body takes you

2615

01:49:24,149 --> 01:49:21,840

into the underworld for the night

2616

01:49:25,589 --> 01:49:24,159

and this is the one of the most ancient

2617

01:49:28,629 --> 01:49:25,599

concepts

2618

01:49:31,030 --> 01:49:28,639

is that what at night time your soul

2619

01:49:33,270 --> 01:49:31,040

joins the solar boat

2620

01:49:35,189 --> 01:49:33,280

like the egyptians and you go into the

2621

01:49:37,510 --> 01:49:35,199

waters of the west

2622

01:49:38,790 --> 01:49:37,520

into the underworld to spend the night

2623

01:49:39,830 --> 01:49:38,800

and that's your journey through the

2624

01:49:42,229 --> 01:49:39,840

darkness

2625

01:49:44,390 --> 01:49:42,239

of death and then you're reborn again

2626

01:49:45,669 --> 01:49:44,400

with the sun in the morning

2627

01:49:46,790 --> 01:49:45,679

so

2628

01:49:48,550 --> 01:49:46,800

and that's another thing with the

2629

01:49:50,709 --> 01:49:48,560

incense as well is that they would burn

2630

01:49:52,470 --> 01:49:50,719

incense

2631

01:49:54,790 --> 01:49:52,480

to create the

2632

01:49:56,790 --> 01:49:54,800

the purification of the space that's

2633

01:49:59,910 --> 01:49:56,800

what incense does it

2634

01:50:01,030 --> 01:49:59,920

it cleans the energy so many people will

2635

01:50:02,709 --> 01:50:01,040

incense

2636

01:50:04,390 --> 01:50:02,719

their body their energy field before

2637

01:50:06,790 --> 01:50:04,400

they go to sleep to take that heavy

2638

01:50:08,709 --> 01:50:06,800

weight of energy off so you don't bring

2639

01:50:11,510 --> 01:50:08,719

it into the bed and then you don't need

2640

01:50:13,350 --> 01:50:11,520

that heavy processing at night

2641

01:50:15,830 --> 01:50:13,360

because a lot of people

2642

01:50:17,669 --> 01:50:15,840

when they carry a lot of these

2643

01:50:19,750 --> 01:50:17,679

energies a lot of these thought forms

2644

01:50:22,149 --> 01:50:19,760

emotions things they pick up

2645

01:50:24,470 --> 01:50:22,159

energetically

2646

01:50:26,709 --> 01:50:24,480

they're always tired they can never get

2647

01:50:29,270 --> 01:50:26,719

enough sleep and they always feel like

2648

01:50:30,390 --> 01:50:29,280

the sleep wasn't good enough

2649

01:50:32,550 --> 01:50:30,400

and when you

2650

01:50:34,390 --> 01:50:32,560

purge and purify the body let's say with

2651
01:50:36,790 --> 01:50:34,400
fasting with

2652
01:50:38,470 --> 01:50:36,800
qigong meditation

2653
01:50:40,149 --> 01:50:38,480
spiritual service

2654
01:50:42,629 --> 01:50:40,159
when you're when you're purifying

2655
01:50:44,950 --> 01:50:42,639
yourself and then you go to bed

2656
01:50:45,910 --> 01:50:44,960
it's like your dreams

2657
01:50:47,189 --> 01:50:45,920
are

2658
01:50:49,510 --> 01:50:47,199
every dream

2659
01:50:51,430 --> 01:50:49,520
is like a lucid dream

2660
01:50:54,470 --> 01:50:51,440
every dream is a message

2661
01:50:57,589 --> 01:50:54,480
like it's so vivid it's so clear

2662
01:51:00,790 --> 01:50:57,599
and you don't need that much sleep

2663
01:51:02,390 --> 01:51:00,800

so um i've i've done a lot of fasting in

2664

01:51:03,669 --> 01:51:02,400

my life

2665

01:51:06,550 --> 01:51:03,679

and

2666

01:51:09,750 --> 01:51:06,560

a lot of qigong as well but when you do

2667

01:51:11,750 --> 01:51:09,760

fasting and you do qigong

2668

01:51:12,629 --> 01:51:11,760

it's like you'll be dreaming which seems

2669

01:51:14,310 --> 01:51:12,639

like

2670

01:51:16,229 --> 01:51:14,320

hours and hours and hours of just

2671

01:51:17,910 --> 01:51:16,239

straight dreaming

2672

01:51:19,510 --> 01:51:17,920

and you wake up thinking that you've

2673

01:51:21,030 --> 01:51:19,520

slept in and you look at your alarm

2674

01:51:22,709 --> 01:51:21,040

clock and it's like still two in the

2675

01:51:25,350 --> 01:51:22,719

morning

2676

01:51:28,229 --> 01:51:25,360

you know so it's like

2677

01:51:30,229 --> 01:51:28,239

your dreams become amplified if you

2678

01:51:32,470 --> 01:51:30,239

purify your energy so it doesn't need to

2679

01:51:34,229 --> 01:51:32,480

go through that processing and i think

2680

01:51:35,589 --> 01:51:34,239

that's one of the biggest secrets of

2681

01:51:38,870 --> 01:51:35,599

dreaming of

2682

01:51:41,350 --> 01:51:38,880

astral travel of lucid dreaming

2683

01:51:42,790 --> 01:51:41,360

is if you learn how to purify your

2684

01:51:45,669 --> 01:51:42,800

energies first

2685

01:51:47,350 --> 01:51:45,679

then that weight is not on you

2686

01:51:48,709 --> 01:51:47,360

that your body has to process every

2687

01:51:50,229 --> 01:51:48,719

single night

2688

01:51:52,950 --> 01:51:50,239

that allows you to have these

2689

01:51:55,109 --> 01:51:52,960

experiences more often

2690

01:51:57,350 --> 01:51:55,119

and and here's where

2691

01:51:59,189 --> 01:51:57,360

i'm i'm going to

2692

01:52:01,830 --> 01:51:59,199

i'm going to play devil's advocate just

2693

01:52:05,510 --> 01:52:01,840

a little bit here i'm going to counter

2694

01:52:08,310 --> 01:52:05,520

the defense's argument here

2695

01:52:11,270 --> 01:52:08,320

with this yeah some of the best dreams

2696

01:52:14,310 --> 01:52:11,280

i've ever had the most vivid crazy

2697

01:52:15,510 --> 01:52:14,320

insane scary fun

2698

01:52:17,350 --> 01:52:15,520

is when

2699

01:52:18,830 --> 01:52:17,360

i had a bowl of captain crunch crunch

2700

01:52:21,430 --> 01:52:18,840

berries before bed

2701
01:52:22,390 --> 01:52:21,440
[Laughter]

2702
01:52:25,990 --> 01:52:22,400
right

2703
01:52:28,790 --> 01:52:26,000
you know and it it's weird like

2704
01:52:33,669 --> 01:52:28,800
have some crazy italian food before you

2705
01:52:37,669 --> 01:52:33,679
go to bed and guaranteed now i like this

2706
01:52:39,430 --> 01:52:37,679
idea of maybe going to bed a little more

2707
01:52:42,070 --> 01:52:39,440
purified right

2708
01:52:45,030 --> 01:52:42,080
and not going through because your

2709
01:52:47,589 --> 01:52:45,040
body's digesting it's active it's moving

2710
01:52:50,390 --> 01:52:47,599
if you do that during uh your your

2711
01:52:51,430 --> 01:52:50,400
sleepy time right so maybe not the best

2712
01:52:54,550 --> 01:52:51,440
idea

2713
01:52:58,790 --> 01:52:54,560

right okay as opposed to

2714

01:53:00,229 --> 01:52:58,800

uh going to bed hungry

2715

01:53:02,470 --> 01:53:00,239

but you know you know what i mean and

2716

01:53:06,070 --> 01:53:02,480

and having a clean system

2717

01:53:08,870 --> 01:53:06,080

and experiencing a dream like that i am

2718

01:53:10,070 --> 01:53:08,880

going to give that a shot

2719

01:53:13,510 --> 01:53:10,080

well

2720

01:53:16,470 --> 01:53:13,520

um

2721

01:53:19,669 --> 01:53:16,480

i've i've heard many people talk about

2722

01:53:20,470 --> 01:53:19,679

astral travels and what they say is that

2723

01:53:21,990 --> 01:53:20,480

it's

2724

01:53:23,589 --> 01:53:22,000

when a person is not having a good

2725

01:53:25,750 --> 01:53:23,599

night's sleep

2726
01:53:28,390 --> 01:53:25,760
so it when you are very sleep deprived

2727
01:53:30,629 --> 01:53:28,400
when you're very

2728
01:53:32,310 --> 01:53:30,639
when you don't have good sleeping

2729
01:53:34,149 --> 01:53:32,320
patterns

2730
01:53:36,229 --> 01:53:34,159
it may be easier to have these

2731
01:53:38,070 --> 01:53:36,239
experiences as well

2732
01:53:40,390 --> 01:53:38,080
and i think that's just because the body

2733
01:53:42,550 --> 01:53:40,400
is just so overwhelmed

2734
01:53:45,109 --> 01:53:42,560
that it needs to just

2735
01:53:46,709 --> 01:53:45,119
kick in high gear

2736
01:53:49,990 --> 01:53:46,719
when you fall asleep

2737
01:53:54,390 --> 01:53:52,229
i think as well that

2738
01:53:56,390 --> 01:53:54,400

sleep and experiences and even seeing

2739

01:53:58,390 --> 01:53:56,400

different spirits

2740

01:54:00,790 --> 01:53:58,400

have to do with the stars

2741

01:54:03,109 --> 01:54:00,800

it has to do with where the planets are

2742

01:54:05,189 --> 01:54:03,119

if there's a solar flare

2743

01:54:07,750 --> 01:54:05,199

i've noticed and

2744

01:54:10,229 --> 01:54:07,760

people in my family have even noticed

2745

01:54:11,990 --> 01:54:10,239

that when there's uh greater solar

2746

01:54:16,229 --> 01:54:12,000

activity

2747

01:54:21,510 --> 01:54:19,189

the psychic meter kind of goes off

2748

01:54:23,270 --> 01:54:21,520

and you're you know you go to sleep and

2749

01:54:24,950 --> 01:54:23,280

you have an experience your friends have

2750

01:54:27,350 --> 01:54:24,960

an experience

2751

01:54:29,990 --> 01:54:27,360

um so i think that

2752

01:54:32,390 --> 01:54:30,000

there are numerous factors

2753

01:54:35,030 --> 01:54:32,400

involved and because every single person

2754

01:54:36,550 --> 01:54:35,040

is completely unique and different

2755

01:54:39,109 --> 01:54:36,560

you know just because something happened

2756

01:54:40,870 --> 01:54:39,119

to you one night

2757

01:54:43,669 --> 01:54:40,880

and it didn't happen to another it

2758

01:54:46,229 --> 01:54:43,679

doesn't mean something didn't happen

2759

01:54:49,910 --> 01:54:47,990

but i think

2760

01:54:52,550 --> 01:54:49,920

it is a good practice going back to the

2761

01:54:55,030 --> 01:54:52,560

beginning of this is to sleep

2762

01:54:56,550 --> 01:54:55,040

um either with your feet in a certain

2763

01:54:58,390 --> 01:54:56,560

position

2764

01:54:59,669 --> 01:54:58,400

because your body is an electromagnetic

2765

01:55:01,830 --> 01:54:59,679

field

2766

01:55:05,109 --> 01:55:01,840

all right you have poles in your body

2767

01:55:07,030 --> 01:55:05,119

the earth has poles and when you align

2768

01:55:09,270 --> 01:55:07,040

yourself with certain poles

2769

01:55:10,629 --> 01:55:09,280

what you're doing is you're allowing the

2770

01:55:14,229 --> 01:55:10,639

passage

2771

01:55:15,750 --> 01:55:14,239

flow

2772

01:55:16,950 --> 01:55:15,760

naturally

2773

01:55:18,470 --> 01:55:16,960

it's like getting

2774

01:55:19,990 --> 01:55:18,480

its helping hand if you're going to be

2775

01:55:22,790 --> 01:55:20,000

in alignment

2776

01:55:25,270 --> 01:55:22,800

with the flow of electrons of the planet

2777

01:55:27,830 --> 01:55:25,280

and that could either be

2778

01:55:29,350 --> 01:55:27,840

uh head to the north or head to the west

2779

01:55:31,750 --> 01:55:29,360

because the sun also carries the

2780

01:55:35,830 --> 01:55:31,760

magnetic field over the earth in that

2781

01:55:37,189 --> 01:55:35,840

regard yeah sure sure i remember um

2782

01:55:38,950 --> 01:55:37,199

uh

2783

01:55:40,550 --> 01:55:38,960

i had a roommate

2784

01:55:42,870 --> 01:55:40,560

and uh

2785

01:55:44,629 --> 01:55:42,880

and he he announces to everybody it was

2786

01:55:47,910 --> 01:55:44,639

like at a party or something you know

2787

01:55:50,070 --> 01:55:47,920

i've got people over but he said

2788

01:55:51,589 --> 01:55:50,080

it freaks me out man because when i see

2789

01:55:53,350 --> 01:55:51,599

jimmy sleep

2790

01:55:55,510 --> 01:55:53,360

he's always

2791

01:55:57,430 --> 01:55:55,520

like this and i don't know if he's dead

2792

01:56:00,390 --> 01:55:57,440

or alive

2793

01:56:01,990 --> 01:56:00,400

and and i never forgot that

2794

01:56:03,189 --> 01:56:02,000

and i

2795

01:56:29,030 --> 01:56:03,199

i

2796

01:56:30,790 --> 01:56:29,040

um on my back uh

2797

01:56:33,109 --> 01:56:30,800

you know and that was another

2798

01:56:34,390 --> 01:56:33,119

interesting point if i'm doing this

2799

01:56:36,709 --> 01:56:34,400

naturally

2800

01:56:38,070 --> 01:56:36,719

right and i do i mean this is this is

2801

01:56:40,470 --> 01:56:38,080

what i do on my back

2802

01:56:43,510 --> 01:56:40,480

um but you're saying it's to feel your

2803

01:56:47,830 --> 01:56:43,520

heart and and and i'm doing it naturally

2804

01:56:51,990 --> 01:56:49,990

it's it's not just that there is

2805

01:56:54,070 --> 01:56:52,000

something scientific to what you're

2806

01:56:55,510 --> 01:56:54,080

doing is when you place your hands over

2807

01:56:57,510 --> 01:56:55,520

your heart

2808

01:57:00,390 --> 01:56:57,520

it actually sends a signal to your brain

2809

01:57:03,510 --> 01:57:00,400

to start the relaxation process of

2810

01:57:06,790 --> 01:57:05,430

so and this is also the way that

2811

01:57:09,189 --> 01:57:06,800

pharaohs

2812

01:57:11,109 --> 01:57:09,199

sleep and you know that

2813

01:57:13,270 --> 01:57:11,119

when they would bury a pharaoh only

2814

01:57:15,189 --> 01:57:13,280

pharaohs were allowed to have their arms

2815

01:57:17,430 --> 01:57:15,199

crossed that's how you know

2816

01:57:19,109 --> 01:57:17,440

that they were the pharaoh

2817

01:57:21,270 --> 01:57:19,119

it's because they were laid to rest with

2818

01:57:23,750 --> 01:57:21,280

their arms crossed

2819

01:57:28,229 --> 01:57:23,760

that's right

2820

01:57:31,430 --> 01:57:28,239

their sides

2821

01:57:36,149 --> 01:57:33,910

i i think that um and i'm going to even

2822

01:57:37,910 --> 01:57:36,159

try this tonight because i know that if

2823

01:57:39,430 --> 01:57:37,920

i try to go to sleep like this on my

2824

01:57:41,589 --> 01:57:39,440

back

2825

01:57:42,550 --> 01:57:41,599

i'm pretty sure that will

2826

01:57:45,910 --> 01:57:42,560

help

2827

01:57:48,149 --> 01:57:45,920

with lucid dreaming or astral travel

2828

01:57:50,470 --> 01:57:48,159

when we come back i want to get uh i

2829

01:57:52,550 --> 01:57:50,480

want to circle back to

2830

01:57:55,510 --> 01:57:52,560

a point that you

2831

01:57:58,390 --> 01:57:55,520

uh brought up uh earlier in this segment

2832

01:58:00,790 --> 01:57:58,400

which was controlling you're in control

2833

01:58:02,550 --> 01:58:00,800

in a lucid dream i want to stay right

2834

01:58:04,950 --> 01:58:02,560

there i want to focus on that when we

2835

01:58:06,470 --> 01:58:04,960

come back this is fade to black i am

2836

01:58:08,470 --> 01:58:06,480

your host jimmy just tonight

2837

01:58:10,070 --> 01:58:08,480

it's jason quit

2838

01:58:11,669 --> 01:58:10,080

right here

2839

01:58:14,709 --> 01:58:11,679

all night long

2840

01:58:17,270 --> 01:58:14,719

astral and lucid dreaming techniques

2841

01:58:20,090 --> 01:58:17,280

and uh tonight try the window in the

2842

01:58:25,990 --> 01:58:20,100

house i'll be right back

2843

01:58:26,910 --> 01:58:26,000

[Music]

2844

01:58:33,010 --> 01:58:26,920

hi

2845

01:58:37,030 --> 01:58:34,550

[Music]

2846

01:58:40,470 --> 01:58:37,040

your 1 million gigawatt paranormal

2847

01:58:42,149 --> 01:58:40,480

powerhouse kumx tv

2848

01:58:43,830 --> 01:58:42,159

the x

2849

01:58:46,470 --> 01:58:43,840

are you ready to read about true

2850

01:58:49,270 --> 01:58:46,480

paranormal events unex media publishes

2851
01:58:51,669 --> 01:58:49,280
non-fiction books about ufos ghosts and

2852
01:58:54,950 --> 01:58:51,679
haunted places time anomalies cryptid

2853
01:58:57,109 --> 01:58:54,960
creatures and more just like kunx db

2854
01:59:00,109 --> 01:58:57,119
radio it's all about unexplained

2855
01:59:02,149 --> 01:59:00,119
phenomena visit

2856
01:59:04,310 --> 01:59:02,159
www.unxmedia.com to see our list of

2857
01:59:06,950 --> 01:59:04,320
great book titles by debbie zigglemeyer

2858
01:59:09,510 --> 01:59:06,960
gene walker devin listrom wayne lawrence

2859
01:59:12,790 --> 01:59:09,520
bill spicer and yours truly margie k

2860
01:59:14,629 --> 01:59:12,800
that's on xmedia.com

2861
01:59:17,990 --> 01:59:14,639
this is jimmy church of fade to black

2862
01:59:21,189 --> 01:59:18,000
and i only drink fade to black blend

2863
01:59:22,790 --> 01:59:21,199

coffee from river moon just click on the

2864

01:59:24,550 --> 01:59:22,800

river moon coffee banner at

2865

01:59:28,550 --> 01:59:24,560

jimmychurchradio.com

2866

01:59:31,270 --> 01:59:28,560

promo code f2b blend

2867

01:59:33,990 --> 01:59:31,280

this is the only way forward

2868

01:59:36,550 --> 01:59:34,000

this is paid to black

2869

01:59:38,870 --> 01:59:36,560

make contact

2870

01:59:40,390 --> 01:59:38,880

this is billy carson founder and ceo of

2871

01:59:42,550 --> 01:59:40,400

forbidden knowledge and we're heading to

2872

01:59:44,149 --> 01:59:42,560

egypt this october come join jimmy

2873

01:59:45,669 --> 01:59:44,159

church myself and the forbidden

2874

01:59:47,589 --> 01:59:45,679

knowledge team as we spend a week

2875

01:59:50,470 --> 01:59:47,599

exploring giza the great sphinx the

2876

01:59:52,310 --> 01:59:50,480

great pyramid zakara dashur aswan edfu

2877

01:59:54,470 --> 01:59:52,320

dindara karnak and will celebrate

2878

01:59:56,310 --> 01:59:54,480

jimmy's birthday in luxor the forbidden

2879

01:59:58,629 --> 01:59:56,320

tour of egypt is this october 5th

2880

02:00:00,709 --> 01:59:58,639

through the 12th and include a 4-day now

2881

02:00:02,550 --> 02:00:00,719

cruise expert egyptologist and a chance

2882

02:00:03,910 --> 02:00:02,560

to explore egypt with jimmy and i as

2883

02:00:06,149 --> 02:00:03,920

your host through your journey of a

2884

02:00:08,550 --> 02:00:06,159

lifetime space is limited so make your

2885

02:00:10,229 --> 02:00:08,560

reservations now please visit forbidden

2886

02:00:12,149 --> 02:00:10,239

knowledge.com for information and

2887

02:00:17,510 --> 02:00:12,159

complete itinerary that's forbidden

2888

02:00:23,830 --> 02:00:19,350

this is jimmy churchill fade to black

2889

02:00:26,550 --> 02:00:23,840

and this year june 18 2022

2890

02:00:29,109 --> 02:00:26,560

the disclosure fest foundation presents

2891

02:00:32,709 --> 02:00:29,119

the mass meditation initiative it's

2892

02:00:35,350 --> 02:00:32,719

saturday june 18th from 10 a.m to 10 p.m

2893

02:00:37,750 --> 02:00:35,360

one day only at the los angeles state

2894

02:00:40,950 --> 02:00:37,760

historic park in downtown los angeles

2895

02:00:43,270 --> 02:00:40,960

california right next to chinatown i'm

2896

02:00:45,270 --> 02:00:43,280

hosting the event again this year with

2897

02:00:48,550 --> 02:00:45,280

music performances by

2898

02:00:52,470 --> 02:00:48,560

trevor hall the desert dwellers poor on

2899

02:00:56,070 --> 02:00:52,480

key and many many more on four separate

2900

02:00:59,189 --> 02:00:56,080

stages there's 16 stages in total over

2901

02:01:01,910 --> 02:00:59,199

30 acres in downtown los angeles with

2902

02:01:04,470 --> 02:01:01,920

vendors and tents and presentations and

2903

02:01:07,030 --> 02:01:04,480

workshops with billy carson adam apollo

2904

02:01:09,350 --> 02:01:07,040

lori spania laura eisenhower brattles

2905

02:01:12,270 --> 02:01:09,360

and david palmer and many many more it's

2906

02:01:14,070 --> 02:01:12,280

all simple to do just go to

2907

02:01:15,830 --> 02:01:14,080

disclosurefest.org for all of your

2908

02:01:17,910 --> 02:01:15,840

tickets information and the full

2909

02:01:18,950 --> 02:01:17,920

schedule of the day's events

2910

02:01:21,310 --> 02:01:18,960

again

2911

02:01:29,220 --> 02:01:21,320

disclosurefest.org

2912

02:01:38,310 --> 02:01:34,070

[Music]

2913

02:01:41,030 --> 02:01:38,320

you wanna know a secret i love ponies i

2914

02:01:43,270 --> 02:01:41,040

really love ponies i'm serious

2915

02:01:44,629 --> 02:01:43,280

i couldn't stay sane without pawn mr

2916

02:01:46,709 --> 02:01:44,639

brush

2917

02:01:53,109 --> 02:01:46,719

why fade to black

2918

02:01:59,080 --> 02:01:55,350

this is fade to black with jimmy church

2919

02:02:00,240 --> 02:01:59,090

on the game changer radio network

2920

02:02:03,000 --> 02:02:00,250

[Music]

2921

02:02:14,310 --> 02:02:03,010

[Applause]

2922

02:02:16,149 --> 02:02:14,320

[Music]

2923

02:02:17,910 --> 02:02:16,159

welcome back fade to black i am your

2924

02:02:19,589 --> 02:02:17,920

host jimmy church there's a post here on

2925

02:02:21,030 --> 02:02:19,599

twitter for maureen

2926

02:02:22,790 --> 02:02:21,040

it says

2927

02:02:25,910 --> 02:02:22,800

captain crunch

2928

02:02:28,550 --> 02:02:25,920

is a food of the gods so it would make

2929

02:02:31,030 --> 02:02:28,560

sense to take it with you while you

2930

02:02:33,189 --> 02:02:31,040

navigate the underworld

2931

02:02:35,109 --> 02:02:33,199

i love that

2932

02:02:39,109 --> 02:02:35,119

i absolutely love that

2933

02:02:41,109 --> 02:02:39,119

and uh now okay so jason earlier

2934

02:02:42,229 --> 02:02:41,119

uh you had mentioned

2935

02:02:44,470 --> 02:02:42,239

one of the

2936

02:02:46,950 --> 02:02:44,480

cool things about lucid dreaming is it

2937

02:02:47,910 --> 02:02:46,960

it's vivid it's real right it's it's

2938

02:02:50,229 --> 02:02:47,920

there

2939

02:02:52,550 --> 02:02:50,239

um but you

2940

02:02:54,870 --> 02:02:52,560

are in control

2941

02:02:58,229 --> 02:02:54,880

and i i don't want to let that aspect of

2942

02:03:01,189 --> 02:02:58,239

it go what did you mean by that

2943

02:03:02,470 --> 02:03:01,199

what i mean is that

2944

02:03:05,270 --> 02:03:02,480

wherever

2945

02:03:06,310 --> 02:03:05,280

your desires go is usually where the

2946

02:03:08,470 --> 02:03:06,320

dream

2947

02:03:10,070 --> 02:03:08,480

will morph into

2948

02:03:11,270 --> 02:03:10,080

all right so if you wanted to change the

2949

02:03:15,669 --> 02:03:11,280

scenery

2950

02:03:16,870 --> 02:03:15,679

to have a conversation with someone

2951

02:03:18,070 --> 02:03:16,880

you could have a conversation with

2952

02:03:19,990 --> 02:03:18,080

somebody

2953

02:03:21,430 --> 02:03:20,000

you know if you want to get knowledge or

2954

02:03:22,709 --> 02:03:21,440

know things

2955

02:03:26,310 --> 02:03:22,719

and this is

2956

02:03:27,990 --> 02:03:26,320

my favorite part of lucid dreaming

2957

02:03:30,390 --> 02:03:28,000

is let's say that you're in a market

2958

02:03:33,109 --> 02:03:30,400

square or no no your mall your mall

2959

02:03:35,030 --> 02:03:33,119

example okay okay so you're shot you're

2960

02:03:36,310 --> 02:03:35,040

shopping for guitars

2961

02:03:38,310 --> 02:03:36,320

obviously

2962

02:03:40,390 --> 02:03:38,320

and you wake up

2963

02:03:42,709 --> 02:03:40,400

and you realize that you're standing in

2964

02:03:45,910 --> 02:03:42,719

a shop holding the guitar

2965

02:03:48,390 --> 02:03:45,920

and the sales person talking to you

2966

02:03:50,550 --> 02:03:48,400

you could turn to the sales person

2967

02:03:53,990 --> 02:03:50,560

and calmly ask them

2968

02:03:56,390 --> 02:03:54,000

any type of question you want

2969

02:03:58,310 --> 02:03:56,400

okay this is the coolest thing to try

2970

02:04:00,550 --> 02:03:58,320

in a lucid dream

2971

02:04:02,709 --> 02:04:00,560

so let's say you want a question

2972

02:04:04,470 --> 02:04:02,719

answered from

2973

02:04:07,189 --> 02:04:04,480

something that no one can answer for you

2974

02:04:10,709 --> 02:04:07,199

maybe something from your childhood or a

2975

02:04:12,390 --> 02:04:10,719

mystery of life that you want to know

2976

02:04:15,669 --> 02:04:12,400

you turn to that person you ask them the

2977

02:04:17,990 --> 02:04:15,679

question it's almost like a direct line

2978

02:04:19,669 --> 02:04:18,000

to your subconscious

2979

02:04:21,830 --> 02:04:19,679

and the subconscious will actually

2980

02:04:23,189 --> 02:04:21,840

through that character in

2981

02:04:24,950 --> 02:04:23,199

the dream

2982

02:04:28,629 --> 02:04:24,960

will answer you back

2983

02:04:34,470 --> 02:04:31,189

and i used to do that a lot

2984

02:04:36,709 --> 02:04:34,480

once i realized i was in

2985

02:04:39,189 --> 02:04:36,719

a lucid dream i would turn to the person

2986

02:04:41,669 --> 02:04:39,199

in the dream and i would ask them i

2987

02:04:43,189 --> 02:04:41,679

would like to speak to my guide

2988

02:04:45,430 --> 02:04:43,199

or i'd like to

2989

02:04:47,589 --> 02:04:45,440

astral travel like you would put

2990

02:04:51,030 --> 02:04:47,599

the question to the subconscious to give

2991

02:04:53,109 --> 02:04:51,040

that command of what you want

2992

02:04:55,669 --> 02:04:53,119

most people

2993

02:04:57,589 --> 02:04:55,679

get very excited

2994

02:05:00,149 --> 02:04:57,599

and they start kind of and they get a

2995

02:05:02,470 --> 02:05:00,159

lot of emotions involved when they

2996

02:05:03,830 --> 02:05:02,480

realize they can control the dream

2997

02:05:06,470 --> 02:05:03,840

and because of that they get kicked out

2998

02:05:07,350 --> 02:05:06,480

of the dream almost immediately

2999

02:05:09,750 --> 02:05:07,360

so

3000

02:05:12,470 --> 02:05:09,760

you really have to maintain

3001

02:05:14,390 --> 02:05:12,480

a proper mindset when you realize that

3002

02:05:16,709 --> 02:05:14,400

this is happening

3003

02:05:20,069 --> 02:05:16,719

because you want this to

3004

02:05:24,069 --> 02:05:20,079

be prolonged as long as you can because

3005

02:05:26,950 --> 02:05:26,069

um

3006

02:05:28,550 --> 02:05:26,960

so

3007

02:05:30,870 --> 02:05:28,560

what you do is you try not to keep your

3008

02:05:32,310 --> 02:05:30,880

emotions down you try to maintain your

3009

02:05:34,550 --> 02:05:32,320

composure

3010

02:05:36,790 --> 02:05:34,560

and then you think exactly okay what do

3011

02:05:38,629 --> 02:05:36,800

i want to do what do i want to know what

3012

02:05:42,310 --> 02:05:38,639

do i want to change

3013

02:05:44,629 --> 02:05:43,830

this uh

3014

02:05:49,350 --> 02:05:44,639

this

3015

02:05:52,950 --> 02:05:49,360

okay

3016

02:05:56,310 --> 02:05:52,960

and now are you tapping on the desk

3017

02:05:59,430 --> 02:05:56,320

you are that's weird

3018

02:06:00,870 --> 02:05:59,440

yeah yeah you can hear it okay stop

3019

02:06:04,550 --> 02:06:00,880

hands

3020

02:06:07,669 --> 02:06:04,560

off the desk okay

3021

02:06:09,589 --> 02:06:07,679

oh listen to that blissfulness

3022

02:06:11,990 --> 02:06:09,599

everybody i'm sure was just going man

3023

02:06:16,310 --> 02:06:12,000

what what it was it was this rubbing

3024

02:06:18,470 --> 02:06:16,320

against the the book here

3025

02:06:20,629 --> 02:06:18,480

okay i'll take your word for it i doubt

3026

02:06:23,270 --> 02:06:20,639

it

3027

02:06:26,709 --> 02:06:23,280

something else anyway um okay so i had

3028

02:06:27,990 --> 02:06:26,719

this this robot dog dream

3029

02:06:29,030 --> 02:06:28,000

and

3030

02:06:32,950 --> 02:06:29,040

the

3031

02:06:36,229 --> 02:06:32,960

very simple just you know i had this

3032

02:06:37,750 --> 02:06:36,239

boston dynamics guard dog at the house

3033

02:06:40,709 --> 02:06:37,760

it uh

3034

02:06:42,870 --> 02:06:40,719

it's supposed to protect me it comes in

3035

02:06:45,430 --> 02:06:42,880

uh it's doing its thing but it comes in

3036

02:06:46,470 --> 02:06:45,440

it bites me on the leg on my left leg

3037

02:06:48,149 --> 02:06:46,480

and

3038

02:06:51,109 --> 02:06:48,159

you know how dogs do the

3039

02:06:52,310 --> 02:06:51,119

right and and and and bit me i kick the

3040

02:06:54,950 --> 02:06:52,320

dog

3041

02:06:58,229 --> 02:06:54,960

and it it it

3042

02:07:01,510 --> 02:06:58,239

you know whatever i i kick it away and

3043

02:07:04,470 --> 02:07:01,520

and i and i decide to leave the house

3044

02:07:07,189 --> 02:07:04,480

so i leave the house close the door and

3045

02:07:09,669 --> 02:07:07,199

i'm assuming i'm safe but i take off

3046

02:07:11,270 --> 02:07:09,679

running and i run where do i go i run

3047

02:07:12,870 --> 02:07:11,280

into the woods

3048

02:07:14,950 --> 02:07:12,880

it's the last thing you want to do in a

3049

02:07:15,910 --> 02:07:14,960

horror film right but i run into the

3050

02:07:17,910 --> 02:07:15,920

woods

3051
02:07:19,910 --> 02:07:17,920
and the dog gets out of the house and

3052
02:07:20,870 --> 02:07:19,920
starts chasing me

3053
02:07:24,310 --> 02:07:20,880
the

3054
02:07:26,550 --> 02:07:24,320
um

3055
02:07:29,750 --> 02:07:26,560
and i remember to just i remember

3056
02:07:33,510 --> 02:07:29,760
perfectly was that

3057
02:07:36,470 --> 02:07:33,520
i didn't stop running and it turned into

3058
02:07:38,550 --> 02:07:36,480
like days right i i didn't rest i

3059
02:07:40,870 --> 02:07:38,560
couldn't sleep i was

3060
02:07:43,109 --> 02:07:40,880
free you know so i'm in a dream not

3061
02:07:45,830 --> 02:07:43,119
being able to go to sleep that's that's

3062
02:07:48,310 --> 02:07:45,840
kind of weird in itself right but that

3063
02:07:50,390 --> 02:07:48,320

was also the night marriage aspect of

3064

02:07:51,350 --> 02:07:50,400

this it was that i couldn't

3065

02:07:55,430 --> 02:07:51,360

stop

3066

02:07:57,109 --> 02:07:55,440

this thing is chasing me well anyway

3067

02:08:00,629 --> 02:07:57,119

it catches me

3068

02:08:02,950 --> 02:08:00,639

and it bites the back of my shirt

3069

02:08:04,310 --> 02:08:02,960

and starts swinging me around in a

3070

02:08:06,550 --> 02:08:04,320

circle you know how you can hold

3071

02:08:08,950 --> 02:08:06,560

somebody's hand right and

3072

02:08:10,790 --> 02:08:08,960

you know what i mean and and

3073

02:08:12,629 --> 02:08:10,800

and you're at the center and you're

3074

02:08:15,109 --> 02:08:12,639

whatever it is right okay so that's

3075

02:08:16,069 --> 02:08:15,119

what's going on dogs at the center i'm

3076

02:08:19,350 --> 02:08:16,079

being

3077

02:08:20,830 --> 02:08:19,360

swung around by the back of my shirt

3078

02:08:24,950 --> 02:08:20,840

i lost

3079

02:08:26,310 --> 02:08:24,960

my it scared me i was terrified and and

3080

02:08:30,149 --> 02:08:26,320

i woke up

3081

02:08:33,589 --> 02:08:30,159

i i forced myself out of this dream

3082

02:08:37,109 --> 02:08:33,599

i was i it was it it got this nightmare

3083

02:08:39,189 --> 02:08:37,119

quality to it so much so jason

3084

02:08:42,069 --> 02:08:39,199

that i turned on the light

3085

02:08:45,030 --> 02:08:42,079

and i sat up on the edge of the bed and

3086

02:08:46,229 --> 02:08:45,040

forced myself awake

3087

02:08:49,910 --> 02:08:46,239

right now

3088

02:08:53,990 --> 02:08:49,920

that's that's that's a crazy lucid dream

3089

02:08:57,270 --> 02:08:54,000

and now is that a nightmare or is this

3090

02:08:59,669 --> 02:08:57,280

so vivid and i remember all of it i like

3091

02:09:02,550 --> 02:08:59,679

you and i i could turn this into a

3092

02:09:04,870 --> 02:09:02,560

screenplay i could write everything down

3093

02:09:06,709 --> 02:09:04,880

i remembered all of it

3094

02:09:09,589 --> 02:09:06,719

i would say that it's a

3095

02:09:12,550 --> 02:09:09,599

it's a messaging dream

3096

02:09:14,950 --> 02:09:12,560

because it had a lot of themes to it a

3097

02:09:17,350 --> 02:09:14,960

lot of emotions

3098

02:09:21,510 --> 02:09:17,360

and because it was so vivid it means

3099

02:09:26,950 --> 02:09:24,069

and usually in these type of dreams

3100

02:09:29,350 --> 02:09:26,960

you have to kind of go for the feeling

3101
02:09:32,470 --> 02:09:29,360
what was the main type of themes and

3102
02:09:34,390 --> 02:09:32,480
feeling in this type of dream

3103
02:09:35,910 --> 02:09:34,400
and if you're it's like you're running

3104
02:09:38,709 --> 02:09:35,920
for days

3105
02:09:42,149 --> 02:09:38,719
but you can't outrun something

3106
02:09:44,149 --> 02:09:42,159
and you know the inevitable will happen

3107
02:09:46,629 --> 02:09:44,159
and it's it's trouble

3108
02:09:48,870 --> 02:09:46,639
you know so it could be a type of

3109
02:09:52,310 --> 02:09:48,880
metaphorical dream

3110
02:09:53,830 --> 02:09:52,320
of you need to kind of uh relax you know

3111
02:09:55,430 --> 02:09:53,840
don't let life

3112
02:09:58,629 --> 02:09:55,440
overwhelm you

3113
02:10:00,550 --> 02:09:58,639

because if you if you just keep

3114

02:10:03,189 --> 02:10:00,560

burning that flame

3115

02:10:05,430 --> 02:10:03,199

24 7 you know something's gonna catch up

3116

02:10:07,350 --> 02:10:05,440

with you that it's gonna hurt

3117

02:10:10,069 --> 02:10:07,360

so you need to take some personal time

3118

02:10:11,510 --> 02:10:10,079

to relax to let go

3119

02:10:13,030 --> 02:10:11,520

and

3120

02:10:16,390 --> 02:10:13,040

don't always feel like you're on that

3121

02:10:18,790 --> 02:10:16,400

treadmill you know take some breathers

3122

02:10:21,990 --> 02:10:18,800

so and that's just

3123

02:10:24,069 --> 02:10:22,000

a generalized interpretation

3124

02:10:26,790 --> 02:10:24,079

but it doesn't matter

3125

02:10:29,189 --> 02:10:26,800

what anybody thinks about any dream it

3126

02:10:32,229 --> 02:10:29,199

has to do with

3127

02:10:35,109 --> 02:10:32,239

how you feel and how you perceived it

3128

02:10:37,189 --> 02:10:35,119

and is that a normal theme in your life

3129

02:10:37,910 --> 02:10:37,199

to have those emotions connected to

3130

02:10:44,950 --> 02:10:37,920

those

3131

02:10:49,830 --> 02:10:44,960

i think the message in this dream

3132

02:10:54,069 --> 02:10:51,270

and

3133

02:10:57,030 --> 02:10:54,079

it is a very scary future of

3134

02:10:59,430 --> 02:10:57,040

um it's also a fear that many people

3135

02:11:02,229 --> 02:10:59,440

have is to create

3136

02:11:04,310 --> 02:11:02,239

this artificial life

3137

02:11:06,310 --> 02:11:04,320

and it turns on us

3138

02:11:08,550 --> 02:11:06,320

and there's nothing we can do about it

3139

02:11:10,950 --> 02:11:08,560

that we've already given it its life and

3140

02:11:12,310 --> 02:11:10,960

given it its purpose

3141

02:11:16,069 --> 02:11:12,320

and now

3142

02:11:18,310 --> 02:11:16,079

we have to deal with those consequences

3143

02:11:20,390 --> 02:11:18,320

in the dream

3144

02:11:23,030 --> 02:11:20,400

uh i think i mentioned i know you

3145

02:11:23,830 --> 02:11:23,040

listened to the show um and

3146

02:11:26,709 --> 02:11:23,840

so

3147

02:11:28,470 --> 02:11:26,719

help me out here i i think i said this

3148

02:11:30,709 --> 02:11:28,480

this robot dog

3149

02:11:33,430 --> 02:11:30,719

in the beginning was cute as a matter of

3150

02:11:35,589 --> 02:11:33,440

fact i i bought my daughters a little

3151

02:11:38,149 --> 02:11:35,599

toy robot dog

3152

02:11:40,629 --> 02:11:38,159

years ago that you could train and and

3153

02:11:43,189 --> 02:11:40,639

and i remember that well anyway so this

3154

02:11:46,709 --> 02:11:43,199

this boston dynamics dog

3155

02:11:49,030 --> 02:11:46,719

jumped up on the couch next to me

3156

02:11:51,510 --> 02:11:49,040

and sat there curled up like a normal

3157

02:11:53,990 --> 02:11:51,520

dog it was cute

3158

02:11:55,830 --> 02:11:54,000

that was that's that message was in the

3159

02:11:58,310 --> 02:11:55,840

dream right this is like this is my

3160

02:12:00,470 --> 02:11:58,320

companion this is my guard dog this is

3161

02:12:03,109 --> 02:12:00,480

my thing and he's sitting on the couch

3162

02:12:05,350 --> 02:12:03,119

you know and then jumps up leaves comes

3163

02:12:07,669 --> 02:12:05,360

back and bites me right

3164

02:12:11,109 --> 02:12:07,679

there's a message there man

3165

02:12:13,030 --> 02:12:11,119

there is a strong message

3166

02:12:16,790 --> 02:12:13,040

uh to the point where this thing turned

3167

02:12:20,790 --> 02:12:16,800

on me and uh not only bit me but ended

3168

02:12:23,669 --> 02:12:20,800

up chasing me down in the woods and that

3169

02:12:26,790 --> 02:12:23,679

just going back the the biting of the

3170

02:12:29,109 --> 02:12:26,800

leg is also a very important uh thing

3171

02:12:30,550 --> 02:12:29,119

for a dog to get your attention on

3172

02:12:32,149 --> 02:12:30,560

something

3173

02:12:34,229 --> 02:12:32,159

so it's like it's your friend it's your

3174

02:12:35,990 --> 02:12:34,239

pal and then it bites you on the leg

3175

02:12:37,990 --> 02:12:36,000

because it's like listen you need to pay

3176
02:12:42,069 --> 02:12:38,000
attention right now you need to wake up

3177
02:12:45,189 --> 02:12:43,350
um

3178
02:12:47,109 --> 02:12:45,199
don't buy a roomba

3179
02:12:49,189 --> 02:12:47,119
i think is is

3180
02:12:51,589 --> 02:12:49,199
and um

3181
02:12:53,030 --> 02:12:51,599
uh it was so funny yesterday i was at

3182
02:12:55,350 --> 02:12:53,040
lowe's

3183
02:12:57,430 --> 02:12:55,360
and uh and i'm going through

3184
02:12:58,629 --> 02:12:57,440
see now whatever you're doing right now

3185
02:13:00,629 --> 02:12:58,639
that's the sound coming through the

3186
02:13:03,350 --> 02:13:00,639
microphone okay it's touching it's

3187
02:13:05,830 --> 02:13:03,360
touching the the headphone thing so i

3188
02:13:06,790 --> 02:13:05,840

gotta put it my hands behind me

3189

02:13:09,350 --> 02:13:06,800

there you go

3190

02:13:11,189 --> 02:13:09,360

he's making it up as he goes along so

3191

02:13:13,669 --> 02:13:11,199

i'm going through lowe's and i had to

3192

02:13:14,870 --> 02:13:13,679

get some birdseed right and

3193

02:13:16,310 --> 02:13:14,880

so i'm

3194

02:13:18,310 --> 02:13:16,320

in this section of the store by the way

3195

02:13:22,390 --> 02:13:18,320

the lows that i go to

3196

02:13:23,990 --> 02:13:22,400

the bird seed section there are birds

3197

02:13:27,270 --> 02:13:24,000

wild birds

3198

02:13:29,189 --> 02:13:27,280

inside of lowe's that eat the bird seed

3199

02:13:31,030 --> 02:13:29,199

and everybody's cool with it i'm cool

3200

02:13:33,589 --> 02:13:31,040

with it it's really weird why you can

3201

02:13:35,910 --> 02:13:33,599

hear him you look up and you look at

3202

02:13:37,669 --> 02:13:35,920

there's like see there's like a hundred

3203

02:13:40,709 --> 02:13:37,679

birds and lows

3204

02:13:42,550 --> 02:13:40,719

that uh eat this bird seed anyway so i i

3205

02:13:44,790 --> 02:13:42,560

turned the corner

3206

02:13:48,310 --> 02:13:44,800

of going to the bird scene section

3207

02:13:51,589 --> 02:13:48,320

and right there are the robot vacuums

3208

02:13:53,589 --> 02:13:51,599

and i looked i went oh man this dream

3209

02:13:55,750 --> 02:13:53,599

what am i doing and i just

3210

02:13:57,270 --> 02:13:55,760

just like hurried up

3211

02:13:59,350 --> 02:13:57,280

it got past

3212

02:14:01,830 --> 02:13:59,360

the room buzz

3213

02:14:05,270 --> 02:14:01,840

that dream messed with my head man it it

3214

02:14:07,830 --> 02:14:05,280

really messed with my head and now um

3215

02:14:09,910 --> 02:14:07,840

this is the other part though for me

3216

02:14:12,470 --> 02:14:09,920

why was it

3217

02:14:15,990 --> 02:14:12,480

so scary why wasn't it scary when the

3218

02:14:17,510 --> 02:14:16,000

dog bit my leg that didn't bother me

3219

02:14:20,149 --> 02:14:17,520

when the dog

3220

02:14:22,790 --> 02:14:20,159

grabbed my shirt and caught me

3221

02:14:24,950 --> 02:14:22,800

and started swinging me around which was

3222

02:14:27,510 --> 02:14:24,960

just bizarre but that was the

3223

02:14:29,669 --> 02:14:27,520

that freaked me out

3224

02:14:31,350 --> 02:14:29,679

i mean freaked me out i had to turn on

3225

02:14:34,709 --> 02:14:31,360

the lights i mean i i'd

3226

02:14:40,229 --> 02:14:37,350

what gives

3227

02:14:42,870 --> 02:14:40,239

i would i would go back and say that

3228

02:14:44,550 --> 02:14:42,880

when you felt that emotion it would be

3229

02:14:45,990 --> 02:14:44,560

the type of purging of the

3230

02:14:48,470 --> 02:14:46,000

electromagnetic

3231

02:14:49,270 --> 02:14:48,480

field of built up energy

3232

02:14:52,470 --> 02:14:49,280

so

3233

02:14:54,709 --> 02:14:52,480

you had to kind of experience that fear

3234

02:14:55,430 --> 02:14:54,719

going through this

3235

02:14:57,750 --> 02:14:55,440

so

3236

02:14:59,270 --> 02:14:57,760

you know a lot of times

3237

02:15:01,430 --> 02:14:59,280

um

3238

02:15:03,830 --> 02:15:01,440

like for example when i was taking uh my

3239

02:15:05,189 --> 02:15:03,840

shamanic training it was a lot about

3240

02:15:07,510 --> 02:15:05,199

dreams

3241

02:15:09,589 --> 02:15:07,520

and they would say that you know having

3242

02:15:11,589 --> 02:15:09,599

like a nightmare

3243

02:15:13,990 --> 02:15:11,599

is actually a good thing

3244

02:15:17,350 --> 02:15:14,000

because when you have this nightmare

3245

02:15:18,790 --> 02:15:17,360

it's the body capable of purging things

3246

02:15:20,550 --> 02:15:18,800

while you're sleeping so you don't have

3247

02:15:22,790 --> 02:15:20,560

to deal with it

3248

02:15:24,069 --> 02:15:22,800

it's almost like a correction

3249

02:15:25,910 --> 02:15:24,079

so a lot of people will have very

3250

02:15:27,990 --> 02:15:25,920

profound dreams

3251

02:15:30,229 --> 02:15:28,000

um go through a situation in their dream

3252

02:15:33,030 --> 02:15:30,239

that might be even traumatic

3253

02:15:35,189 --> 02:15:33,040

and they learn from it somehow

3254

02:15:38,069 --> 02:15:35,199

and they wake up slightly different or

3255

02:15:40,310 --> 02:15:38,079

slightly changed in their mind so dreams

3256

02:15:42,790 --> 02:15:40,320

have an ability to teach us it has an

3257

02:15:45,109 --> 02:15:42,800

ability to actually change us

3258

02:15:47,589 --> 02:15:45,119

and evolve us

3259

02:15:49,910 --> 02:15:47,599

and i i really think that that type of

3260

02:15:51,830 --> 02:15:49,920

dream that you've had was a combination

3261

02:15:52,950 --> 02:15:51,840

of some type of messaging like some type

3262

02:15:54,149 --> 02:15:52,960

of

3263

02:15:55,750 --> 02:15:54,159

um

3264

02:15:56,950 --> 02:15:55,760

you know that dog was trying to tell you

3265

02:15:57,750 --> 02:15:56,960

something

3266

02:15:59,830 --> 02:15:57,760

and

3267

02:16:02,069 --> 02:15:59,840

in a way it was also

3268

02:16:04,310 --> 02:16:02,079

purging or clearing out certain things

3269

02:16:07,109 --> 02:16:04,320

in your body

3270

02:16:09,510 --> 02:16:07,119

so it could be positive as well

3271

02:16:11,669 --> 02:16:09,520

the um

3272

02:16:13,750 --> 02:16:11,679

the other part uh

3273

02:16:16,229 --> 02:16:13,760

you know about lucid dreaming and and

3274

02:16:19,430 --> 02:16:16,239

having the control

3275

02:16:22,629 --> 02:16:19,440

uh go down um

3276

02:16:27,750 --> 02:16:24,310

should you seek out a positive

3277

02:16:32,469 --> 02:16:30,709

well i would think you would want to

3278

02:16:34,950 --> 02:16:32,479

um i would

3279

02:16:35,990 --> 02:16:34,960

again it's like it all depends on the

3280

02:16:37,830 --> 02:16:36,000

mind

3281

02:16:39,509 --> 02:16:37,840

the perspective and the person wielding

3282

02:16:41,990 --> 02:16:39,519

that power

3283

02:16:44,150 --> 02:16:42,000

you know so if you're a teenager and you

3284

02:16:46,309 --> 02:16:44,160

have these dreams you know you probably

3285

02:16:47,750 --> 02:16:46,319

want to go into fantasy you know when

3286

02:16:49,509 --> 02:16:47,760

you're older

3287

02:16:53,349 --> 02:16:49,519

and more

3288

02:16:55,509 --> 02:16:53,359

evolved and know what's happening to you

3289

02:16:57,349 --> 02:16:55,519

instead of going into fantasy

3290

02:16:59,830 --> 02:16:57,359

or into desires

3291

02:17:00,870 --> 02:16:59,840

what you want to do is you say okay i

3292

02:17:07,030 --> 02:17:00,880

want to

3293

02:17:08,790 --> 02:17:07,040

evolve

3294

02:17:10,389 --> 02:17:08,800

my thought and understand something

3295

02:17:13,110 --> 02:17:10,399

differently

3296

02:17:15,589 --> 02:17:13,120

so it really depends on where the person

3297

02:17:17,349 --> 02:17:15,599

is and where their perception is

3298

02:17:20,950 --> 02:17:17,359

going into the dream and that is what

3299

02:17:25,429 --> 02:17:22,389

yeah and

3300

02:17:27,910 --> 02:17:25,439

as opposed to

3301

02:17:29,509 --> 02:17:27,920

possibly something violent or i don't

3302

02:17:32,469 --> 02:17:29,519

know what that may be maybe you want to

3303

02:17:33,669 --> 02:17:32,479

dream about robbing a bank for instance

3304

02:17:36,469 --> 02:17:33,679

um

3305

02:17:37,589 --> 02:17:36,479

and i could i could see that

3306

02:17:41,190 --> 02:17:37,599

but

3307

02:17:44,549 --> 02:17:41,200

if you are going to avoid waking up in a

3308

02:17:47,110 --> 02:17:44,559

cold sweat like i did

3309

02:17:49,190 --> 02:17:47,120

i will never intentionally dream about

3310

02:17:50,070 --> 02:17:49,200

robots again i can tell you that right

3311

02:17:51,509 --> 02:17:50,080

now

3312

02:17:55,270 --> 02:17:51,519

and

3313

02:17:57,429 --> 02:17:55,280

you do

3314

02:18:00,230 --> 02:17:57,439

if you want to have a a

3315

02:18:02,629 --> 02:18:00,240

a a great experience and survive the

3316

02:18:03,589 --> 02:18:02,639

night in other words what i'm saying

3317

02:18:05,589 --> 02:18:03,599

here

3318

02:18:06,950 --> 02:18:05,599

is you don't want to be forced into

3319

02:18:08,709 --> 02:18:06,960

waking up

3320

02:18:10,230 --> 02:18:08,719

right you want to be able to have this

3321

02:18:11,830 --> 02:18:10,240

dream all night long you don't want to

3322

02:18:14,150 --> 02:18:11,840

wake up in a panic

3323

02:18:15,830 --> 02:18:14,160

and and then restart the process and

3324

02:18:17,429 --> 02:18:15,840

that's very difficult to go back to

3325

02:18:18,950 --> 02:18:17,439

sleep after you wake up and your

3326

02:18:20,950 --> 02:18:18,960

adrenaline is all

3327

02:18:23,509 --> 02:18:20,960

whacked out of shape like i was i had a

3328

02:18:25,509 --> 02:18:23,519

hard time going back to sleep after that

3329

02:18:26,629 --> 02:18:25,519

and i had to change

3330

02:18:28,709 --> 02:18:26,639

uh

3331

02:18:30,950 --> 02:18:28,719

what i was thinking about i didn't want

3332

02:18:33,110 --> 02:18:30,960

to get sucked back into

3333

02:18:35,910 --> 02:18:33,120

that dream i'm telling you this was a

3334

02:18:38,629 --> 02:18:35,920

full experience that i had on sunday

3335

02:18:41,270 --> 02:18:38,639

night and okay now you mentioned

3336

02:18:45,429 --> 02:18:41,280

entities that's where i was just about

3337

02:18:47,990 --> 02:18:45,439

to take this okay yeah i have

3338

02:18:49,990 --> 02:18:48,000

i have a fear

3339

02:18:52,549 --> 02:18:50,000

okay hasn't happened

3340

02:18:55,030 --> 02:18:52,559

but i have a fear

3341

02:18:57,750 --> 02:18:55,040

i wake up gotta go to the bathroom

3342

02:19:01,349 --> 02:18:57,760

whatever you know i wake up and then

3343

02:19:05,349 --> 02:19:01,359

i wake up seeing something

3344

02:19:06,950 --> 02:19:05,359

that that i have a fear of that

3345

02:19:15,110 --> 02:19:06,960

going to the washroom is the only dream

3346

02:19:20,150 --> 02:19:17,270

anyways

3347

02:19:22,070 --> 02:19:20,160

try the veal jason will be here all

3348

02:19:24,070 --> 02:19:22,080

right tip the waitresses that was good

3349

02:19:27,750 --> 02:19:24,080

my man that was good but yeah i have

3350

02:19:29,589 --> 02:19:27,760

this fear that what if right what if

3351
02:19:32,469 --> 02:19:29,599
you know you wake up and i've got the

3352
02:19:35,589 --> 02:19:32,479
grim reaper over me right

3353
02:19:36,950 --> 02:19:35,599
and uh or whatever but

3354
02:19:40,070 --> 02:19:36,960
something is there that you're not

3355
02:19:41,750 --> 02:19:40,080
expecting and i have a big fear of that

3356
02:19:43,830 --> 02:19:41,760
well

3357
02:19:45,990 --> 02:19:43,840
let me take a step back to the other

3358
02:19:47,750 --> 02:19:46,000
dream that you had as well

3359
02:19:51,110 --> 02:19:47,760
is

3360
02:19:52,870 --> 02:19:51,120
these beings thought forms entities

3361
02:19:54,710 --> 02:19:52,880
in my experience

3362
02:19:56,870 --> 02:19:54,720
100 exist

3363
02:19:58,070 --> 02:19:56,880

okay i'll put that out there

3364

02:20:00,710 --> 02:19:58,080

now

3365

02:20:04,389 --> 02:20:00,720

these things

3366

02:20:06,790 --> 02:20:04,399

feed off of our emotions our thoughts

3367

02:20:10,150 --> 02:20:06,800

and when we dream they could actually

3368

02:20:12,309 --> 02:20:10,160

manipulate certain situations

3369

02:20:14,710 --> 02:20:12,319

right so they can actually

3370

02:20:17,830 --> 02:20:14,720

guide your dreams so it's not actually

3371

02:20:20,630 --> 02:20:17,840

your dream they can place you

3372

02:20:23,590 --> 02:20:20,640

in a dream of their choosing

3373

02:20:24,550 --> 02:20:23,600

using your subconscious

3374

02:20:25,670 --> 02:20:24,560

and

3375

02:20:28,070 --> 02:20:25,680

when you

3376

02:20:29,670 --> 02:20:28,080

emote that fear

3377

02:20:31,030 --> 02:20:29,680

from that dream when you have that

3378

02:20:33,910 --> 02:20:31,040

feeling

3379

02:20:37,110 --> 02:20:33,920

they take that energy from you it's like

3380

02:20:39,590 --> 02:20:37,120

what they need to survive

3381

02:20:41,750 --> 02:20:39,600

so there are many cases

3382

02:20:45,190 --> 02:20:41,760

even personal experiences that i know

3383

02:20:47,670 --> 02:20:45,200

for a fact that my dream was not mine

3384

02:20:50,309 --> 02:20:47,680

it was purposely placed there and when i

3385

02:20:52,070 --> 02:20:50,319

realized and woke up there was that

3386

02:20:53,830 --> 02:20:52,080

thing standing in the room that you have

3387

02:20:55,190 --> 02:20:53,840

the fear of

3388

02:20:57,030 --> 02:20:55,200

you know standing next to the bed

3389

02:20:59,190 --> 02:20:57,040

putting that in there

3390

02:21:01,190 --> 02:20:59,200

then i had to kind of face and deal with

3391

02:21:03,990 --> 02:21:01,200

it and understand

3392

02:21:05,830 --> 02:21:04,000

what it was and what it wanted

3393

02:21:09,670 --> 02:21:05,840

and then there's also very ancient

3394

02:21:14,150 --> 02:21:11,830

nothing is truly ours everything is

3395

02:21:17,190 --> 02:21:14,160

shared everything is

3396

02:21:19,830 --> 02:21:17,200

passed from level to level to level

3397

02:21:21,270 --> 02:21:19,840

and what that means is

3398

02:21:23,429 --> 02:21:21,280

let's say during the day you're eating

3399

02:21:27,030 --> 02:21:23,439

you're drinking you're you're taking in

3400

02:21:31,110 --> 02:21:27,040

energy's emotions thoughts

3401

02:21:33,190 --> 02:21:31,120

there is elemental energies to this

3402

02:21:34,230 --> 02:21:33,200

and when you go to sleep at night

3403

02:21:37,030 --> 02:21:34,240

different

3404

02:21:38,870 --> 02:21:37,040

spiritual beings not human

3405

02:21:41,590 --> 02:21:38,880

but of the earth

3406

02:21:43,030 --> 02:21:41,600

will come to you to collect

3407

02:21:45,830 --> 02:21:43,040

the excess of things that you've

3408

02:21:48,710 --> 02:21:45,840

collected in your own energy

3409

02:21:50,710 --> 02:21:48,720

and that is their that is like their job

3410

02:21:52,150 --> 02:21:50,720

and we may look at it as like

3411

02:21:54,710 --> 02:21:52,160

entities or things like that because we

3412

02:21:56,550 --> 02:21:54,720

have no understanding of what it is

3413

02:21:58,550 --> 02:21:56,560

but it's like they're going to now

3414

02:22:00,150 --> 02:21:58,560

you've taken this energy

3415

02:22:02,550 --> 02:22:00,160

and you've taken too much of it and now

3416

02:22:03,990 --> 02:22:02,560

you need to balance it so they need to

3417

02:22:06,630 --> 02:22:04,000

kind of take it off you because they

3418

02:22:08,469 --> 02:22:06,640

need it for their survival and that's

3419

02:22:11,830 --> 02:22:08,479

another rule

3420

02:22:14,230 --> 02:22:11,840

in this kind of shamanic spiritual world

3421

02:22:16,309 --> 02:22:14,240

is everything has a hunger

3422

02:22:17,830 --> 02:22:16,319

a type of hunger

3423

02:22:19,270 --> 02:22:17,840

and even

3424

02:22:21,110 --> 02:22:19,280

though we're at the top of the food

3425

02:22:23,429 --> 02:22:21,120

chain in the physical world

3426
02:22:24,550 --> 02:22:23,439
energetically speaking we may need to

3427
02:22:28,550 --> 02:22:24,560
share

3428
02:22:32,469 --> 02:22:30,309
when uh

3429
02:22:34,309 --> 02:22:32,479
when i started to learn about

3430
02:22:36,469 --> 02:22:34,319
astral travel

3431
02:22:38,309 --> 02:22:36,479
and and what it was

3432
02:22:40,389 --> 02:22:38,319
um

3433
02:22:43,190 --> 02:22:40,399
i'm wondering

3434
02:22:45,590 --> 02:22:43,200
that when i was younger and this was

3435
02:22:48,790 --> 02:22:45,600
when i was five six years old very

3436
02:22:51,110 --> 02:22:48,800
specific location where we were living

3437
02:22:53,110 --> 02:22:51,120
i dude i had flying dreams and people

3438
02:22:54,550 --> 02:22:53,120

used to talk about that and i've heard

3439

02:22:55,910 --> 02:22:54,560

you know people fly in their dreams

3440

02:22:57,349 --> 02:22:55,920

right well

3441

02:22:58,870 --> 02:22:57,359

i would

3442

02:23:01,590 --> 02:22:58,880

literally

3443

02:23:04,469 --> 02:23:01,600

fly i'd run out in the backyard i'd run

3444

02:23:06,710 --> 02:23:04,479

take off fly over this uh playground in

3445

02:23:09,590 --> 02:23:06,720

the back and i talk to my family and i'm

3446

02:23:10,790 --> 02:23:09,600

up in the air and i'm doing my thing

3447

02:23:12,870 --> 02:23:10,800

and

3448

02:23:14,990 --> 02:23:12,880

i don't have those dreams anymore i

3449

02:23:17,510 --> 02:23:15,000

haven't had those dreams for

3450

02:23:18,710 --> 02:23:17,520

52 years

3451
02:23:21,429 --> 02:23:18,720
haven't i

3452
02:23:22,469 --> 02:23:21,439
i do not fly in my dreams

3453
02:23:24,950 --> 02:23:22,479
at all

3454
02:23:28,469 --> 02:23:24,960
i did when i was five and six and i'm

3455
02:23:29,830 --> 02:23:28,479
wondering in an accidental way

3456
02:23:31,990 --> 02:23:29,840
if i was

3457
02:23:33,990 --> 02:23:32,000
astral traveling

3458
02:23:36,630 --> 02:23:34,000
because i don't have i do i don't have

3459
02:23:40,389 --> 02:23:36,640
flying dreams and i'm flying in my

3460
02:23:42,550 --> 02:23:40,399
dreams no i do not at all ever jason

3461
02:23:45,750 --> 02:23:42,560
when i was five and six

3462
02:23:48,790 --> 02:23:45,760
i was i was flying over the house um

3463
02:23:49,990 --> 02:23:48,800

like every day and remembering it

3464

02:23:52,550 --> 02:23:50,000

yep

3465

02:23:54,870 --> 02:23:52,560

and i've had very similar when i was a

3466

02:23:56,630 --> 02:23:54,880

child i remember flying out my window

3467

02:23:58,309 --> 02:23:56,640

and going to play in the park

3468

02:24:00,710 --> 02:23:58,319

and i i don't know if it was astral

3469

02:24:02,469 --> 02:24:00,720

travel or lucid dreaming

3470

02:24:06,550 --> 02:24:02,479

but i think flying

3471

02:24:09,190 --> 02:24:06,560

is the best feeling in a dream

3472

02:24:11,429 --> 02:24:09,200

and i think that

3473

02:24:14,150 --> 02:24:11,439

it is possible in another dimension

3474

02:24:16,389 --> 02:24:14,160

another state of reality that we did

3475

02:24:17,510 --> 02:24:16,399

have the ability to fly in a physical

3476

02:24:23,590 --> 02:24:17,520

body

3477

02:24:25,830 --> 02:24:23,600

and i still have dreams like that

3478

02:24:27,270 --> 02:24:25,840

which would be

3479

02:24:29,190 --> 02:24:27,280

i don't know if it would be lucid or

3480

02:24:30,230 --> 02:24:29,200

just a normal dream

3481

02:24:33,190 --> 02:24:30,240

but

3482

02:24:34,710 --> 02:24:33,200

it's like i would put my hands facing

3483

02:24:37,270 --> 02:24:34,720

the earth

3484

02:24:39,830 --> 02:24:37,280

and i could feel the magnetic fields go

3485

02:24:41,590 --> 02:24:39,840

through my body and lift me up

3486

02:24:43,510 --> 02:24:41,600

and i could travel

3487

02:24:45,349 --> 02:24:43,520

and it's the it's the greatest feeling

3488

02:24:46,790 --> 02:24:45,359

that you wake up and and you're thinking

3489

02:24:49,590 --> 02:24:46,800

well i can just put my hands down in

3490

02:24:51,190 --> 02:24:49,600

this world and do the same thing

3491

02:24:53,030 --> 02:24:51,200

but obviously it's not going to work

3492

02:24:56,710 --> 02:24:53,040

because it's a dream

3493

02:24:58,630 --> 02:24:56,720

but uh this is extremely common

3494

02:25:02,230 --> 02:24:58,640

extremely common dream

3495

02:25:05,429 --> 02:25:03,830

and they also feel that sensation of

3496

02:25:08,309 --> 02:25:05,439

falling at night

3497

02:25:11,429 --> 02:25:08,319

i know everybody feels that

3498

02:25:13,030 --> 02:25:11,439

but when it comes to flying

3499

02:25:15,349 --> 02:25:13,040

i think that's the

3500

02:25:17,349 --> 02:25:15,359

that's the dream that humans have had

3501
02:25:18,710 --> 02:25:17,359
forever since they saw the first bird in

3502
02:25:20,550 --> 02:25:18,720
the sky

3503
02:25:22,389 --> 02:25:20,560
humans wanted to fly

3504
02:25:23,429 --> 02:25:22,399
so i don't know why we haven't evolved

3505
02:25:25,510 --> 02:25:23,439
yet

3506
02:25:28,469 --> 02:25:25,520
because we've had that desire for

3507
02:25:30,950 --> 02:25:28,479
millions of years to fly

3508
02:25:31,910 --> 02:25:30,960
yeah i haven't had those dreams

3509
02:25:35,590 --> 02:25:31,920
i

3510
02:25:38,750 --> 02:25:35,600
not even close and there's uh another

3511
02:25:41,670 --> 02:25:38,760
thing and i may have mentioned this

3512
02:25:44,230 --> 02:25:41,680
before on the show

3513
02:25:46,230 --> 02:25:44,240

but my dreams

3514

02:25:48,630 --> 02:25:46,240

very rarely

3515

02:25:51,190 --> 02:25:48,640

resolve

3516

02:25:53,750 --> 02:25:51,200

right they never have an end

3517

02:25:54,550 --> 02:25:53,760

i i want to go and

3518

02:26:00,150 --> 02:25:54,560

uh

3519

02:26:01,750 --> 02:26:00,160

but we never plug in our guitars right

3520

02:26:04,070 --> 02:26:01,760

there's always some obstacle something

3521

02:26:05,429 --> 02:26:04,080

is always going on something stops

3522

02:26:07,349 --> 02:26:05,439

the dream

3523

02:26:10,469 --> 02:26:07,359

from resolving

3524

02:26:12,950 --> 02:26:10,479

and it's this struggle the dream is a

3525

02:26:15,030 --> 02:26:12,960

struggle right there's always you never

3526

02:26:16,389 --> 02:26:15,040

get to the top of the stairs

3527

02:26:18,710 --> 02:26:16,399

you never get to the bottom of the

3528

02:26:21,510 --> 02:26:18,720

stairs you never get to you know the

3529

02:26:23,910 --> 02:26:21,520

dream doesn't resolve

3530

02:26:27,190 --> 02:26:23,920

and there's a message there but i'm not

3531

02:26:29,190 --> 02:26:28,309

that's also

3532

02:26:31,349 --> 02:26:29,200

uh

3533

02:26:32,830 --> 02:26:31,359

very common

3534

02:26:36,710 --> 02:26:32,840

i have that

3535

02:26:38,710 --> 02:26:36,720

uh well of course of course it's always

3536

02:26:40,710 --> 02:26:38,720

you're getting to something and it never

3537

02:26:43,510 --> 02:26:40,720

gets there

3538

02:26:45,830 --> 02:26:43,520

you know because a dream

3539

02:26:47,830 --> 02:26:45,840

is just moments

3540

02:26:49,030 --> 02:26:47,840

you know so when we come back from a

3541

02:26:52,389 --> 02:26:49,040

dream

3542

02:26:54,389 --> 02:26:52,399

we basically uh carry fragments

3543

02:26:57,110 --> 02:26:54,399

of these memories

3544

02:26:58,870 --> 02:26:57,120

and we as an observer we're trying to

3545

02:27:00,710 --> 02:26:58,880

kind of piece these fragments together

3546

02:27:02,389 --> 02:27:00,720

of what we can remember

3547

02:27:04,950 --> 02:27:02,399

right of this journey

3548

02:27:07,670 --> 02:27:04,960

and if it has any importance to us or it

3549

02:27:10,070 --> 02:27:07,680

has any special meaning to us

3550

02:27:11,030 --> 02:27:10,080

and usually it's very hard and this is

3551

02:27:13,190 --> 02:27:11,040

why

3552

02:27:14,150 --> 02:27:13,200

they say have a dream journal by your

3553

02:27:16,389 --> 02:27:14,160

bed

3554

02:27:18,469 --> 02:27:16,399

because i i can't tell you how many

3555

02:27:19,910 --> 02:27:18,479

incredible dreams that i've had

3556

02:27:21,750 --> 02:27:19,920

where i received

3557

02:27:24,790 --> 02:27:21,760

incredible information

3558

02:27:26,630 --> 02:27:24,800

and i'm like oh yeah there's no way i'm

3559

02:27:28,870 --> 02:27:26,640

gonna forget this

3560

02:27:31,830 --> 02:27:28,880

and almost immediately after waking up

3561

02:27:33,270 --> 02:27:31,840

you're like oh my god i lost it

3562

02:27:37,429 --> 02:27:33,280

i lost it

3563

02:27:39,030 --> 02:27:37,439

well my uh my robot dog dream resolved

3564

02:27:43,030 --> 02:27:39,040

he caught me

3565

02:27:45,910 --> 02:27:43,040

a normal dream that doesn't happen right

3566

02:27:49,429 --> 02:27:45,920

but but but he actually caught me

3567

02:27:51,830 --> 02:27:49,439

and swung me around now uh jason we're

3568

02:27:55,670 --> 02:27:51,840

we're gonna head into overtime and i

3569

02:27:57,910 --> 02:27:55,680

saved the best for last

3570

02:28:01,030 --> 02:27:57,920

i want to talk about crystals i want to

3571

02:28:03,510 --> 02:28:01,040

talk about crystals and and and dreaming

3572

02:28:04,389 --> 02:28:03,520

and crystals and sleep

3573

02:28:06,630 --> 02:28:04,399

and

3574

02:28:09,190 --> 02:28:06,640

i i need your advice

3575

02:28:11,030 --> 02:28:09,200

um you already know this uh you know i'm

3576

02:28:14,630 --> 02:28:11,040

surrounded by crystals you know this

3577

02:28:16,790 --> 02:28:14,640

personally and i have every type of

3578

02:28:18,550 --> 02:28:16,800

crystal around me

3579

02:28:20,710 --> 02:28:18,560

i need to know

3580

02:28:24,150 --> 02:28:20,720

what i need to take to bed tonight and

3581

02:28:27,349 --> 02:28:24,160

also with everybody we have fader night

3582

02:28:28,469 --> 02:28:27,359

this thursday so

3583

02:28:30,630 --> 02:28:28,479

try

3584

02:28:33,510 --> 02:28:30,640

my little window thing

3585

02:28:35,110 --> 02:28:33,520

i would love to hear from uh from you on

3586

02:28:37,830 --> 02:28:35,120

on thursday night

3587

02:28:38,630 --> 02:28:37,840

did you try to climb through a window

3588

02:28:43,830 --> 02:28:38,640

and

3589

02:28:45,830 --> 02:28:43,840

out this is fade to black i'm your host

3590

02:28:47,830 --> 02:28:45,840

jimmy church tonight the one and only

3591

02:28:49,990 --> 02:28:47,840

jason quit you can see him he's right

3592

02:28:51,670 --> 02:28:50,000

which way he's that way

3593

02:28:54,230 --> 02:28:51,680

he's right there he's right in front of

3594

02:28:57,670 --> 02:28:54,240

us we're going to go into overtime and

3595

02:29:00,230 --> 02:28:57,680

uh his website is called the crystal sun

3596

02:29:02,469 --> 02:29:00,240

for a reason we'll find out when we come

3597

02:29:05,349 --> 02:29:02,479

back this is fade to black i'm yours

3598

02:29:08,970 --> 02:29:05,359

jimmy church tonight astral and lucid

3599

02:29:19,710 --> 02:29:08,980

dreaming with jason quit stay with us

3600

02:29:21,010 --> 02:29:19,720

[Music]

3601
02:29:29,030 --> 02:29:21,020
[Applause]

3602
02:29:32,710 --> 02:29:31,190
you're listening to jimmy church and

3603
02:29:37,670 --> 02:29:32,720
fade to black

3604
02:29:42,870 --> 02:29:40,070
hey what up y'all biblical fox here and

3605
02:29:47,190 --> 02:29:42,880
you are listening to my boy jimmy church

3606
02:29:51,429 --> 02:29:48,830
despite popular

3607
02:29:56,420 --> 02:29:51,439
opinion reading a book will not make you

3608
02:29:59,910 --> 02:29:57,750
[Applause]

3609
02:30:02,070 --> 02:29:59,920
this is billy carson founder and ceo of

3610
02:30:03,910 --> 02:30:02,080
forbidden knowledge dot tv forbidden

3611
02:30:05,670 --> 02:30:03,920
knowledge dot tv is the fastest growing

3612
02:30:07,510 --> 02:30:05,680
and one of the most watched networks in

3613
02:30:09,110 --> 02:30:07,520

the world i would like to personally

3614

02:30:11,910 --> 02:30:09,120

invite you to check out our expanding

3615

02:30:13,990 --> 02:30:11,920

library of tv film lectures and special

3616

02:30:16,070 --> 02:30:14,000

presentations forbidden knowledge dot tv

3617

02:30:19,349 --> 02:30:16,080

has over 6 000 videos covering lost

3618

02:30:21,270 --> 02:30:19,359

history health ufos spirituality and our

3619

02:30:23,670 --> 02:30:21,280

future we are committed to our community

3620

02:30:25,750 --> 02:30:23,680

and with my personal invitation you can

3621

02:30:28,070 --> 02:30:25,760

right now get your free 30-day

3622

02:30:30,070 --> 02:30:28,080

membership at forbidden knowledge dot tv

3623

02:30:32,940 --> 02:30:30,080

your own library of information starts

3624

02:30:34,469 --> 02:30:32,950

today at forbidden knowledge dot tv

3625

02:30:36,950 --> 02:30:34,479

[Music]

3626
02:30:40,389 --> 02:30:36,960
your one million gigawatt paranormal

3627
02:30:42,150 --> 02:30:40,399
powerhouse kumx db

3628
02:30:43,910 --> 02:30:42,160
the x

3629
02:30:46,469 --> 02:30:43,920
are you ready to read about true

3630
02:30:49,270 --> 02:30:46,479
paranormal events unex media publishes

3631
02:30:51,750 --> 02:30:49,280
non-fiction books about ufos ghosts and

3632
02:30:54,950 --> 02:30:51,760
haunted places time anomalies cryptid

3633
02:30:57,110 --> 02:30:54,960
creatures and more just like kunx db

3634
02:31:01,190 --> 02:30:57,120
radio it's all about unexplained

3635
02:31:03,270 --> 02:31:01,200
phenomena visit wwe

3636
02:31:05,510 --> 02:31:03,280
to see our list of great book titles by

3637
02:31:07,990 --> 02:31:05,520
debbie zigglemeyer gene walker devin

3638
02:31:10,230 --> 02:31:08,000

listrom wayne lawrence bill spicer and

3639

02:31:14,630 --> 02:31:10,240

yours truly margie k that's on

3640

02:31:19,349 --> 02:31:16,710

when you take the beans from central

3641

02:31:21,830 --> 02:31:19,359

america with dashes of indonesian and

3642

02:31:24,950 --> 02:31:21,840

african mixed in and then roasted to the

3643

02:31:27,510 --> 02:31:24,960

dark side of fade to black you create

3644

02:31:30,389 --> 02:31:27,520

the ultimate brew of fringe

3645

02:31:33,670 --> 02:31:30,399

introducing the fade to black blend from

3646

02:31:36,550 --> 02:31:33,680

river moon coffee yes river moon's

3647

02:31:39,349 --> 02:31:36,560

darkest customized roast was created for

3648

02:31:41,910 --> 02:31:39,359

the love of fade to black

3649

02:31:44,550 --> 02:31:41,920

the alchemy of masterful roasting and

3650

02:31:48,070 --> 02:31:44,560

smoking the beans is in every sip of

3651
02:31:49,510 --> 02:31:48,080
this full-bodied dark java i need my

3652
02:31:52,070 --> 02:31:49,520
coffee doc

3653
02:31:55,110 --> 02:31:52,080
deep with distinct bittersweet chocolate

3654
02:31:57,590 --> 02:31:55,120
highlights just like the bunker leaning

3655
02:32:00,309 --> 02:31:57,600
further into the darkness of the roast

3656
02:32:02,910 --> 02:32:00,319
is fade to black blend from river moon

3657
02:32:04,870 --> 02:32:02,920
coffee just click on the banner at

3658
02:32:08,710 --> 02:32:04,880
jimmychurchradio.com and use the promo

3659
02:32:11,670 --> 02:32:08,720
code f2b blend for 15 off of your order

3660
02:32:13,510 --> 02:32:11,680
today

3661
02:32:16,790 --> 02:32:13,520
this is billy carson with forbidden

3662
02:32:18,790 --> 02:32:16,800
knowledge dot tv forbidden knowledge tv

3663
02:32:21,910 --> 02:32:18,800

has just reached its one year

3664

02:32:24,230 --> 02:32:21,920

anniversary that's right one year and as

3665

02:32:27,030 --> 02:32:24,240

a show of appreciation we are giving all

3666

02:32:30,070 --> 02:32:27,040

new subscribers a free 30-day trial of

3667

02:32:33,190 --> 02:32:30,080

forbidden knowledge dot tv that's 30

3668

02:32:35,830 --> 02:32:33,200

days to binge watch thousands of movies

3669

02:32:38,790 --> 02:32:35,840

documentaries conferences workshops

3670

02:32:41,429 --> 02:32:38,800

lectures yoga classes meditation courses

3671

02:32:43,750 --> 02:32:41,439

and so much more so log on to forbidden

3672

02:32:45,910 --> 02:32:43,760

knowledge dot tv from your computer or

3673

02:32:50,469 --> 02:32:45,920

mobile device or get the forbidden

3674

02:32:53,590 --> 02:32:50,479

knowledge tv app on apple tv roku amazon

3675

02:32:57,190 --> 02:32:53,600

itunes or google play today and use

3676

02:32:59,670 --> 02:32:57,200

coupon code 30 days free that's coupon

3677

02:33:05,990 --> 02:32:59,680

code 30 days free on forbidden knowledge

3678

02:33:10,950 --> 02:33:08,150

are you intrigued by paranormal talk

3679

02:33:13,670 --> 02:33:10,960

radio you love the new paranormal radio

3680

02:33:15,429 --> 02:33:13,680

app from talk stream live

3681

02:33:18,230 --> 02:33:15,439

you'll find a great selection of talk

3682

02:33:20,389 --> 02:33:18,240

shows covering ufos ghosts strange

3683

02:33:22,710 --> 02:33:20,399

phenomena and much more

3684

02:33:24,550 --> 02:33:22,720

download the paranormal radio app now

3685

02:33:26,950 --> 02:33:24,560

and start listening to the very best in

3686

02:33:28,550 --> 02:33:26,960

paranormal talk entertainment including

3687

02:33:31,590 --> 02:33:28,560

the network you're listening to right

3688

02:33:40,920 --> 02:33:31,600

now the paranormal radio app free in

3689

02:33:46,150 --> 02:33:43,110

[Music]

3690

02:33:49,910 --> 02:33:46,160

it's not a lifestyle we chose we were

3691

02:33:53,720 --> 02:33:49,920

born this way this is kjcr

3692

02:34:08,309 --> 02:34:04,540

[Music]

3693

02:34:11,990 --> 02:34:09,990

welcome back fade to black i am your

3694

02:34:14,309 --> 02:34:12,000

host temperature tonight jason quit we

3695

02:34:17,910 --> 02:34:14,319

are in overtime everybody you knew this

3696

02:34:19,590 --> 02:34:17,920

was coming jason quit on the screen with

3697

02:34:22,150 --> 02:34:19,600

me at the same time we're going to get

3698

02:34:24,070 --> 02:34:22,160

the full experience tonight

3699

02:34:26,790 --> 02:34:24,080

and i wanted to save the best for last

3700

02:34:28,870 --> 02:34:26,800

uh jason which is uh the the

3701

02:34:31,910 --> 02:34:28,880

conversation about crystals

3702

02:34:33,190 --> 02:34:31,920

and and sleep and i've heard all the

3703

02:34:35,349 --> 02:34:33,200

stories

3704

02:34:36,870 --> 02:34:35,359

i've heard i sleep with this under my

3705

02:34:39,750 --> 02:34:36,880

pillow i sleep with this on my

3706

02:34:41,429 --> 02:34:39,760

nightstand i sleep with five on my chest

3707

02:34:43,510 --> 02:34:41,439

i put some in my

3708

02:34:45,990 --> 02:34:43,520

uh pockets in my pajamas you know and

3709

02:34:48,230 --> 02:34:46,000

and i i'm covered i have them in

3710

02:34:51,349 --> 02:34:48,240

different places in the room i have them

3711

02:34:54,309 --> 02:34:51,359

strategically and and uh

3712

02:34:57,670 --> 02:34:54,319

this has been going on for a long time

3713

02:34:59,750 --> 02:34:57,680

and i've had strange experiences uh with

3714

02:35:01,910 --> 02:34:59,760

crystals so much so

3715

02:35:05,030 --> 02:35:01,920

that i've removed

3716

02:35:05,990 --> 02:35:05,040

certain ones from my bedroom at night

3717

02:35:08,389 --> 02:35:06,000

uh

3718

02:35:10,389 --> 02:35:08,399

what's the best advice where do we go

3719

02:35:12,710 --> 02:35:10,399

it really depends on

3720

02:35:15,030 --> 02:35:12,720

hang on hang on sorry about that jason

3721

02:35:16,469 --> 02:35:15,040

go ahead it really depends on what you

3722

02:35:18,630 --> 02:35:16,479

uh want

3723

02:35:19,910 --> 02:35:18,640

uh depending on which crystals you

3724

02:35:22,870 --> 02:35:19,920

choose

3725

02:35:24,950 --> 02:35:22,880

for example if you take a quartz crystal

3726

02:35:27,349 --> 02:35:24,960

to bed let's see if i got a quartz here

3727

02:35:30,309 --> 02:35:27,359

i think i got a tiny piece here

3728

02:35:36,870 --> 02:35:33,110

quartz crystal

3729

02:35:38,309 --> 02:35:36,880

this could be possibly over stimulating

3730

02:35:40,150 --> 02:35:38,319

to have with you

3731

02:35:43,190 --> 02:35:40,160

because quartz uh is an amplifier of

3732

02:35:45,429 --> 02:35:43,200

energy so it could enhance your dreams

3733

02:35:47,990 --> 02:35:45,439

it could enhance your experiences but

3734

02:35:50,309 --> 02:35:48,000

again it can keep you up at night

3735

02:35:52,630 --> 02:35:50,319

okay so of course crystal is good but it

3736

02:35:54,710 --> 02:35:52,640

could be a little amplifying

3737

02:35:56,710 --> 02:35:54,720

okay so what does it actually do though

3738

02:35:58,870 --> 02:35:56,720

what does it amplify

3739

02:36:00,070 --> 02:35:58,880

um well it amplifies electromagnetic

3740

02:36:01,590 --> 02:36:00,080

energy

3741

02:36:04,309 --> 02:36:01,600

and our brains

3742

02:36:06,150 --> 02:36:04,319

are electromagnetic

3743

02:36:08,230 --> 02:36:06,160

energy flows through us always and by

3744

02:36:11,110 --> 02:36:08,240

putting this in the bed with us you're

3745

02:36:12,950 --> 02:36:11,120

putting a directional flow of energy

3746

02:36:13,670 --> 02:36:12,960

when you hold the crystal

3747

02:36:15,670 --> 02:36:13,680

like

3748

02:36:17,910 --> 02:36:15,680

you know let's say you're meditating or

3749

02:36:20,230 --> 02:36:17,920

holding a crystal in your hand

3750

02:36:21,910 --> 02:36:20,240

it has a piezoelectric effect that it

3751

02:36:23,830 --> 02:36:21,920

boosts the electromagnetic fields of the

3752

02:36:26,950 --> 02:36:23,840

body of the mind

3753

02:36:28,710 --> 02:36:26,960

so it could increase

3754

02:36:30,870 --> 02:36:28,720

the dreams it could increase the

3755

02:36:33,510 --> 02:36:30,880

messaging it could increase the

3756

02:36:35,590 --> 02:36:33,520

vividness of dreams

3757

02:36:36,469 --> 02:36:35,600

you could even have a greater

3758

02:36:37,990 --> 02:36:36,479

sleep

3759

02:36:41,110 --> 02:36:38,000

you may not have any dreams you may just

3760

02:36:43,590 --> 02:36:41,120

pass out and go wow i had a great sleep

3761

02:36:45,270 --> 02:36:43,600

you know so crystals have this energetic

3762

02:36:46,710 --> 02:36:45,280

quality to it

3763

02:36:48,309 --> 02:36:46,720

and

3764

02:36:50,230 --> 02:36:48,319

i'll say this is the simplest type of

3765

02:36:52,230 --> 02:36:50,240

crystal which is silicon dioxide it's

3766

02:36:54,870 --> 02:36:52,240

very pure it's just silicon and oxygen

3767

02:36:57,510 --> 02:36:54,880

molecules

3768

02:36:58,469 --> 02:36:57,520

where do you place that

3769

02:36:59,510 --> 02:36:58,479

um

3770

02:37:01,750 --> 02:36:59,520

usually

3771

02:37:04,150 --> 02:37:01,760

i place it in my hand before i go to

3772

02:37:06,150 --> 02:37:04,160

sleep and then as i start falling asleep

3773

02:37:07,429 --> 02:37:06,160

i let go of it and place it by my side

3774

02:37:10,550 --> 02:37:07,439

so it's not

3775

02:37:11,910 --> 02:37:10,560

going to hurt me during the night

3776

02:37:14,469 --> 02:37:11,920

i can't tell you how many times i've

3777

02:37:16,950 --> 02:37:14,479

woken up with like a crystal in my back

3778

02:37:19,270 --> 02:37:16,960

where i was just like i need to

3779

02:37:21,590 --> 02:37:19,280

you know not bring this sharp thing into

3780

02:37:23,910 --> 02:37:21,600

bed with me

3781

02:37:25,110 --> 02:37:23,920

um

3782

02:37:26,790 --> 02:37:25,120

i have

3783

02:37:29,110 --> 02:37:26,800

what what does

3784

02:37:31,110 --> 02:37:29,120

and that was what type of crystal did

3785

02:37:34,070 --> 02:37:31,120

you just hold up a quartz crystal which

3786

02:37:36,790 --> 02:37:34,080

is silicon dioxide which is what i have

3787

02:37:38,309 --> 02:37:36,800

here okay very very pure

3788

02:37:40,630 --> 02:37:38,319

so that's like the purest you can get

3789

02:37:43,750 --> 02:37:40,640

and then once other minerals start to be

3790

02:37:45,750 --> 02:37:43,760

added to the silica you get other forms

3791

02:37:47,110 --> 02:37:45,760

of crystals

3792

02:37:49,429 --> 02:37:47,120

but then you could have like a safer

3793

02:37:51,190 --> 02:37:49,439

crystal in bed so there's lots of these

3794

02:37:52,950 --> 02:37:51,200

you know shaped in

3795

02:37:55,349 --> 02:37:52,960

in like an egg form

3796

02:37:56,790 --> 02:37:55,359

and what kind of crystal is that

3797

02:37:58,870 --> 02:37:56,800

um

3798

02:38:00,469 --> 02:37:58,880

it's some type of ruby

3799

02:38:02,389 --> 02:38:00,479

uh hybrid

3800

02:38:04,550 --> 02:38:02,399

right exactly what is but those red

3801
02:38:07,830 --> 02:38:04,560
things in there are actually rubies

3802
02:38:10,950 --> 02:38:08,950
um

3803
02:38:13,510 --> 02:38:10,960
but most people

3804
02:38:15,270 --> 02:38:13,520
they go with the classics

3805
02:38:18,230 --> 02:38:15,280
and the classics being let's say like a

3806
02:38:21,670 --> 02:38:18,240
piece of amethyst

3807
02:38:23,990 --> 02:38:21,680
and amethyst is again

3808
02:38:25,510 --> 02:38:24,000
quartz but it has iron and other

3809
02:38:27,270 --> 02:38:25,520
imperfections in it which give it the

3810
02:38:35,030 --> 02:38:27,280
purple color

3811
02:38:38,469 --> 02:38:35,040
the manganese element that's in here

3812
02:38:40,469 --> 02:38:38,479
they say it's very good for sleeping

3813
02:38:42,150 --> 02:38:40,479

so most people

3814

02:38:43,590 --> 02:38:42,160

stick with classics they go with the

3815

02:38:45,429 --> 02:38:43,600

amethyst

3816

02:38:48,070 --> 02:38:45,439

under the pillow

3817

02:38:49,590 --> 02:38:48,080

um they meditate with it before bed

3818

02:38:52,710 --> 02:38:49,600

because it's also for spiritual

3819

02:38:54,309 --> 02:38:52,720

protection for dreams for astral travel

3820

02:38:55,510 --> 02:38:54,319

so if you were to take something to bed

3821

02:38:56,870 --> 02:38:55,520

i would recommend something like

3822

02:38:59,590 --> 02:38:56,880

amethyst

3823

02:39:01,910 --> 02:38:59,600

or obviously you know the orolite 23

3824

02:39:04,550 --> 02:39:01,920

which is a very ancient amethyst with

3825

02:39:06,630 --> 02:39:04,560

lots of iron so you can see iron

3826

02:39:09,750 --> 02:39:06,640

on the cap here

3827

02:39:12,550 --> 02:39:09,760

and when it comes to the metals

3828

02:39:14,630 --> 02:39:12,560

metals are also very amplifying

3829

02:39:16,230 --> 02:39:14,640

but they're also very protective and

3830

02:39:19,110 --> 02:39:16,240

shielding so if you think you have

3831

02:39:21,990 --> 02:39:19,120

problems with let's say entities

3832

02:39:23,830 --> 02:39:22,000

or disturbing

3833

02:39:25,910 --> 02:39:23,840

disturbances in your dream like a lot of

3834

02:39:27,750 --> 02:39:25,920

nightmares

3835

02:39:29,429 --> 02:39:27,760

like this stone right here is

3836

02:39:31,510 --> 02:39:29,439

i'm just manifesting them out of the air

3837

02:39:33,750 --> 02:39:31,520

i know people don't realize that

3838

02:39:35,590 --> 02:39:33,760

but this is an amethyst

3839

02:39:38,710 --> 02:39:35,600

right here

3840

02:39:41,030 --> 02:39:38,720

and it's covered in uh pyrite which is

3841

02:39:43,030 --> 02:39:41,040

again iron

3842

02:39:44,550 --> 02:39:43,040

so you can have something with iron in

3843

02:39:46,150 --> 02:39:44,560

it like pyrite

3844

02:39:49,030 --> 02:39:46,160

hematite

3845

02:39:51,190 --> 02:39:49,040

with the elements of the quartz crystal

3846

02:39:53,190 --> 02:39:51,200

and the um

3847

02:39:54,309 --> 02:39:53,200

hold that up and that that's beautiful

3848

02:39:56,550 --> 02:39:54,319

man

3849

02:39:58,790 --> 02:39:56,560

thank you yes yeah just

3850

02:40:00,950 --> 02:39:58,800

flip it over

3851

02:40:03,190 --> 02:40:00,960

it's very difficult to see but it is an

3852

02:40:06,550 --> 02:40:03,200

amethyst that's covered in pyrite

3853

02:40:08,230 --> 02:40:06,560

crystals wow that is just awesome man so

3854

02:40:09,990 --> 02:40:08,240

you can have this

3855

02:40:13,830 --> 02:40:10,000

type of crystal if you want shielding

3856

02:40:15,190 --> 02:40:13,840

and protection as well as amplification

3857

02:40:17,269 --> 02:40:15,200

it's funny because i'm just grabbing the

3858

02:40:18,710 --> 02:40:17,279

crystals that are in front of me here

3859

02:40:21,429 --> 02:40:18,720

yeah

3860

02:40:24,630 --> 02:40:21,439

i have a bunch here too i have uh

3861

02:40:26,309 --> 02:40:24,640

um i well i have my trouble maker this

3862

02:40:30,309 --> 02:40:26,319

is jose

3863

02:40:31,910 --> 02:40:30,319

and uh and he's pure quartz as you can

3864

02:40:33,190 --> 02:40:31,920

see and uh

3865

02:40:35,349 --> 02:40:33,200

nothing

3866

02:40:36,469 --> 02:40:35,359

uh uh

3867

02:40:38,710 --> 02:40:36,479

changing

3868

02:40:40,150 --> 02:40:38,720

anything about this just pure crystal

3869

02:40:42,950 --> 02:40:40,160

this dude

3870

02:40:43,990 --> 02:40:42,960

causes trouble 100 i can't sleep with

3871

02:40:46,230 --> 02:40:44,000

them

3872

02:40:48,630 --> 02:40:46,240

um

3873

02:40:50,790 --> 02:40:48,640

i've told the stories over the years but

3874

02:40:53,349 --> 02:40:50,800

so i i will not

3875

02:40:54,150 --> 02:40:53,359

have him in in my bedroom

3876

02:40:55,269 --> 02:40:54,160

but

3877

02:40:58,230 --> 02:40:55,279

that's just

3878

02:40:59,269 --> 02:40:58,240

he's he's a troublemaker but what about

3879

02:41:00,230 --> 02:40:59,279

um

3880

02:41:07,670 --> 02:41:00,240

uh

3881

02:41:07,680 --> 02:41:12,790

chrysocola

3882

02:41:20,389 --> 02:41:14,950

here put you on the big screen

3883

02:41:26,389 --> 02:41:23,910

is that a chintamani stone

3884

02:41:28,070 --> 02:41:26,399

um or a map

3885

02:41:29,590 --> 02:41:28,080

it looks like a tektite

3886

02:41:31,429 --> 02:41:29,600

yeah i that's what i thought it was

3887

02:41:34,790 --> 02:41:31,439

tektite yeah

3888

02:41:37,190 --> 02:41:34,800

space glass yeah space glass

3889

02:41:40,469 --> 02:41:37,200

absolutely beautiful yeah

3890

02:41:42,630 --> 02:41:40,479

and i don't have uh it in front of me

3891

02:41:47,830 --> 02:41:42,640

it's in my jewelry box

3892

02:41:50,550 --> 02:41:47,840

my jason quit oralite 23 pendant that uh

3893

02:41:55,030 --> 02:41:50,560

you gifted me many years ago actually

3894

02:42:00,070 --> 02:41:57,830

hold on let's show

3895

02:42:03,510 --> 02:42:00,080

was about this size it was almost that

3896

02:42:06,469 --> 02:42:03,520

big it was it was definitely bling

3897

02:42:08,790 --> 02:42:06,479

no it is bling it's uh it's gorgeous and

3898

02:42:11,190 --> 02:42:08,800

i love wearing it

3899

02:42:14,550 --> 02:42:11,200

it was so funny jason gifted me i said

3900

02:42:20,790 --> 02:42:18,070

and uh yeah i've got uh the the big one

3901
02:42:22,150 --> 02:42:20,800
um now what about um

3902
02:42:26,070 --> 02:42:22,160
okay

3903
02:42:28,230 --> 02:42:26,080
what about like meteorite

3904
02:42:30,150 --> 02:42:28,240
there's some meteorite right here now

3905
02:42:31,670 --> 02:42:30,160
now meteorite

3906
02:42:33,269 --> 02:42:31,680
could be

3907
02:42:36,469 --> 02:42:33,279
good or

3908
02:42:37,910 --> 02:42:36,479
really throw you off

3909
02:42:40,389 --> 02:42:37,920
because

3910
02:42:42,469 --> 02:42:40,399
if it's a real meteorite

3911
02:42:43,830 --> 02:42:42,479
it could have many different magnetic

3912
02:42:45,830 --> 02:42:43,840
fields

3913
02:42:47,990 --> 02:42:45,840

programmed into it as it passed through

3914

02:42:50,230 --> 02:42:48,000

many different fields in space

3915

02:42:52,830 --> 02:42:50,240

right so it could actually

3916

02:42:56,870 --> 02:42:54,550

distort

3917

02:42:58,309 --> 02:42:56,880

the direction of where you're going to

3918

02:43:00,870 --> 02:42:58,319

go

3919

02:43:04,469 --> 02:43:02,950

i've found certain meteorites that i

3920

02:43:06,950 --> 02:43:04,479

have

3921

02:43:09,510 --> 02:43:06,960

it almost makes me dizzy

3922

02:43:10,790 --> 02:43:09,520

um so i can't really sleep with it or or

3923

02:43:13,030 --> 02:43:10,800

wear it

3924

02:43:14,550 --> 02:43:13,040

um but then again some people love

3925

02:43:18,230 --> 02:43:14,560

meteorites

3926

02:43:19,429 --> 02:43:18,240

or the effect of a meteorite like um

3927

02:43:21,269 --> 02:43:19,439

moldavite

3928

02:43:25,510 --> 02:43:21,279

like these tectites

3929

02:43:27,269 --> 02:43:25,520

came from a collision to the earth

3930

02:43:30,309 --> 02:43:27,279

and then it burned the sand and the

3931

02:43:33,110 --> 02:43:30,319

minerals creating this glass

3932

02:43:34,710 --> 02:43:33,120

and many people think that that is

3933

02:43:37,269 --> 02:43:34,720

where it's at the vibration the

3934

02:43:38,630 --> 02:43:37,279

frequency in these glasses is very

3935

02:43:40,070 --> 02:43:38,640

sacred

3936

02:43:41,990 --> 02:43:40,080

and so a lot of people use them in

3937

02:43:44,469 --> 02:43:42,000

meditation

3938

02:43:48,070 --> 02:43:44,479

take them to bed and sleep at night

3939

02:43:52,309 --> 02:43:50,389

i do or i used to do a lot of trade

3940

02:43:53,750 --> 02:43:52,319

shows where i would sell crystals at the

3941

02:43:56,469 --> 02:43:53,760

booth

3942

02:43:58,150 --> 02:43:56,479

and i had this uh guy

3943

02:43:59,670 --> 02:43:58,160

um

3944

02:44:01,750 --> 02:43:59,680

i forget what his job was but it was a

3945

02:44:03,190 --> 02:44:01,760

pretty serious job

3946

02:44:05,670 --> 02:44:03,200

and they didn't really believe in these

3947

02:44:08,070 --> 02:44:05,680

things and they said come on jay like

3948

02:44:10,070 --> 02:44:08,080

you know crystals do something

3949

02:44:12,389 --> 02:44:10,080

he goes okay i'm gonna buy this crystal

3950

02:44:14,550 --> 02:44:12,399

from you he goes what do i have to do

3951
02:44:16,230 --> 02:44:14,560
for it to work

3952
02:44:17,349 --> 02:44:16,240
and i said

3953
02:44:19,670 --> 02:44:17,359
okay

3954
02:44:21,590 --> 02:44:19,680
before you go to sleep take the crystal

3955
02:44:25,030 --> 02:44:21,600
hold it in your hand

3956
02:44:27,510 --> 02:44:25,040
and almost like you're praying to it

3957
02:44:29,349 --> 02:44:27,520
ask the crystal a question

3958
02:44:30,950 --> 02:44:29,359
and ask the qu

3959
02:44:33,429 --> 02:44:30,960
the crystal

3960
02:44:35,510 --> 02:44:33,439
to give you that answer

3961
02:44:37,269 --> 02:44:35,520
when you're dreaming

3962
02:44:39,910 --> 02:44:37,279
okay and then then place it under your

3963
02:44:42,550 --> 02:44:39,920

pillow and go to sleep

3964

02:44:45,510 --> 02:44:42,560

and the next day the guy came back to

3965

02:44:47,990 --> 02:44:45,520

the booth with a huge smile on his face

3966

02:44:49,269 --> 02:44:48,000

he said jay i did exactly what you said

3967

02:44:50,469 --> 02:44:49,279

to do

3968

02:44:52,710 --> 02:44:50,479

and

3969

02:44:55,030 --> 02:44:52,720

it literally answered my question

3970

02:44:56,950 --> 02:44:55,040

exactly what i wanted to know

3971

02:44:58,469 --> 02:44:56,960

he goes 100

3972

02:45:01,030 --> 02:44:58,479

works

3973

02:45:02,870 --> 02:45:01,040

you know it is someone that's never

3974

02:45:03,990 --> 02:45:02,880

played with a crystal before or tried

3975

02:45:06,309 --> 02:45:04,000

anything

3976

02:45:07,990 --> 02:45:06,319

right like that so it was it that was

3977

02:45:09,750 --> 02:45:08,000

always good to see that

3978

02:45:10,790 --> 02:45:09,760

it actually worked

3979

02:45:11,590 --> 02:45:10,800

um

3980

02:45:13,429 --> 02:45:11,600

and

3981

02:45:16,710 --> 02:45:13,439

i've had experiences especially with

3982

02:45:20,230 --> 02:45:18,550

where i've received

3983

02:45:22,870 --> 02:45:20,240

full-out visions

3984

02:45:25,110 --> 02:45:22,880

or take taken on full-on journeys by

3985

02:45:26,070 --> 02:45:25,120

these crystals

3986

02:45:28,710 --> 02:45:26,080

and

3987

02:45:30,630 --> 02:45:28,720

it's it's always amazed me

3988

02:45:33,110 --> 02:45:30,640

like uh when i

3989

02:45:34,550 --> 02:45:33,120

when i wrote the original book forbidden

3990

02:45:38,309 --> 02:45:34,560

knowledge which

3991

02:45:44,150 --> 02:45:40,710

see the cover here this kind of like

3992

02:45:46,469 --> 02:45:44,160

alien holding the sphere

3993

02:45:48,230 --> 02:45:46,479

with the pyramid in the background

3994

02:45:49,590 --> 02:45:48,240

well when i was writing this book with

3995

02:45:51,030 --> 02:45:49,600

bob mitchell

3996

02:45:52,950 --> 02:45:51,040

i was trying to figure out what the

3997

02:45:54,950 --> 02:45:52,960

cover was and we couldn't figure out

3998

02:45:57,269 --> 02:45:54,960

what the cover would be

3999

02:45:59,030 --> 02:45:57,279

and i went to sleep with the auralite

4000

02:46:01,190 --> 02:45:59,040

crystal and i said i need to know the

4001
02:46:03,830 --> 02:46:01,200
cover of this book

4002
02:46:07,349 --> 02:46:03,840
and i went to sleep and i just got like

4003
02:46:09,590 --> 02:46:07,359
projected into outer space

4004
02:46:10,389 --> 02:46:09,600
and there was this

4005
02:46:11,910 --> 02:46:10,399
you could just call it a

4006
02:46:14,469 --> 02:46:11,920
multi-dimensional being it just looked

4007
02:46:15,750 --> 02:46:14,479
like this alien-like figure that was

4008
02:46:17,510 --> 02:46:15,760
see-through

4009
02:46:18,630 --> 02:46:17,520
like you could see the stars through the

4010
02:46:20,230 --> 02:46:18,640
the being

4011
02:46:22,790 --> 02:46:20,240
and he was like standing there holding

4012
02:46:26,230 --> 02:46:22,800
this sphere of

4013
02:46:28,389 --> 02:46:26,240

light like a portal thing and i saw like

4014

02:46:30,550 --> 02:46:28,399

uh well there wasn't a period

4015

02:46:32,630 --> 02:46:30,560

pyramid behind him then i added that

4016

02:46:35,990 --> 02:46:32,640

later but it's like

4017

02:46:38,550 --> 02:46:36,000

it was so vivid seeing that picture

4018

02:46:40,710 --> 02:46:38,560

that i woke up the next morning didn't

4019

02:46:43,269 --> 02:46:40,720

even brush my teeth i just went right

4020

02:46:45,429 --> 02:46:43,279

from my bed in my pajamas to in front of

4021

02:46:47,269 --> 02:46:45,439

the computer and started to make that

4022

02:46:48,630 --> 02:46:47,279

artwork because of what i saw in the

4023

02:46:51,510 --> 02:46:48,640

dream

4024

02:46:53,750 --> 02:46:51,520

so it's amazing the connection that you

4025

02:46:55,750 --> 02:46:53,760

can have that

4026
02:46:57,030 --> 02:46:55,760
not only you could receive messages but

4027
02:47:00,870 --> 02:46:57,040
visions

4028
02:47:03,110 --> 02:47:00,880
um specifically of what you need to do

4029
02:47:05,110 --> 02:47:03,120
so that's what inspired that cover for

4030
02:47:06,550 --> 02:47:05,120
that book

4031
02:47:08,870 --> 02:47:06,560
this is

4032
02:47:12,389 --> 02:47:08,880
um what i

4033
02:47:14,870 --> 02:47:12,399
it this is just me okay don't anybody

4034
02:47:16,070 --> 02:47:14,880
you know follow my advice but listen of

4035
02:47:18,150 --> 02:47:16,080
course

4036
02:47:20,710 --> 02:47:18,160
i like

4037
02:47:22,389 --> 02:47:20,720
dense crystals

4038
02:47:23,590 --> 02:47:22,399

heavy

4039

02:47:24,950 --> 02:47:23,600

dense

4040

02:47:28,790 --> 02:47:24,960

crystals

4041

02:47:31,349 --> 02:47:28,800

and this uh this is ruby

4042

02:47:34,389 --> 02:47:31,359

okay this is a ruby skull

4043

02:47:36,230 --> 02:47:34,399

here i'll let me uh

4044

02:47:37,750 --> 02:47:36,240

and

4045

02:47:40,389 --> 02:47:37,760

okay

4046

02:47:44,309 --> 02:47:40,399

this is bright red you can't really see

4047

02:47:46,389 --> 02:47:44,319

it here it's it's it's it's red with

4048

02:47:48,389 --> 02:47:46,399

with green veins in it it's kind of

4049

02:47:50,070 --> 02:47:48,399

strange how i'm looking at it here on

4050

02:47:53,910 --> 02:47:50,080

the camera

4051
02:47:55,910 --> 02:47:53,920
where it's not as red as it is in person

4052
02:47:57,990 --> 02:47:55,920
and you can see the size of the skull

4053
02:48:00,230 --> 02:47:58,000
this thing weighs like

4054
02:48:03,030 --> 02:48:00,240
eight or nine pounds

4055
02:48:06,150 --> 02:48:03,040
it's the same same stone it's

4056
02:48:07,269 --> 02:48:06,160
great and and this

4057
02:48:10,630 --> 02:48:07,279
this

4058
02:48:13,190 --> 02:48:10,640
energy

4059
02:48:14,790 --> 02:48:13,200
there is a positive yeah there you go

4060
02:48:15,670 --> 02:48:14,800
there you go

4061
02:48:21,110 --> 02:48:15,680
and

4062
02:48:24,710 --> 02:48:21,120
this is so heavy so dense it's so thick

4063
02:48:27,510 --> 02:48:24,720

it's got this thing and it absolutely

4064

02:48:29,670 --> 02:48:27,520

um has has energy to it

4065

02:48:31,830 --> 02:48:29,680

and this i have no issues on my

4066

02:48:34,389 --> 02:48:31,840

nightstand none

4067

02:48:36,230 --> 02:48:34,399

maybe i'm predisposed you know i'm i'm

4068

02:48:40,870 --> 02:48:36,240

i'm

4069

02:48:43,429 --> 02:48:40,880

that this is positive and

4070

02:48:48,389 --> 02:48:43,439

and and jose causes trouble and maybe

4071

02:48:51,830 --> 02:48:49,830

courts does

4072

02:48:54,070 --> 02:48:51,840

because it it's like amplifying

4073

02:48:57,190 --> 02:48:54,080

everything in that area

4074

02:49:01,269 --> 02:48:57,200

it amplifies the good and the bad

4075

02:49:04,710 --> 02:49:01,279

that's a quartz is just a powerhouse

4076

02:49:07,750 --> 02:49:04,720

now here's another one this

4077

02:49:09,670 --> 02:49:07,760

this uh this is uh i think it's lapis

4078

02:49:11,110 --> 02:49:09,680

here switch the camera

4079

02:49:14,150 --> 02:49:11,120

okay hold on

4080

02:49:17,349 --> 02:49:14,160

this is extremely heavy

4081

02:49:20,550 --> 02:49:17,359

this is extremely dense probably

4082

02:49:21,910 --> 02:49:20,560

twice as much as as the ruby

4083

02:49:23,510 --> 02:49:21,920

and

4084

02:49:25,750 --> 02:49:23,520

ah man

4085

02:49:28,230 --> 02:49:25,760

now putting this into words you can see

4086

02:49:30,309 --> 02:49:28,240

the gold in it right that that looks

4087

02:49:33,830 --> 02:49:30,319

like a

4088

02:49:34,550 --> 02:49:33,840

a sodalite or a lapis yeah it's lapis

4089

02:49:37,190 --> 02:49:34,560

and

4090

02:49:39,590 --> 02:49:37,200

yeah this thing that i'm holding now

4091

02:49:42,630 --> 02:49:39,600

it's not very big i can barely hold it

4092

02:49:43,990 --> 02:49:42,640

up i'm about to drop it

4093

02:49:45,670 --> 02:49:44,000

um

4094

02:49:49,110 --> 02:49:45,680

this is ocean queen

4095

02:49:50,710 --> 02:49:49,120

uh this is probably 10 pounds

4096

02:49:52,830 --> 02:49:50,720

this little guy

4097

02:49:54,469 --> 02:49:52,840

it's so

4098

02:49:56,070 --> 02:49:54,479

powerful

4099

02:49:58,070 --> 02:49:56,080

look at that is that is that just

4100

02:49:59,190 --> 02:49:58,080

incredible yeah you should try sleeping

4101

02:49:59,990 --> 02:49:59,200

with that one

4102

02:50:04,950 --> 02:50:00,000

yeah

4103

02:50:07,349 --> 02:50:04,960

that's that is gorgeous lapis is a very

4104

02:50:10,230 --> 02:50:07,359

powerful stone has a very rich history

4105

02:50:13,190 --> 02:50:10,240

especially in egypt that was the um that

4106

02:50:15,830 --> 02:50:13,200

was the stone of the pharaohs the queens

4107

02:50:17,510 --> 02:50:15,840

very sought after stone

4108

02:50:21,190 --> 02:50:17,520

incredible

4109

02:50:23,429 --> 02:50:21,200

10 look how it's not very big it's

4110

02:50:25,750 --> 02:50:23,439

probably six inches

4111

02:50:27,269 --> 02:50:25,760

you know across and maybe three four

4112

02:50:29,190 --> 02:50:27,279

inches wide

4113

02:50:32,150 --> 02:50:29,200

it's not very big you can see it fit in

4114

02:50:34,309 --> 02:50:32,160

my hand and it's like 10 pounds it's so

4115

02:50:36,630 --> 02:50:34,319

heavy and do you know why a skull and

4116

02:50:39,830 --> 02:50:36,640

you know why a skull is so important

4117

02:50:41,510 --> 02:50:39,840

that was my next question okay

4118

02:50:42,950 --> 02:50:41,520

sorry to jump ahead

4119

02:50:44,469 --> 02:50:42,960

um

4120

02:50:50,389 --> 02:50:44,479

the skull

4121

02:50:52,950 --> 02:50:50,399

sacred geometry

4122

02:50:55,269 --> 02:50:52,960

it's our vibration is a skull you know

4123

02:50:57,910 --> 02:50:55,279

that they call

4124

02:51:00,630 --> 02:50:57,920

this the dome of the rock our our temple

4125

02:51:02,630 --> 02:51:00,640

this is our temple and the seed of god

4126
02:51:05,670 --> 02:51:02,640
is within the temple which is the skull

4127
02:51:07,590 --> 02:51:05,680
that's the you know there's 22 bones in

4128
02:51:09,030 --> 02:51:07,600
the human skull there's 22 letters in

4129
02:51:10,230 --> 02:51:09,040
the hebrew alphabet you know these are

4130
02:51:13,830 --> 02:51:10,240
not

4131
02:51:16,150 --> 02:51:13,840
coincidences this is done purposefully

4132
02:51:19,269 --> 02:51:16,160
so the vibration of a skull

4133
02:51:20,309 --> 02:51:19,279
is almost like our wi-fi password to

4134
02:51:22,070 --> 02:51:20,319
stones

4135
02:51:25,990 --> 02:51:22,080
so when you

4136
02:51:27,830 --> 02:51:26,000
when you carve an object in the geometry

4137
02:51:28,630 --> 02:51:27,840
of a skull

4138
02:51:31,269 --> 02:51:28,640

you

4139

02:51:33,830 --> 02:51:31,279

connect with it vibrationally

4140

02:51:36,870 --> 02:51:33,840

so by creating a skull

4141

02:51:39,429 --> 02:51:36,880

you can store information of humans

4142

02:51:42,230 --> 02:51:39,439

into it and you can transfer the energy

4143

02:51:44,830 --> 02:51:42,240

of the stone into the human it's almost

4144

02:51:47,750 --> 02:51:44,840

like the stone now has the code for the

4145

02:51:49,349 --> 02:51:47,760

humans built right into it so

4146

02:51:51,110 --> 02:51:49,359

it's a reflection

4147

02:51:53,349 --> 02:51:51,120

of the most sacred geometry of our body

4148

02:51:54,070 --> 02:51:53,359

which is the skull and that's why

4149

02:51:59,750 --> 02:51:54,080

the

4150

02:52:03,190 --> 02:51:59,760

because

4151
02:52:04,710 --> 02:52:03,200
it was such a sacred religious object

4152
02:52:06,389 --> 02:52:04,720
and that is why

4153
02:52:08,710 --> 02:52:06,399
because the skull

4154
02:52:11,670 --> 02:52:08,720
is the template of the human

4155
02:52:14,950 --> 02:52:11,680
now what about pyrite

4156
02:52:17,349 --> 02:52:14,960
pyrite is another

4157
02:52:19,830 --> 02:52:17,359
iron mineral that has sulfur

4158
02:52:22,950 --> 02:52:19,840
and oxygen in it

4159
02:52:23,830 --> 02:52:22,960
just like a hematite

4160
02:52:26,870 --> 02:52:23,840
and

4161
02:52:30,150 --> 02:52:26,880
pyrite is very good for shielding the

4162
02:52:31,590 --> 02:52:30,160
energy it's also good for amplification

4163
02:52:34,389 --> 02:52:31,600

manifesting

4164

02:52:35,910 --> 02:52:34,399

and also even happiness

4165

02:52:40,070 --> 02:52:35,920

or joy

4166

02:52:40,950 --> 02:52:40,080

so it's good for em too to absorb

4167

02:52:46,710 --> 02:52:40,960

uh

4168

02:52:49,110 --> 02:52:46,720

waves that may surround you like

4169

02:52:51,750 --> 02:52:49,120

including like wi-fi and

4170

02:52:54,070 --> 02:52:51,760

and these monitors you know i've got

4171

02:52:56,950 --> 02:52:54,080

three monitors in front of me

4172

02:52:57,990 --> 02:52:56,960

and having pyrite helps absorb the

4173

02:52:58,870 --> 02:52:58,000

negative

4174

02:53:00,710 --> 02:52:58,880

yeah

4175

02:53:02,150 --> 02:53:00,720

does that happen from that see it's

4176
02:53:03,349 --> 02:53:02,160
right it's sitting right in front of my

4177
02:53:05,349 --> 02:53:03,359
computer

4178
02:53:09,030 --> 02:53:05,359
yeah the pyrite and then

4179
02:53:12,150 --> 02:53:10,790
i have a shungite

4180
02:53:14,070 --> 02:53:12,160
yeah all right

4181
02:53:16,230 --> 02:53:14,080
okay so

4182
02:53:19,510 --> 02:53:16,240
let's uh

4183
02:53:20,790 --> 02:53:19,520
underneath my monitors yeah

4184
02:53:23,670 --> 02:53:20,800
shungite

4185
02:53:25,269 --> 02:53:23,680
pyramid there you go and uh i've got a

4186
02:53:28,469 --> 02:53:25,279
couple of these

4187
02:53:31,830 --> 02:53:28,479
um and then i have this

4188
02:53:33,590 --> 02:53:31,840

and so i keep i keep the shungite here

4189

02:53:35,190 --> 02:53:33,600

in the studio

4190

02:53:36,710 --> 02:53:35,200

because of those reasons and the same

4191

02:53:40,550 --> 02:53:36,720

thing with the pirate i have bowls of

4192

02:53:43,349 --> 02:53:40,560

pyrite yeah see bowls right okay yes

4193

02:53:47,830 --> 02:53:43,359

that's a good shungite this year

4194

02:53:50,830 --> 02:53:49,590

bam

4195

02:53:52,469 --> 02:53:50,840

pyrite

4196

02:53:54,150 --> 02:53:52,479

skull

4197

02:53:55,990 --> 02:53:54,160

now that's metal

4198

02:53:58,070 --> 02:53:56,000

this is heavy metal

4199

02:53:59,830 --> 02:53:58,080

his name is ingva

4200

02:54:00,950 --> 02:53:59,840

and um

4201
02:54:02,469 --> 02:54:00,960
uh

4202
02:54:05,429 --> 02:54:02,479
and i keep oh

4203
02:54:07,910 --> 02:54:05,439
sorry about that i meant to do this yeah

4204
02:54:09,349 --> 02:54:07,920
and i keep him in the studio but look at

4205
02:54:11,590 --> 02:54:09,359
that

4206
02:54:16,309 --> 02:54:11,600
he's like 15 pounds

4207
02:54:19,429 --> 02:54:16,319
um but uh gorgeous gorgeous skull

4208
02:54:22,870 --> 02:54:19,439
solid pyrite and

4209
02:54:24,710 --> 02:54:22,880
this guy's been sucking the negative

4210
02:54:27,750 --> 02:54:24,720
yeah

4211
02:54:29,349 --> 02:54:27,760
you put that on uh your nightstand

4212
02:54:31,429 --> 02:54:29,359
and if you feel like

4213
02:54:33,030 --> 02:54:31,439

you know anybody is sending some some

4214

02:54:35,030 --> 02:54:33,040

bad stuff to you

4215

02:54:37,110 --> 02:54:35,040

you put that on the nightstand you you

4216

02:54:39,110 --> 02:54:37,120

face it to the direction

4217

02:54:41,269 --> 02:54:39,120

away from you

4218

02:54:43,670 --> 02:54:41,279

you know with the eyes looking out to

4219

02:54:45,429 --> 02:54:43,680

like kind of keep watch over you and

4220

02:54:46,389 --> 02:54:45,439

then just say to the skull or say to the

4221

02:54:49,190 --> 02:54:46,399

stone

4222

02:54:51,510 --> 02:54:49,200

you know i ask that any ill intent or

4223

02:54:54,550 --> 02:54:51,520

anything that's thrown at me be

4224

02:54:56,309 --> 02:54:54,560

shielded so i could be protected

4225

02:54:58,230 --> 02:54:56,319

and this is another thing is that it's

4226

02:55:01,030 --> 02:54:58,240

the power of the word

4227

02:55:04,150 --> 02:55:01,040

it's the power of the intention

4228

02:55:05,990 --> 02:55:04,160

because because energy follows the mind

4229

02:55:07,830 --> 02:55:06,000

okay this is the very important thing

4230

02:55:11,750 --> 02:55:07,840

it's not just

4231

02:55:13,110 --> 02:55:11,760

say okay i'm going to say to my stones

4232

02:55:15,510 --> 02:55:13,120

to protect me

4233

02:55:17,830 --> 02:55:15,520

you have to develop this relationship

4234

02:55:19,590 --> 02:55:17,840

because everything has a spiritual

4235

02:55:24,469 --> 02:55:19,600

essence to it

4236

02:55:26,230 --> 02:55:24,479

and by communication by thoughts by love

4237

02:55:28,790 --> 02:55:26,240

you develop this relationship and you

4238

02:55:30,150 --> 02:55:28,800

actually activate its life force

4239

02:55:33,269 --> 02:55:30,160

by doing this so you're giving it a

4240

02:55:35,269 --> 02:55:33,279

purpose you're giving it an intention

4241

02:55:37,429 --> 02:55:35,279

so this is when it starts getting into

4242

02:55:39,990 --> 02:55:37,439

this kind of magical mind

4243

02:55:41,349 --> 02:55:40,000

of doing this and the more you do it the

4244

02:55:44,469 --> 02:55:41,359

stronger

4245

02:55:46,710 --> 02:55:44,479

that these objects will hold that power

4246

02:55:47,990 --> 02:55:46,720

so you know you may have a very powerful

4247

02:55:49,190 --> 02:55:48,000

piece

4248

02:55:52,309 --> 02:55:49,200

but

4249

02:55:53,590 --> 02:55:52,319

it's your use of it and how you use it

4250

02:55:55,510 --> 02:55:53,600

and what you do with it that you could

4251

02:55:59,750 --> 02:55:55,520

turn that powerful piece into a

4252

02:56:06,230 --> 02:56:03,030

in uh uh somebody just posted uh said

4253

02:56:08,710 --> 02:56:06,240

that if if these uh stones crystal

4254

02:56:09,910 --> 02:56:08,720

somehow absorb emfs your phone wouldn't

4255

02:56:13,590 --> 02:56:09,920

work

4256

02:56:14,710 --> 02:56:13,600

exactly right i have absolutely run into

4257

02:56:18,230 --> 02:56:14,720

issues

4258

02:56:19,910 --> 02:56:18,240

uh with crystals next to my cell phone

4259

02:56:22,070 --> 02:56:19,920

and uh

4260

02:56:25,750 --> 02:56:22,080

100 percent

4261

02:56:27,349 --> 02:56:25,760

yep my head i've had crystals i've had

4262

02:56:29,030 --> 02:56:27,359

different crystals and different

4263

02:56:30,630 --> 02:56:29,040

minerals that i have here

4264

02:56:32,790 --> 02:56:30,640

erase

4265

02:56:34,309 --> 02:56:32,800

my credit cards

4266

02:56:39,030 --> 02:56:34,319

absolutely

4267

02:56:42,550 --> 02:56:39,040

precious stuff

4268

02:56:45,110 --> 02:56:42,560

that it has magnetic stuff hard drives

4269

02:56:47,349 --> 02:56:45,120

usb drives cell phones credit cards you

4270

02:56:48,870 --> 02:56:47,359

keep that stuff away from your crystals

4271

02:56:52,550 --> 02:56:48,880

i'm serious

4272

02:56:55,030 --> 02:56:52,560

write it down quote me i'm telling you

4273

02:56:58,389 --> 02:56:55,040

the stuff is sucking up power there's no

4274

02:57:00,309 --> 02:56:58,399

question about it and i have had it 100

4275

02:57:01,429 --> 02:57:00,319

percent interfere with my stephanie ray

4276

02:57:04,150 --> 02:57:01,439

stuff

4277

02:57:07,190 --> 02:57:04,160

see i would i would put um shungite

4278

02:57:10,150 --> 02:57:07,200

pyramids in front of my plasma tv

4279

02:57:14,150 --> 02:57:10,160

and over time they actually started to

4280

02:57:16,630 --> 02:57:14,160

expand and start to crack and fall apart

4281

02:57:19,590 --> 02:57:16,640

because they do absorb something yep

4282

02:57:21,349 --> 02:57:19,600

they're absorbing something i've had a

4283

02:57:24,230 --> 02:57:21,359

shungite pyramid

4284

02:57:26,950 --> 02:57:24,240

uh to start to uh what's the

4285

02:57:29,030 --> 02:57:26,960

disintegrate yeah well you can crumble

4286

02:57:30,790 --> 02:57:29,040

yeah all right and i i don't touch it

4287

02:57:32,790 --> 02:57:30,800

it's just sitting there

4288

02:57:34,870 --> 02:57:32,800

and i came in one day one of the bottom

4289

02:57:36,469 --> 02:57:34,880

corners was popped off sitting there

4290

02:57:37,830 --> 02:57:36,479

right next to it

4291

02:57:40,309 --> 02:57:37,840

and i thought to miss man i would have

4292

02:57:43,110 --> 02:57:40,319

loved to have seen that happen

4293

02:57:44,070 --> 02:57:43,120

right just to see this thing go just pop

4294

02:57:44,870 --> 02:57:44,080

pop

4295

02:57:50,070 --> 02:57:44,880

so

4296

02:57:51,590 --> 02:57:50,080

well it's just a perfect show what are

4297

02:57:53,830 --> 02:57:51,600

you gonna what crystal are you gonna

4298

02:57:57,590 --> 02:57:53,840

sleep with tonight

4299

02:58:01,830 --> 02:57:59,830

and it's um

4300

02:58:04,630 --> 02:58:01,840

it's my auralite i have a

4301
02:58:06,550 --> 02:58:04,640
special oralite crystal that is in the

4302
02:58:09,510 --> 02:58:06,560
bed and but again

4303
02:58:10,630 --> 02:58:09,520
my bedroom just like every room in my

4304
02:58:13,190 --> 02:58:10,640
house

4305
02:58:15,830 --> 02:58:13,200
there's crystals everywhere

4306
02:58:17,590 --> 02:58:15,840
there's crystals literally everywhere so

4307
02:58:19,910 --> 02:58:17,600
i can't really tell them apart anymore

4308
02:58:21,110 --> 02:58:19,920
because this whole house

4309
02:58:23,110 --> 02:58:21,120
is buzzing

4310
02:58:26,070 --> 02:58:23,120
as it should be yeah

4311
02:58:29,349 --> 02:58:26,080
jason quit everybody go visit

4312
02:58:31,269 --> 02:58:29,359
the crystal sun and guess what

4313
02:58:32,870 --> 02:58:31,279

we didn't talk guitars

4314

02:58:34,870 --> 02:58:32,880

all night long

4315

02:58:36,870 --> 02:58:34,880

ah i'll come back tomorrow yeah i didn't

4316

02:58:38,230 --> 02:58:36,880

do it didn't do it it was so funny jason

4317

02:58:39,830 --> 02:58:38,240

and i were talking earlier man we're

4318

02:58:42,150 --> 02:58:39,840

gonna ruin the show tonight man we're

4319

02:58:44,550 --> 02:58:42,160

gonna talk guitars all night long

4320

02:58:47,030 --> 02:58:44,560

and uh we didn't do it jason behave and

4321

02:58:50,870 --> 02:58:47,040

be well my friend thank you so much and

4322

02:58:52,469 --> 02:58:50,880

uh listen uh everybody jason uh he's

4323

02:58:53,670 --> 02:58:52,479

stuck in canada

4324

02:58:56,230 --> 02:58:53,680

can't travel

4325

02:58:58,830 --> 02:58:56,240

he sees you know it's it's just what's

4326

02:59:01,990 --> 02:58:58,840

going on egyptian

4327

02:59:03,830 --> 02:59:02,000

uh posture uh

4328

02:59:06,550 --> 02:59:03,840

postures of power

4329

02:59:07,990 --> 02:59:06,560

is is now re-released go to the crystal

4330

02:59:10,309 --> 02:59:08,000

sun and you can pick it up there it's

4331

02:59:12,830 --> 02:59:10,319

also on amazon too as well

4332

02:59:16,150 --> 02:59:12,840

um but soon jason

4333

02:59:19,830 --> 02:59:16,160

promises that uh justin trudeau is gonna

4334

02:59:21,349 --> 02:59:19,840

release him uh back into the world and

4335

02:59:24,389 --> 02:59:21,359

we will be seeing you soon i miss you

4336

02:59:26,469 --> 02:59:24,399

man i miss you monica we we used to hang

4337

02:59:30,070 --> 02:59:26,479

out and have dinners and and do things

4338

02:59:31,349 --> 02:59:30,080

all year long and uh and trudeau

4339

02:59:33,590 --> 02:59:31,359

yeah

4340

02:59:35,830 --> 02:59:33,600

haven't uh we haven't been able to hang

4341

02:59:37,910 --> 02:59:35,840

out but soon you're gonna be down here

4342

02:59:40,150 --> 02:59:37,920

with me in uh southern california so

4343

02:59:43,269 --> 02:59:40,160

thank you so much jason thank you

4344

02:59:45,429 --> 02:59:43,279

well everybody visit the crystal sun.com

4345

02:59:47,830 --> 02:59:45,439

his books are there everything is there

4346

02:59:49,750 --> 02:59:47,840

and including orlight23

4347

02:59:51,750 --> 02:59:49,760

jason thank you so much my friend have a

4348

02:59:54,630 --> 02:59:51,760

great night thank you all

4349

02:59:56,950 --> 02:59:54,640

be safe up there in canada

4350

02:59:58,230 --> 02:59:56,960

this is fade to black i am your host

4351

03:00:02,150 --> 02:59:58,240

jimmy church

4352

03:00:05,510 --> 03:00:02,160

it was such a great uh uh time for uh

4353

03:00:07,670 --> 03:00:05,520

jason and i tonight to be able to

4354

03:00:10,230 --> 03:00:07,680

do this together

4355

03:00:12,230 --> 03:00:10,240

it's it's important it is important fade

4356

03:00:14,870 --> 03:00:12,240

to black is produced by hill j palm rene

4357

03:00:17,590 --> 03:00:14,880

dennis and kevin announcers are steve

4358

03:00:19,750 --> 03:00:17,600

harder gene vettel and mark d kovar

4359

03:00:22,150 --> 03:00:19,760

webmaster is drew the geek music doug

4360

03:00:25,269 --> 03:00:22,160

aldrich intro space boy

4361

03:00:28,070 --> 03:00:25,279

space boy dot fate to black is produced

4362

03:00:29,590 --> 03:00:28,080

by kjcr for the game changer network

4363

03:00:31,750 --> 03:00:29,600

it's broadcast owned and copyrighted

4364

03:00:33,910 --> 03:00:31,760

2022 by fade to black and the game

4365

03:00:36,230 --> 03:00:33,920

changer network inc it cannot be

4366

03:00:38,469 --> 03:00:36,240

rebroadcast downloaded copied or used

4367

03:00:39,670 --> 03:00:38,479

without permission

4368

03:00:41,760 --> 03:00:39,680

that's right

4369

03:00:43,030 --> 03:00:41,770

anywhere

4370

03:00:45,110 --> 03:00:43,040

[Music]

4371

03:00:47,110 --> 03:00:45,120

until tomorrow night with richard dolan

4372

03:00:49,830 --> 03:00:47,120

and the interview

4373

03:00:52,890 --> 03:00:49,840

i want everybody to be safe

4374

03:00:59,980 --> 03:00:52,900

it's time to fade to black

4375

03:01:17,349 --> 03:01:06,820

[Music]

4376

03:01:17,359 --> 03:01:21,600

wow

4377

03:01:32,360 --> 03:01:31,030

[Music]